



Name: Ghulamuddin Sofi

Designation: Professor

Qualification: BUMS, MD Ilmul Advia, M.Sc. Applied Psychology

Thrust area: Drug Screening, Fundamental Principles of Unani Medicine

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Registration No: 535-U

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Academic Qualification: attached below

Professional Details: Attached as below

Publications till date: 120

Conferences, etc.: Attached below

Attendance in Arogya: 3

Books Published: 2

Supervision to MD thesis: 36

Annexures

Educational and other Qualifications					
Sl. No.	Qualification	Board/ Institution	Year of Passing	Percentage/Position/ Division	
1.	(i) 10+2 or equivalent	CBSE	1989	74%	
2.	(ii) Bachelor's degree	AMU, Aligarh	1996	68%	
3.	(iii) Master's Degree	AMU, Aligarh	2000	63%	
4.	M Sc Applied Psychology	GJUS&T	2002	67%	
2 Details of Employment					
Name of Office	Post held	Nature of employment	From	To	Scale of Pay
Lecturer	NIUM, Bengaluru	Permanent	07/09/2004	23/3/2012	Level 10
Reader	NIUM, Bengaluru	Permanent	24/3/2012	23/3/2017	Level 12
Professor	NIUM, Bengaluru	Permanent	23/3/2017	Till date	Level 13

List of Publications of journal Papers and Books of Prof Ghulamuddin Sofi

Sl. No.	Topic	Name of Publication
A. Studies on Mizaj and Mizaje Advia		
1.	Assessment of the relative Salty taste of Unani drugs by serial dilution method and its relation with <i>Mizaj</i> and Pharmacological action	Bangladesh Journal of Medical Science Vol. 22 No. 01 January'23: Indexed in Scopus
2.	Evaluation of Mizaj (Temperament) in Menopausal Transition Symptoms: A Pilot Study,	J Res Development 2015, 3: 126: Listed in UGC care list
3.	Determination of Temperament of Mufrad (Single) Unani Drugs with the help of an Inventory Exemplifying Their Organoleptic and Physical Attributes	Hippocratic Journal of Unani Medicine 2013, Volume 8, No 4, 11 – 27: Listed in UGC care list
4.	Review Paper Critical assessment of the concept of Mizaj-e-advia (Temperament of Drugs) and its role in Drug development	International Research Journal of Medical Sciences Vol. 1(9), 10-14, October (2013) Int. Res. J. Medical Sci. Listed in the UGC care list, PubMed for selected citations
5.	Correlation of Degree of Mizaj (Temperament) of Unani Drugs with their Acute Toxicity Status (LD50): An Empirical Study	Journal of Research in Unani Medicine 2(1), Jan-June 2013: 56 – 61: peer-reviewed
6.	Temperament and Action of Unani Drugs: An Integrative Approach	Ind. J. Unani Med. Vol III (1), 2010, 23 – 30 Peer reviewed but not indexed
B. Studies on Stability/shelf life		
7.	A Review of Regulatory Guidelines on Stability Studies	The Journal of Phytopharmacology 2019; 8(3): 147-151 Listed in UGC care list, ISA and Publons
8.	Unani Medicine and Stability Studies – A Short Communication	Pharmacognosy Journal , November 2010 Vol 2 Issue 16: indexed in Pubmed

