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2. Name - Dr. Mohammad Shakeel Ansari

3. Designation - Associate Professor

4. Qualification – B.U.M.S., M.S. (Jarayat)

5. Thrust area - Hepatobiliary and Anorectal Surgery

6. Address - # 3, Maruthi Krupa, 9<sup>th</sup> Cross, 1<sup>st</sup> Main Road, Kottigepalya, Bangalore-91  
Correspondence Address - Department of Jarayat, National Institute of Unani Medicine (NIUM), Kottigepalya, Magadi Main Road, Bangalore - 91

7. Mobile Number – 7411219599

8. email- [msnium@gmail.com](mailto:msnium@gmail.com)

9. Date of Birth – 08-03-1974

10. Nationality – Indian

11. Religion – Islam

12. Registration certificate number – 08683

13. Passport No. – P8599712

## Academic qualification

Examination passed	Year of passing	University/Board	Division/Percentage
M.S. (JARAHAT)	2002-2003	A.M.U. ALIGARH	65.17 %
B.U.M.S.	1998-1999	A.M.U. ALIGARH	67.76 %
Intermediate	1991	U.P. Board	60.40
High School	1989	U.P. Board	67.17

## 14. Professional details (Teaching experience UG & PG)

- Working as Associate Professor in the Department of Jarahat, National Institute of Unani Medicine, Bangalore, since 26<sup>th</sup> March 2022.
- Worked as Assistant Professor in the Department of Jarahat, National Institute of Unani Medicine, Bangalore, from 26-03-2017 to 25-03-2022.
- Worked as Lecturer in Dept. of Jarahat NIUM, Bangalore from 26.03.2012 to 25.03.2017.
- Worked as Clinical Registrar, NIUM Bangalore from 18.10.2004 to 25-03-2012.
- Worked as Lecturer Dept. of Jarahat, Mumbai Tibbiya College from 17.03.2003 to 16.10.2004

## 15. Publications: -

1. Gayoorul Haq, Iqbal Aziz, Hakeem Abdul Mannan & Mohammad Shakeel Ansari "Sedative and analgesic efficacy of Barshasha in surgical patients", Hamdard Medicus, ISSN: 0250-7188, Oct-Dec 2004, Vol. XLVII, issue No. 4, P. 117-123.
2. Mohammad Shakeel Ansari, Mohammad Usman and Rashid Ali "Cauterization in Unani System of Medicine" Hamdard Medicus, ISSN: 0250-7188, Oct-Dec 2006, Vol. XLIX, issue No. 4, P45 - 48.
3. Mohammad Shakeel Ansari, Shamsad Ahmad and Sheikh Imran "Evaluation of Efficacy of Barshasha in reducing oral & traceo-bronchial secretions during intraoperative period in cases of elective Cholecystectomy", Hamdard Medicus, ISSN: 0250-7188, Jan.-Mar.2007, Vol. XLX, issue No. 1, P 63-67.
4. Mohammad Shakeel Ansari, Sheikh Imran and Wajeeha Begum "Carcinoma prevention in the light of Asbabe sitta Zarooriah-A Review", Hamdard Medicus, ISSN: 0250-7188, April-June 2007, Vol. XLX, issue No. 2, P 35-40.
5. Mohammad Shakeel Ansari, A.M.K. Sherwani & Abdul Nasir Ansari "Cauterization -A Review" proceedings of international conference on Unani Medicine organized by Central Council for Research in Unani Medicine, New Delhi, India. First printed: February 2007, ISBN: 81-87748-49-4. P-379-382.
6. Mohd. Usman, Mohammad Shakeel Ansari and H. Kabir "Venesection- A promised cure in the management of several diseases" proceedings of international conference on Unani Medicine organized by Central Council for Research in Unani Medicine, New Delhi, India. First printed: February 2007, ISBN: 81-87748-49-4. P-603-606.
7. Abdul Nasir Ansari, Mohammad Shakeel Ansari & A.M.K. Sherwani "Hypertension-A modern health challenge and efficacy of Unani formulation in its treatment" proceedings of international conference on Unani Medicine organized by Central Council for Research in

- Unani Medicine, New Delhi, India. First printed: February 2007, ISBN: 81-87748-49-4. P-91-95.
8. Arish M.K. Sherwani, A.N. Ansari, G.D. Sofi & Mohammad Shakeel Ansari "A review of corpus Hippocraticum and principles of Hippocratic method" proceedings of international conference on Unani Medicine organized by Central Council for Research in Unani Medicine, New Delhi, India. First printed: February 2007, ISBN: 81-87748-49-4. P-653.
  9. Mohammad Shakeel Ansari & Mohd. Yasir, "Comparative study of wet cupping and Unani formulation in low back pain patients: post facto case serial design." Journal of Research in Unani Medicine, ISSN 2320-8015, National Institute of Unani Medicine (NIUM), Bangalore. Volume 1, Issue 1, July-December 2012, P. 75-79.
  10. Mohammad Shakeel Ansari and Mohammed Yasir, "Evaluation of Efficacy of Wet Cupping (*Hejamat-bil-Shurt*) in Cases of Back Pain (*Waja-uz-Zahr*)", Hamdard Medicus, ISSN: 0250-7188, Jan-Mar 2013, Vol.56, No. 1, P52 - 60.
  11. Khesal Ahmad, Mohd. Faisal, Syed Shah Alam, Firdous Ahmad Najar, Mehjabeen Fatimah and Mohammad Shakeel Ansari, "Amale Takhdeer aur Adwiyah Mukhaddirah-Ek Tareekhi Jaizah" UNIMED - Kulliyat, ISSN: 2249 – 5703, A.M.U. Aligarh, April 2014- March 2015 Volume-8, Issue-2, P- 26-33
  12. Mohammad Shakeel Ansari, Abdul Azeez Faris, Khesal Ahmad and Zaid Ahmad, "Leham-e-Zayed ke sabab ghair mundamil qarha ka ilaj - A case study" Tarjuman-e-Tib Volume 2, Issue 1, January-June 2015, ISSN 2454 – 4507, P - 73-77.
  13. Mohammad Shakeel Ansari, Mohd. Zulkifle, Khesal Ahmad and Mohd. Faisal, "Pase Tabawwul baqayaae bol ko kam karti unani dawaien - ek mushahida" Tarjuman-e-Tib, Volume 2, Issue 2, July-December 2015, ISSN 2454 – 4507, P. 82-85
  14. Shamshad AHMAD, Abdul Nasir ANSARI, Mohd Shakeel ANSARI, Iftexharuddin KHAN, Imran KHAN, "Clinical Efficacy of a Unani Formulation on the Subjective Parameters of Zaghtuddam Qavi Ibtidai (Primary Hypertension)" Journal of the International Society for the History of Islamic Medicine (ISHIM), ISSN 1303-667x, Vol. 14-15 No. 27-28-29-30 April/October 2015-2016 ([www.ishim.com](http://www.ishim.com)) P-56-59.
  15. Mohammad Shakeel Ansari & Zaid Ahmed Mohammed Iqbal "Leech Application on Thrombosed, inflamed and Prolapsed Haemorrhoid Mass – A case Study" Journal of Research in Unani Medicine, ISSN 2320-8015, National Institute of Unani Medicine (NIUM), Bangalore. Volume 5, Issue 2, July-December 2016, P- 01-06.
  16. Mohammad Shakeel Ansari, Mahfooz Alam and Waseem Ahmad, "Commonly used Unani Formulations in Jaundice patients attending Jarahiyat section: A case series" International Journal of Medicine Research, ISSN: 2455-7404, Volume 2, Issue 6; November 2017; Page 34-36.
  17. Mohammad Shakeel Ansari, Rabia Nizam and Waseem Ahmad, "Local application of Safoof-e-aelwa in fissure in Ano: A case series" International Journal of Medicine Research, ISSN: 2455-7404; Volume 2, Issue 6; November 2017; Page 31-33.
  18. Junaid Nazir Dandoo, Mehjabeen Fatimah, Saiyad Shah Alam and Mohammad Shakeel Ansari, "An Overview of Haemorrhoids (Bawaseer) with Surgical Interventions from Ancient to Modern Era" Research and Reviews: A Journal of Ayurvedic Science, Yoga and Naturopathy, ISSN: 2395-6682, Volume 4, Issue 3; 2017; Page 23-30.
  19. Saiyad Shah Alam, Junaid Nazir Dandoo, Mehjabeen Fatimah and Mohammad Shakeel Ansari, "Prevalence and risk factors of different anorectal disorders among indoor patients having anorectal complaints: An observational retrospective study" Journal of Biological & Scientific Opinion, ISSN (Online): 2321– 6328, Volume 6 (1), 2018; Page 01-04.