	Ali bin Abbas Majusi and AmaarMurakkaba	JahaneTibb, Vol 12, Issue 1, 2010: Listed in UGC care list
10.	Accelerated Stability Studies of Safoof Burs - An Unani Compound Formulation	Phcog.Net www.unanires.org : Jan 2011 Vol 1 Issue 1 Peer reviewed, not indexed
11.		
C. Studies on Toxicity evaluation		
12.	Toxicity Studies on Kushta Khabasul Hadeed (calcined iron rust) prepared by Classical and Muffle Furnace Methods	Journal of Drug Delivery & Therapeutics. 2021; 11(3):31-40: indexed in NLM and Publons
13.	Acute Toxicity of Aqerqarha (Anacycluspyretherum DC) root in swiss albino mice	Hippocratic J. Unani Med, Vol 11 (2); 9 – 14, 2016: Listed in UGC care list
14.	Preparation of KushtaSammulfar (calx of Arsenic) by Muffle Furnace using the temperature Pattern Extrapolated from the Classical Method of its Preparation as Practiced in Unani Medicine,”	Unani Medicus , 2011 1(2), 36- 39; Peer reviewed
15.	Comparative toxicity study of various dosage forms of <i>Sammul far</i> (Arsenic trioxide) in mice	Indian Journal of Traditional Knowledge , Vol. 10 (4), October 2011, pp. 721-726 Indexed in Scopus
D. Other preclinical studies		
16.	<i>In vitro</i> and <i>In vivo</i> study targeting the development of Unani Antidermatophytic Cream: Implication of Herbal Formulations in Treatment of Dermatophytosis	Heliyon 9, (2023) e16154: indexed in Web of Science, Pubmed, Medline
17.	Optimization of the whole extract of Zarawand Mudaharaj (Aristolochia rotunda L.) root by Response Surface Methodology (RSM)	CellMed. 2021 / Volume 11 / Issue 3 / e15: indexed in KCI (Korean Citation Index)
18.	Whole extract optimization of Adhatoda vasica, Nees leaf by using Response Surface Methodology (RSM).	J Phytopharmacol 2020; 9(1):24-29.: Listed in UGC care list
19.	Formulation, physicochemical, and mating behavior evaluation of tablet modified from Safoofe kharekhasak: A Unani Pharmacopoeia aphrodisiac powder	International Journal of Green Pharmacy , Jan-Mar 2020 • 14 (1) 1 Listed in UGC care list
20.	Physicochemical Standardization of Mucilage Obtained from <i>Althaea officinalis</i> Linn – Root	Phcog Mag 2019;15: S155-61. Peer Reviewed
21.	Antilithiatic effect of <i>Peucedanum grande</i> C. B. Clarke in chemically induced urolithiasis in rats	Journal of Ethnopharmacology 194 (2016) 1122–1129 Indexed in Pubmed, Medline, Scopus, Web of Science
22.	Evaluation of the anti-ulcer activity of hydroalcoholic extract of Post Sumaq (<i>Rhus coriaria</i> Linn.) in Ethanol-induced Gastric ulcer in experimental rats	International Research Journal of Medical Sciences 1 (10), 7-12 Medline, Pubmed and Pubmed Central