20. Mohammad Shakeel Ansari and Rabia Nizam “Leeching on Post-Haemorrhoidectomy Bulged Perianal Masses” Research and Reviews: Journal of Surgery, ISSN: 2319-3425 (Online), ISSN: 2349-3712 (Print), Volume 7, Issue 1; 2018; Page 10-13.
21. Mohammad Asif Khan, Rabia Nizam, M. Shakeel Ansari and Mahjabeen Fatimah, “Role of Aspirin on Keloid: A Case Report” Research and Reviews: Journal of Surgery, ISSN: 2319-3425 (Online), ISSN: 2349-3712 (Print), Volume 7, Issue 2; 2018; Page 18-20
22. Mohammad Shakeel Ansari, Rabia Niza, Fazlur Rehman and Fatima Jabeen, “Angiolipoma Misdiagnosed as Liposarcoma- A Case Report” Research & Reviews: Journal of Surgery, ISSN: 2319-3425 (Online), ISSN: 2349-3712 (Print), Volume 8, Issue 2; 2019; Page 1–3.
23. Mohammad Shakeel Ansari, Saiyad Shah Alam, Waseem Ahmad, Danish Akhtar, “Benefit of Unani Formulations as Adjuvant in The Management of Chronic Suppurative Osteomyelitis - A Case Study” Journal of the International Society for the History of Islamic Medicine (ISHIM), ISSN 1303-667x, VoI. 16, 17, 18 April/ October 2017-2018-2019 ([www.ishim.com](http://www.ishim.com)) P-41-45.
24. Rabia Nizam, Mohammad Shakeel Ansari and Fazlur Rehman, “Effect of *Zaroor-e-Aelwa* in Non-healing Ulcer: A Case Report” Research and Reviews: Journal of Surgery, 2020; ISSN: 2319-3425 (Online), ISSN: 2349-3712 (Print) Volume 9, Issue 1. Page 25-28.
25. Mohammad Shakeel Ansari and Danish Akhtar, “Efficacy of a Unani Formulation in Internal Hemorrhoids (Bawaseer-E-Ghaira)” Research and Reviews: Journal of Surgery, 2020; ISSN: 2349-3712 (Print) Volume 9, Issue 1. Page 1-7.
26. Junaid Nazir Dandroo, Mehjabeen Fatimah, Saiyad Shah Alam, and Mohammad Shakeel Ansari, “Efficacy of a Unani Formulation in Subjective Complaints of *Shiqaqe Maqad* (Anal Fissure): An Observational Clinical Study” Research and Reviews: Journal of Surgery, 2020; ISSN: 2230-9861 (Online), ISSN: 2349-1299 (Print) Volume 10, Issue 1. Page 1-11.
27. Rabia Nizam, Mohammad Shakeel Ansari and Fazlur Rehman, “Effect of *Jawarish Zarooni* and *Sharbat Buzoori* in a Diagnosed Case of Nephrotic Syndrome” Research and Reviews: Journal of Surgery, 2020; ISSN: 2319-3425 (Online), ISSN: 2349-3712 (Print) Volume 9, Issue 1. Page 33-35.
28. Mohammad Shakeel Ansari, “Urolithiasis with Reference to Ancient and Modern Literature: A Review” International Journal of Molecular Biotechnology, 2020; E-ISSN: 2409-1332; Volume 6, Issue 1. Page 13-26.
29. Rabia Nizam and Mohammad Shakeel Ansari, “Shiqaq-e-Maqad (Fissure in Ano) As Per Unani System of Medicine” Research & Reviews: A Journal of Unani, Siddha, and Homeopathy 2020; ISSN: 2394-1960 Volume 7, Issue 2; Page 28-33. [www.stmjournals.com](http://www.stmjournals.com)
30. Rabia Nizam and Mohammad Shakeel Ansari, “Leech therapy in varicose vein: A case report” International Journal of Unani and Integrative Medicine 2020; ISSN (P): 2616-454X, ISSN (E): 2616-4558 Volume 4(3): Page 92-94. <http://www.unanijournal.com>
31. Rabia Nizam, Mohammad Shakeel Ansari, “Fissure-in-ano: A Review” Research & Reviews: Journal of Surgery ISSN: 2319-3425 (Online), ISSN: 2349-3712 (Print); 2020, Volume 9, Issue 3, Page 13-22. [www.stmjournals.com](http://www.stmjournals.com)
32. Alam SS, Jamaluddin, Ansari Mohammad Shakeel and Sofi G, “Tracing Surgical Management of Fistula in Ano (Nasoor-E-Maqad) in Unani Medicine-Review Article” Clinics of Surgery. 2020; ISSN: 2638-1451; Volume 3(4), Page 1-7.
33. Ansari Mohammad Shakeel. Prevention of Surgical Sites Infection. Journal of Research in Unani Medicine (NIUM), Bangalore. ISSN 2320-8015, 2020;9(1)61-66

34. Mohammad Shakeel Ansari, "Hemorrhoids (Bawaseer) in Unani System of Medicine: A Review" Research & Reviews: Journal of Surgery; ISSN: 2319-3425 (Online) ISSN: 2349-3712 (Print) Volume 10, Issue 1, 2021. DOI (Journal): 10.37591/RRJoS
35. Mohammad Shakeel Ansari, Rabia Nizam "Recovery of voice in a patient suffering from acquired aphonia after surgical intervention: A Case Report" Journal of Research in Unani Medicine, ISSN 2320-8015, National Institute of Unani Medicine (NIUM), Bangalore Volume 10, Issue 1; Jan-June 2021. Page 7-9.
36. Efficacy of Unani formulation Majun Aqrab in the Management of Hasat al-Kuliya wal-Halib (Kidney and Ureter stone) - A Preliminary Study; Hippocratic Journal of Unani Medicine (HJUM), CCRUM New Delhi, January-March 2021, Vol 16 No. 1 Pages 91-101
37. Bawaseer Maqad: qadeem wa jadeed tahqeeqat ki roshani mein; Jahan-e-Tib, CCRUM New Delhi; ISSN 0974-1372, 2021; Volume 23, Issue 1-4 P. 96-101
38. Nazariya-i-Ghiza aur Mukhtalif Mizajon mein Ghizai Tadabeer; Jahan-e-Tib, CCRUM New Delhi; ISSN 0974-1372, 2021; Volume 23, Issue 1-4 P. 63-70
39. Rabia Nizam, Mohammad Shakeel Ansari "Effect of Aelwa (*Aloe barbadensis* Mill.) in fissure in Ano: A prospective study" Advances in Integrative Medicine. ISSN 2212-9588 (ELSEVIER) 9 (2022) Page 44-52.
40. Ansari MS, Najar FA, Tasleem M, Fatimah M. Warm-e-Gudda Mudhi ka Ilmi Jaizah, Unani Tib ki Roshni Mein. Tarjuman-e-Tib. Jan-Dec 2022;9(1-2): 51-57.
41. Fazlur Rehman, Mohammad Shakeel Ansari, Hamiduddin. Therapeutic Evaluation of Safoof-e-Pattharphori with Sharbat Bazoori Moatadil in Patients of Renal Stone; Journal of Research in Unani Medicine; NIUM Bangalore. Published by Wolters Kluwer – Medknow; Volume 11, Issue 1, January- June 2022, P. 3-9 (DOI: 10.4103/JRUM.JRUM\_4\_23)
42. Mohammad Shakeel Ansari, Jamal Uddin, Mohd Nayab. Efficacy of *Majoon Sang Sar e Mahi* in the management of *Hasat e Bauliyah* (urolithiasis): An exploratory clinical trial; Journal of Research in Unani Medicine; NIUM Bangalore. Published by Wolters Kluwer – Medknow; Volume 11, Issue 1, January- June 2022, P. 18-24 (DOI: 10.4103/JRUM.JRUM\_2\_23)