23.	Effects of Habb-e-Shifa a Formulation of Unani Medicine on Naloxone Precipitated Morphine Withdrawal Symptoms in Mice.	International Journal of Animal Biotechnology and Applications. 2020; 6(1): 10–16p. Peer reviewed
24.	Pharmacognostic Evaluation of Dammul Akhwain with reference to Standardisation	Hippocratic J. Unani Med , Vol 9, 57 – 64, 2014: Listed in UGC care list
25.	Mosquito larvicidal efficacy of <i>Acorus calamus</i> extracts against <i>Aedes aegypti</i> L. larvae	Asian Pac J Trop Dis 2014; 4(Suppl 1): S181-S185: PubMed Scopus indexed
26.	Mosquito Larvicidal Efficacy of Storax (<i>Liquidambar orientalis</i>) against <i>Aedes aegypti</i> L. Larvae	Journal of Natural Remedies , Vol 13 (2) July 2013: indexed in UGC care list, Web of Science
27.	Study of diuretic activity of <i>TukhmKarafs</i> (seeds of <i>Apiumgravoelens</i> L.) in albino rats	Hippocratic J. Unani Med. 8(1): 2013, 1-8: Listed in UGC care list
28.	Evaluation of mosquito larvicidal effect of <i>Nagarmotha</i> (<i>Cyprus rotandus</i>) extracts against <i>Aedes aegypti</i> L. larvae,”	International Journal of Green Pharmacy , Jan – march 2013, 7: 37 – 40: Listed in UGC care list, Scopus
29.	Evaluation of wound healing activity of <i>Post Anar</i> (<i>P granatum</i> Linn) in rat model,”	Journal of Research in Unani Medicine 2013; 1(1). 6 – 11: Peer-reviewed
30.	Anti-inflammatory and analgesic effect of barge hulba (Leaves of <i>Trigonella foenum graecum</i>)	Unani Res 2010; 1 (1), 23-30: Peer reviewed, now closed
31.	Hepatoprotective Activity of Gumma (<i>Leucascephalotes</i> Spreng.) Against Carbon Tetrachloride Induced Hepatotoxicity in Wistar Rats”,	Ancient Science of Life , Vol 31 (2), (2011), 44 – 48: Pubmed
32.	Wound Healing Activity of Berge Lajwanti (<i>Mimosa Pudica</i> Linn) in Animal Model”,	Unani Medicus , 2010 1(1), 49- 59: Peer reviewed
E. Clinical Studies		
33.	Efficacy of Qurs-e-Gulnar in Ziaabetes (type 2 Diabetes Mellitus): a single-blind randomized controlled trial	J Complement Integr Med. 2020 Jun 18;18(1):147-153.: PubMed
34.	A Randomized single-blind controlled clinical trial on safety and efficacy of a Unani formulation (Itrifal e Sagheer) in dyslipidemia	TANG / Volume 10 / Issue 1 / e8 : Listed in UGC care list
35.	Role of Badranjboya (<i>Nepeta hindostana</i>) in the prevention of atherosclerosis: single-blind randomized controlled clinical trial	International Journal of Current Research , 2017. 09, (02), 46205 – 46212: Peer reviewed