## 16. Published Abstracts and Papers presented at conferences

1. "Unani Therapeutics and Management of Pain" souvenir of the international conference on Unani Medicine organized by Central Council for Research in Unani Medicine, New Delhi, India held on 8<sup>th</sup> -11<sup>th</sup> February 2005.
2. "Cauterization a promised cure for several chronic diseases -A Review" souvenir of the international conference on Unani Medicine organized by Central Council for Research in Unani Medicine, New Delhi, India held on 8<sup>th</sup> -11<sup>th</sup> February 2005.
3. "Therapeutic evaluation of Hajamat (Cupping)" 'International Conference on Holistic approach of Unani Medicine in lifestyle diseases' organized by P.G. Department of Kulliyat, Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh, 5<sup>th</sup> – 7<sup>th</sup> November 2007. P-24
4. "Wajaul-Mafasil (Osteoarthritis), a major cause of disability: A Review" National Conference on Unani Medicine held on 8<sup>th</sup> February 2009 at Bhiwandi (Mumbai) organized by All India Tibbi Congress Bhiwandi Unit
5. "Management of Bleeding Piles with Unani Formulations" National Conference (JCON2009) held on 21<sup>st</sup> – 22<sup>nd</sup> February 2009, organized by Department of Jarahat, Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh

6. "Evaluation of efficacy of Hejamat-bil-Shart in patients of Waja-uz-Zahr" JCON third National Conference-cum-workshop/Symposium held on 29<sup>th</sup> -30<sup>th</sup> September 2012, "Modes & Methods of Training of Unani Scholars for Unani Surgical Procedures and Symposium on Urinary Bladder Outlet Obstructive Diseases" organized by Department of Jarahat, Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh (U.P.)
7. "Leeching on bulged pile mass after haemorrhoidectomy (A case study)" JCON 4 the International Conference of Unani Medicine: "Re-visiting Ilmu Jarahat (Surgery)" held on 26-28<sup>th</sup> February 2018 organized by Department of Jarahat, Faculty of Unani Medicine, A. K. Tibbiya College, Aligarh Muslim University, Aligarh. 202002 India.
8. Contributed as a Chair of a scientific session at National Conference on Scientific Writing for Unani Teachers on 20<sup>th</sup> & 21<sup>st</sup> September 2023 organized by Department of Tahaffzi wa Samaji Tib, National Institute of Unani Medicine, Bangalore.

### **17. Attendance in conferences/Seminars/Workshop/CME/Webinar/Training Programmes-**

1. Attended ICMR- WHO sponsored workshop in Department of Moalejat, Dr. M.1.J. Tibbiya Unani Medical College and H.A.R.K. Hospital, Versova Andheri (West) Mumbai-61 held on 22<sup>nd</sup> - 23<sup>rd</sup> October 2003.
2. Attended a workshop as a member reviewing the syllabus of B.U.M.S. III year (MUHS Nashik) at Z.V.M. Unani Medical College and Hospital, Pune on 27<sup>th</sup> September 2003.
3. "Diabetic Foot" All India Tibbi Conference XVII General Session and National Seminar on Unani Medicine held on 31<sup>st</sup> July 2005, Hyderabad.
4. "Foundation of Modern Surgery by Unani physician" National Seminar on Unani System of Medicine organized by Z.V.M. Unani Medical College and Hospital, Pune held on 21<sup>st</sup> -23<sup>rd</sup> January 2006
3. Attended CME Programme "Newer Trends in Transfusion Medicine" organized by Shifaa Institute of Postgraduate Medical Science, Queen's Road, Bangalore on 19<sup>th</sup> February 2006.
4. Attended 3-day CME Programme for Medical Officers held from 21<sup>st</sup> March - 23<sup>rd</sup> March 2009 organized by NIUM, Bangalore.
6. As a resource person delivered a lecture on the demonstration of Hijama m'ae Shart on 22<sup>nd</sup> November 2012 in the training program on Ilaj bit Tadbeer (Regimenal Therapy) at NIUM, Bangalore-91.
7. Participated in a workshop on Research Methodology in Unani Medicine at NIUM, Bangalore on 8<sup>th</sup> - 9<sup>th</sup> December 2012.
8. Attended JCON third National Conference-cum-workshop/Symposium held on 29<sup>th</sup> -30<sup>th</sup> September 2012, "Modes & Methods of Training of Unani Scholars for Unani Surgical Procedures and Symposium on Urinary Bladder Outlet Obstructive Diseases" organized by the Department of Jarahat, Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh.
9. Attended CME Programme "Diabetes Update" organized by Shifaa Institute of Postgraduate Medical Science, Queen's Road, Bangalore on 23<sup>rd</sup> June 2013.
10. Participated in a workshop on Matab wa Nuskha Navesi in Unani Medicine at NIUM, Bangalore on 18<sup>th</sup> December 2013.
11. Attended "Training on Advanced laparoscopic surgery programme" organized by ETHICON at EISE, Chennai on September 25, 2017.
12. Participated as a delegate in the Live Workshop on Laparoscopic & Endoscopic Procedures held on 26<sup>th</sup> -27<sup>th</sup> February 2018, organized by the Department of Jarahat, Ajmal Khan Tibbiya College; Aligarh Muslim University Aligarh.