36.	Clinical Management of Huzaz/Abria (Dandruff) with a Pharmacopeia Preparation of a Unani Medicine and its Cosmetic Evaluation	Ancient Science of Life , Vol 29 (2009), 24 – 27: PubMed
37.	Evaluation of the efficacy of leach therapy in knee osteoarthritis	Journal of Research in Unani Medicine 2013, 1(1), 29 – 35: Peer Reviewed
38.	Clinical evaluation of efficacy and safety of polyherbal formulation in acne vulgaris	Egyptian Dermatology , Vol 7, 2:2, December 2011
39.	Role of Massage Therapy in the control and prevention of Diseases: A Case Series of Medicated Massage	IJRAP 2011; 2(5), 1474- 1477 Scopus (till 2016)
40.	Clinical Efficacy and Safety of a Pharmacopeia Polyherbal Unani Formulation in Pityriasis Versicolor: A Comparative Randomized Single-Blind Study	The Journal of Alternative and Complementary Medicine , Volume 18, Number 10, 2012, pp. 978–982
41.	Clinical efficacy of a Unani Herbal formulation of Hemidesmus Indica and ointment of Astragalus hamosus in endocervicitis – a randomized single-blind, standard controlled trial	International Journal of Current Research and Review , Vol 3, issue 11, 2011, 170 – 178: indexed in Publoans
42.	Efficacy of massage with Roghan Seer in motor recovery in hemiplegia secondary to ischaemic stroke	Indian Journal of Traditional Knowledge , Vol. 10 (4), October 2011, pp. 731-735: Indexed in Scopus
43.	Study of <i>Warne Shoab Muzmin</i> (Chronic Bronchitis) with therapeutic evaluation of a Unani formulation	Indian Journal of Traditional Knowledge , Vol. 10 (4), October 2011, pp. 706-710: Indexed in Scopus
44.	Therapeutic evaluation of safoofe bars in the Management of Vitiligo - A preliminary study	Unani Research , 39-42, Jan 2011 Vol 1 Issue 1 Peer reviewed but closed now
45.	Comparative Study of Kundur (<i>Boswellia serrata</i>) and Tareeq (<i>Diaphoresis</i>) in the Management of SamneMufrit (Obesity): A Randomised Clinical Trial	Int J Health Sci Res. 2017; 7(10):186-196 PubMed Selected Citations
F. Fundamental Research and Reviews		
46.	Concept of Abdaal e-Advia (Therapeutic Interchange) in the Light of “ <i>Maqala Fi- Abdal Al- Adwiya Al- Maustamala Fi -Al -Tib Wa Al- Ilaj</i> ” Known as “ <i>Kitab Al- Abdal</i> ”	Int. J. Pharm. Investigation. , 2023; 13(3):446-454. Indexed in Web of Science
47.	Exploring Drug De-Addiction Treatment in Unani Medicine	ALTERNATIVE THERAPIES , [E-PUB AHEAD OF PRINT]
48.	Evolution of the Traditional Unani Medicine Research Methodology from Rational Science to the Evidence-based Science	Res Hist Med. 2023; 12(2): 133-144.: Scopus
49.	Evolution of Suture Material - A Systemic Review	South Asian Res J Nurs Health Care , 5(1): 22-27.: Publoans
50.	Review of Therapeutic Clays Used in Reference to Unani System of Medicine	Journal of Young Pharmacists , 2023; 15(2):212-223.: PubMed
51.	Understanding Holism in the light of the principle underlying practice of Unani Medicine	Rev Environ Health. 2021 May 13;37(2):189-199. doi: 10.1515/reveh-2021-0009. Print 2022 Jun 27: Medline, PubMed, Web of Science
52.	Historical account of endocrinal disorders in Unani medicine	J Basic Clin Physiol Pharmacol. 2021 Feb 8;32(6):1013-1019. doi: 10.1515/jbcpp-2020-0231.: Medline, PubMed, Web of Science
53.	A Review on Forced Degradation and Its Regulatory Guidelines - A Reliable and Necessary Tool in Stability Studies and Development of Stability Indicating Methods.	Int J of Allied Med Sci and Clin Res 2021; 9(2): 356-364.
54.	Understanding Humma-e-Wabai (epidemic fever) and Amraz-e-Wabai (epidemic disease) in the light of Unani medicine	J Complement Integr Med. 2021 Jan 29;18(3):469-476. doi: 10.1515/jcim-2020-0124.: 20200124: Medline, PubMed, Web of Science
55.	A Review on Impurity Profiling and its Regulatory Aspects- An Important and Necessary Tool in Stability Studies	Indo Global Journal of Pharmaceutical Sciences , 2020; 10(1): 57-68: UGC carelisted
56.	Factors Affecting Drug Stability-A Major Concern to the Pharmaceutical Industry in Drug Development and its Commercialization	Int. J. of Res. in Pharmacology & Pharmacotherapeutics Vol-10(3): 2021 [205-218]
57.	Oxy+ (arthrospira) and its medicinal importance: an appraisal	Drug Metab Pers Ther. 2020 Oct 29:/j/dmdi.ahead-of-print/dmdi-2020-0152/dmdi-2020-0152.xml. doi: 10.1515/dmdi-2020-0152. Online ahead of print
58.	Update on hypothyroidism and its management in Unani medicine	J Basic Clin Physiol Pharmacol. 2020 Aug 10;32(2):1-10. doi: 10.1515/jbcpp-2020-0121.
59.	A brief review of Halelajat (<i>Terminalia chebula</i>) in Unani medicine	Journal Of Complementary Medicine Research , 2020 10.5455/jcmr: PubMed
60.	Tracing Surgical Management of Fistula in Ano (Nasoore-E-Maqad) in Unani Medicine.	Clinics of Surgery. 2020; 3(4): 1-7.: Indexed in Publoans
61.	Understanding COVID-19 in the light of epidemic the disease described in Unani medicine	Drug Metab Pers Ther. 2020 Sep 23:/j/dmdi.ahead-of-print/dmdi-2020-0136/dmdi-2020-0136.xml. doi: 10.1515/dmdi-2020-0136. Online ahead of print: Medline,