13. Attended JCON 4 the International Conference of Unani Medicine: “Re-visiting Ilmu Jarahat (Surgery)” held on 26-28<sup>th</sup> February 2018 organized by the Department of Jarahat, Faculty of Unani Medicine, A. K. Tibbiya College, Aligarh Muslim University, Aligarh. 202002 India
14. Attended a One-Day Workshop on 3<sup>rd</sup> November 2018 Hermas Greek Health Concept “Unani General Practice” at National Institute of Unani Medicine (NIUM) Bangalore.
15. Attended two days CME Programme on Pharmacovigilance of Unani Drugs organized by the Intermediary Pharmacovigilance Centre (IPvCC) for Unani Drugs, NIUM Bangalore on 15<sup>th</sup> & 16<sup>th</sup> January 2019.
16. Attended a one-day CME on SCIENCE OF ENERGY organized by the Department of Ilmu Jarahat (Surgery) at the National Institute of Unani Medicine (NIUM) Bangalore on 24<sup>th</sup> August 2019.
17. Attended a one-day Seminar on Unani Medicine for Public Health, NIUM Bangalore on 14-02-2019.
18. Participated as a Chairperson in the National Seminar on Prevention and Control of Non-Communicable Diseases organized by the National Institute of Unani Medicine (NIUM), Bangalore on 16-17 December 2019.
19. Participated as in charge in One Day Workshop on Anastomosis organized by the Department of Ilmu Jarahat, National Institute of Unani Medicine (NIUM) Bangalore, sponsored by Jhonson & Jhonson on 30<sup>th</sup> October 2019.
20. Participated as in charge in One Day Workshop on Endosuturing organized by the Department of Ilmu Jarahat, National Institute of Unani Medicine (NIUM) Bangalore, sponsored by Jhonson & Jhonson on 30<sup>th</sup> October 2019.
21. Participated in the CME organized by Karnataka Unani Welfare Foundation on 30<sup>th</sup> June 2019 at Shangri-La, Bangalore.
22. Participated as in charge in One Day Workshop on Anastomosis organized by the Department of Ilmu Jarahat, National Institute of Unani Medicine (NIUM) Bangalore, sponsored by Jhonson & Jhonson on 30<sup>th</sup> October 2019.
23. “Jawarish Zarooni used as a preventive measure in a diagnosed case of Nephrotic Syndrome – A case Study” National Seminar on Prevention and Control of Non-Communicable Diseases organized by National Institute of Unani Medicine (NIUM), Bangalore on 16-17 December 2019.
24. Participated in Swachhta Pakhwada 2020 organized by the National Institute of Unani Medicine (NIUM) Bangalore.
25. Attended a one-day Seminar on Unani Medicine for Public Health, NIUM Bangalore on 09-03-2020.
26. Attended a One-Day Workshop on MEDICAL ASTROLOGY “An Integral Part of Prevention, Diagnosis, and Therapeutics of Diseases” organized at the National Institute of Unani Medicine (NIUM) Bangalore on 08<sup>th</sup> January 2020.
27. Participated in One Day National Webinar on “Risk to a surgeon and OT team during surgery of COVID-19 (SARS NCOV-2) positive patients” organized by Z.V.M. Unani Medical College & Hospital on 25<sup>th</sup> August 2020.
28. Participated as In-charge in One Day Workshop on LASER PROCTOLOGY & SPHINCTOMETRY organized by the Department of Ilmu Jarahat, National Institute of Unani Medicine (NIUM) Bangalore, on 4<sup>th</sup> August 2021.
29. Participated in the Online Training Program on Emotional Intelligence at Workplace for Scientist/Technologists sponsored by the Department of Science and Technology from 20<sup>th</sup> to 24<sup>th</sup> September 2021 by the Centre for Organization Development Hyderabad.
30. Participated in a Two Days National Webinar on “Gynaecological Malignancies-A Holistic approach” on 22-23 January 2021, organized by the Dept. of Ilmu Qabala wa Amraze Niswan, National Institute of Unani Medicine (NIUM) Bangalore.