		PubMed, Web of Science
62.	Possible Role of Unani Pharmacology in COVID-19 – a narrative review	Rev Environ Health. 2020 Nov 9;36(3):391-396. doi: 10.1515/reveh-2020-0106. Print 2021 Sep 27: Medline, PubMed, Web of Science
63.	Understanding hormones in terms of humours (Akhlat) in Unani system of medicine	J Complement Integr Med. 2020 Aug 31;18(3):459-467. doi: 10.1515/jcim-2020-0003: Medline, PubMed, Web of Science
64.	Qarabadeen Maristani Ek Tahqiqi Jayeza	Jahane Tib 2020; 22(1): 30-33: UGC Care listed
65.	Unani concept of drug substitution (therapeutic interchange) and its validation on scientific parameters	J Ayurveda Integr Med. 2020 Jul-Sep; 11(3): 301–307. Published online 2019 Jan 10. doi: 10.1016/j.jaim.2017.11.006: PMCID: PMC7527810 PMID: 30638716: Scopus, PubMed
66.	Approach of understanding dyslipidaemia in unani medicine	The Pharma Innovation Journal 2018; 7(12): 235-237
67.	Concept of Blood in Unani Medicine	Hippocratic Journal of Unani Medicine Apr – June 2018, Vol. 13, No. 2, Pages 51-60: UGC Care listed
68.	Scientific appraisal of urolithiasis and its remedial measures in Unani medicine	Journal of Herbal Medicine; 8, (2017): 1–7: PubMed, Scopus
69.	Approaches for preparation methods of Murakkab, an Unani formulation	J Ayurveda Integr Med. 2019 Oct-Dec; 10(4): 302–307. Published online 2018 Aug 16. doi: 10.1016/j.jaim.2017.04.008 Medline, PubMed, Web of Science http://dx.doi.org/10.1016/j.jaim.2017.04.008
70.	Understanding hypothyroidism in Unani medicine	J Integr Med. 2019 Nov;17(6):387-391. doi: 10.1016/j.joim.2019.05.006. Epub 2019 May 23. https://doi.org/10.1016/j.joim.2019.05.006
71.	The basic rules and methods of mosquito rearing (<i>Aedes aegypti</i>)	Tropical Parasitology Jan 2014 Volume 4 Issue 1 53 – 55: Scopus
72.	A comprehensive review of the phytochemical and pharmacological profile of Anar (<i>Punica granatum</i> Linn): A heaven’s fruit	Journal of Ayurvedic and Herbal Medicine 1 (1), 22-26: Scopus, PubMed
73.	Aamar-e-Advia (shelf-lives) of drugs in Unani system of medicine: A conceptual review	Journal of Integrative Medicine 18 (2020) 114–124: Medline, PubMed, Web of Science
74.	Khabasul Hadeed (Iron Rust): An Important Mineral Drug of Unani Medicine for the Management of Hematopoietic Disorders Especially Anaemia	Hippocratic Journal of Unani Medicine April - June 2019, Vol. 14 No. 2, Pages 33-44: UGC care listed
75.	Exploration of Unani concept of blood purifying drugs and likely models for its screening	Bangladesh Journal of Medical Science Vol.18 No.02 April 2019: Scopus
76.	Dawā’-i- Hiltét: As an Antipyretic Drug of Unani Medicine	Hippocratic Journal of Unani Medicine October - December 2019, Vol. 14 No. 4, Pages 29-36: UGC care Listed
77.	Medicinal Effects of <i>Kaahu</i> (<i>Lactuca Sativa</i> Linn) Described in Unani Medicine - A Review.	International Journal of Pharmacology & Toxicology 2016; 6(1): 34 - 37
78.	Aqer Qerha (<i>Anacyclus pyrethrum</i> DC.) A nobelDrug of Unani System of Medicine-a Review	International Journal Pharmacognosy, 2015; Vol. 2(3): 116-122.
79.	Explanation of term ‘ikhtanak-ur-rehm’ in present disease categories of ICD10.’	International Journal of Universal Pharmacy and Bio Sciences 4(2): March-April 2015, 20 – 26
80.	The incredible benefits of Nagarmotha (<i>Cyperusrotundus</i>)	International Journal of Nutrition, Pharmacology, Neurological Diseases January-March 2014 Vol 4 Issue 1: 23 – 27: UGC Carelist
81.	Sweet flag (<i>Acoruscalamus</i> Linn.): An incredible medicinal herb	. Int J Green Pharm 2013; 7:288-96: UGC care List, Scopus
82.	Traditional Kashmiri Recipe “Shangri Khawa”as a stimulant Drink and effective Home Remedy for Respiratory Problems	IJP 2013, 2(3):110 -113
83.	Catalepsy, A Scientific Model for Exploring Unani Herbs having possible Specificity for Different Neurotransmitters: A Review	Am. J. Pharm Tech Res. 2012; 2(6), pp 179 – 186
84.	Concept of Catalepsy (<i>Jamood / Shakhoos</i>) in Greeko-Arab Medicine: A Review,”	Internationale Pharmaceutica Scientia October-December 2012 Vol. 2 Issue 4/1- 6
85.	Halelah Siyah (<i>Terminalia Chebula</i> Retz): In Unani System Of Medicine And modern Pharmacology: A Review	International Journal of Institutional Pharmacy and Life Sciences, 2012; vol. 2(4): <i>July-August 2012</i> , 138 - 145
86.	<i>Polypodium vulgare</i> linn. A versatile herbal medicine: a review	IJP 2012; vol. 3(6): 1616-1620
87.	Hakim Brakilus ki Tareekhi Haqeeqat – EkThauiqi Mutaala	Jahane Tibb 2012, Vol 2(2),31 – 34: UGC Carelist
88.	Leach Therapy- A Wholistic Approach of Treatment in Unani Medicine	Ancient Science of Life, Vol 31(1), (2011), 31 – 35: Pubmed
89.	Unani system of medicine - Introduction and Challenges	Medical Journal of Islamic World Academy of

		Sciences 18:1, 27-30, 2010
90.	Production of crude Drugs in Unani System of Medicine	Pharmacognosy Journal November 2010 Vol 2 Issue 16 Pubmed
91.	Perception of health promotion in Unani herbal medicine	Journal of Herbal Medicine 2 (2012) 1-5: indexed in PubMed, Medline, Web of Science
92.	Etymology of <i>Warne Shoab Muzmin</i> (Chronic Bronchitis) and Its Management in Unani (Greeko- Arab) System of Medicine	JISHIM 2007-2008, 6-7, 86: Peer reviewed
93.	Cardiac Diseases and Its Causes in Unani Perspective	Research and Reviews: Journal of Unani, Siddha and Homeopathy, ISSN: 2394-1960(online) Volume 2, Issue 3 www.stmjournals.com
94.	Nephroprotective Effect and Unani Medicine: A Review	Journal of Nephrology & Therapeutics; 6: 236. doi:10.4172/2161-0959.1000236
95.	Nephroprotective effect of Beekh Kasni (Roots of Cichorium intybus) in the form of methanolic and aqueous extract in Gentamycin induced rat models	Journal of Pharmacognosy and Phytochemistry 2017; 6(3): 337-341: Listed in UGC care list

G. Publication of Books and Chapters in a Book

96.	Chapter in a book title:	Challenges and Prospects of Teaching in Unani Medicine, Chapter in Post Graduate Education, Research & Manuscript Studies in Unani Medicine by Hakim Syed Zillur Rahman
97.	Chapter in a Book	Black Cumin- Characterization, Properties, and Economic Importance In the Handbook of oleoresins Edited By Gulzar Ahmad Nayik , Amir Gull , Tariq Ahmad Ganaie Published by Routledge: Taylor and Francis Group
98.	Chapter in a Book	Data Preparation, Analzes and Interpretation in Essentials of Research Methodology in Unani Medicine Published by Frontline Publications p. 193-224
99.	Book	Mujarabate Azam
100.	Book	Foundation of Murakkab Drugs in Unani System of Medicine

H. Other activities worth mention

S No	Name of the Event	Organizers	Role
1. Training			
2.	Certificate for Care, Breeding, and Handling of Lab Animals	NIMHANS, Bangalore 2005 -2006, 21 days	Trainee
3.	Short Duration Training on Horticulture	Department of Horticulture, Lal Bhag Bangalore 6 Days, 2005	Trainee
4.	Essential oil perfumery and Aromatherapy	Fragrance and Flavour development Centre, Kannuj, 2 days, 2007	Trainee
5.	Training on Herbarium Techniques	FRLHT, Bangalore 2 days, 2009	Trainee
6.	National Conference and Research in Clinical Psychology	Orientation course on Clinical Psychology 4 days, 2001	participant
7.	Training Programme in Ilaj Bit tadbeer Under NRHM	Ilaj Bit Tadbeer, NIUM, Bangalore, One day, 2010	Resource Person
2. Workshops			
8.	Essential oil perfumery and Aromatherapy	Fragrance and Flavour development Centre, Kannuj	Trainee
9.	Diagnosis and Management of Liver Diseases	NIUM, Bangalore 2 Days, 2007	participant
10.	Research Methodology	NIMHANS, Bangalore 4 days, 2007	participant
11.	National Workshop on Research Methodology and Publications	IISc, Bangalore 2 days, 2008	participant

	Research Methods and Scientific Writing	Al Ameen college of pharmacy, 2 days, 2008	participant
13.	National Workshop on RUDRA – Clinical Documentation Programme	AVT Institute of Advance Research, Coimbatore 2 days, 2009	participant
14.	Recent Advances in Atomic Absorption Spectroscopy and its Analytical Application	Indian Society of Analytical Scientists, Bangalore Chapter, One day, 2010	participant
15.	Workshop on Research methodology in Unani Medicine	Molijaat, NIUM, Bangalore, 2 days, 2012	participant
16.	Regiminal Therapy – Unique way of treatment of chronic diseases	AIIMS New Delhi, One Day, 2014	Delegate
2. Seminars/ Symposium			
17.	National Symposium on Hifzane Sehat and Maholiyaat	AKTC, AMU, Aligarh 2 days, 1999	Delegate and Presented a Paper
18.	National Seminar on Mizaj (Temperament)	AKTC, AMU, Aligarh 2 days, 2000	Delegate and Presented a Paper
19.	International Seminar on Hifzane Sehat wa Maholiyat	AKTC, AMU, Aligarh 2 days, 2005	Delegate and Presented a Paper
20.	Ist National Seminar on Ayurveda, Yoga, Unani and Siddha Medicine	Held at Naded, MP 2 days, 2006	Guest Speaker
21.	Seminar on Stability Studies	Thermolab, One Day, 2007	Participant
22.	National Seminar on role of Unani medicine in Non-Communicable Diseases	CCRUM, New Delhi 2 days, 2015	Presented a paper
23.	National Seminar on Hkm Ajmal Khan – A Multidimensional personality	CCRUM, New Delhi 2 days, 2016	Presented a paper
3. Conferences			
24.	National Conference on research in Clinical Psychology	Orientation course on Clinical Psychology 4 days, 2001	Delegate and Presented a Paper
25.	10 th National Conference	Behaviour Medical Society of India, KM C, Manipal 2 days, 2001	Delegate
26.	Golden Appicon, 2004	NIMHANS, Bangalore 3days, 2004	Delegate
27.	4th National conference of Academy of Psychologists	SV University, Terupati 2 days, 2005	Delegate and Presented a Paper
28.	International Conference on Unani Medicine	CCRUM, New Delhi 4 Days, 2005	Delegate and Presented a Paper
29.	National Unani Conference and Herbal Mela	Karnataka Unani Welfare Foundation Trust	Guest Speaker
30.	International Conference on Unani Medicine	NIUM, Bangalore	Organising Committee Member, Invited talk
31.	Unani Day Celebration and International Conference on Unani Medicine	CCRUM, New Delhi 2 days, 2017	Delegate
32.	National Conference of CPCSEA	CPCSEA, Govt of India, One day, 2011 at Chennai	Delegate

4. CMEs/ ToTs			
33.	Continuing Rehabilitation Education Programme	RCI, India, 3 days	Participant
34.	Reorientation Training Programme	Ilmul Advia, NIUM, Bangalore, 6 Days, 2008	Participant
35.	International Conference on Multidisciplinary Healthcare	AIIMS, New Delhi 5 Days, 2014	Delegate
36.	CME Programme Ilmul Advia	Ilmul Advia, NIUM, Bangalore, 6 Days, 2014	Resource Person
37.	CME Programme Molijat	Dept Molijaat, NIUM, Bangalore, 2014	Resource Person
38.	CME Ilmul Advia	AKTC, AMU, Aligarh, 2017	Resource Person
5. Cultural and literary Events			
39.	Inter Hall Essay Writing Competition	Habib Hall, AMU 1994 - 95	Third Prize
40.	Inter Hall Speech Competition	Habib Hall, AMU 1994 - 95	Third prize
41.	Inter Hall Speech Competition	NRSC Hall, AMU 1998	Consolation prize
42.	Psychospectrum Exhibition	Guru Jambeshwar University 2001	Participated
43.	Declamation Contest	Guru Jambeshwar University 2001	Third Prize