31. Participated in One Day National Webinar on Ilmu Jarahat Update 2022; as Organising Secretary, organized by National Institute of Unani Medicine (NIUM) Bangalore on 4<sup>th</sup> June 2022.
32. Participated as a Convener in One Day National Webinar on Ilmu Jarahat Update 2022; organized by the Department of Ilmu Jarahat, National Institute of Unani Medicine (NIUM) Bangalore on 24<sup>th</sup> June 2022.
33. Participated in One Day National Webinar on Ilmu Jarahat Update 2022; as Organising Secretary, organized by the National Institute of Unani Medicine (NIUM) Bangalore on 23<sup>rd</sup> March 2022.
34. Participated in One Day National Webinar on “Urine: a diagnostic tool” organized by the Department of Mahiyatul Amraz, National Institute of Unani Medicine (NIUM) Bangalore on 23<sup>rd</sup> June 2022.
35. Participated in a One-Day National Webinar on “Importance of Mahiyatul Amraz in Unani System of Medicine” organized by the Department of Mahiyatul Amraz, National Institute of Unani Medicine (NIUM) Bangalore on 14<sup>th</sup> June 2022.
36. Participated as a delegate in the National Workshop of Centre of Excellence in Unani Medicine on Competency Development of AYUSH Professionals held at Jamia Hamdard, New Delhi on 27-29<sup>th</sup> July 2022.
37. Participated as a delegate in the International IASTAM Conclave 2022 on Multitargeted Therapeutics in Unani and Ayurvedic Medicine and Food Supplement held at Jamia Hamdard, New Delhi on 29-30<sup>th</sup> July 2022.
38. Participated in a One-Day National Webinar on the concept of Nutraceuticals and Dietary guidelines in the Unani system of medicine held on 22<sup>nd</sup> June 2022, organized by the Dept. of Tahaffuzi wa Samaji Tib, National Institute of Unani Medicine (NIUM) Bangalore.
39. Participated in a One-Day National Webinar on “Modification and recent advancement in Unani dosage forms” on 29<sup>th</sup> June 2022, organized by the Dept. of Ilmu Saidla, National Institute of Unani Medicine (NIUM) Bangalore.
40. Participated in a One-Day National Webinar on “Innovative Approaches of research in Ilmu Advia” on 25<sup>th</sup> June 2022, organized by the Dept. of Ilmu Advia, National Institute of Unani Medicine (NIUM) Bangalore.
41. Participated in One Day National Webinar on Ilmu Jarahat Update 2022; as Organising Secretary, organized by the National Institute of Unani Medicine (NIUM) Bangalore on 23<sup>rd</sup> April 2022.
42. Participated in One Day National Webinar on Ilmu Jarahat Update 2022, as a speaker on “Thyroidectomy” organized by the National Institute of Unani Medicine (NIUM) Bangalore on 4<sup>th</sup> June 2022.
43. Participated in One Day National Webinar on Assessment Methods for the Unani, Yoga & Naturopathy faculty organized by Rajiv Gandhi University of Health Sciences Karnataka on 17-02-2022.
44. Completed the Foundation Course in Educational Methodology (FCEM) held during May-June 2022 on RSSTILMS by Rajiv Gandhi University of Health Sciences Karnataka.
45. Participated as a Delegate in One Day Interdisciplinary CME organized by the National Institute of Unani Medicine (NIUM) Bangalore in Collaboration with NU Hospitals on Unani and Contemporary view on Diabetic Complications and their Management on 03-09-2022.
46. Participated as a Delegate in One Day Interdisciplinary CME on “Awareness on Sehate Atfal” organized by the National Institute of Unani Medicine (NIUM) Bangalore on 04-04-2022.
47. Attended “First Aid and BLS Training Session” organized by Fortis Hospital, Nagarbhavi Bangalore on 27<sup>th</sup> February 2023.
48. Participated as a delegate in One Day Interdisciplinary CME organized by the National Institute of Unani Medicine (NIUM) Bangalore in Collaboration with Milann Fertility and Birthing Hospital on Advances in Infertility Management and IVF speciality care on 08-02-2023.



49. Participated in a One-Day National Webinar on the Role of Traditional and Regional Nutritious Food focusing on Millets under Poshan Pakhwada 2023, organized by the National Institute of Unani Medicine (NIUM) Bangalore on 3<sup>rd</sup> April 2023.
50. Participated as a delegate in a CME on *Khalal Ghudda Darqiyq* (Thyroid Dysfunction) in Females as a part of International Thyroid Awareness Week observation organized by Dept. of Ilmul Qabalat wa Amraze Niswan, National Institute of Unani Medicine (NIUM) Bangalore on 30-05-2024.
51. Participated as a delegate in a Webinar on *Khalal Ghudda Darqiyq* (Thyroid Dysfunction) in Females as a part of International Thyroid Awareness Week observation organized by Dept. of Ilmul Qabalat wa Amraze Niswan, National Institute of Unani Medicine (NIUM) Bangalore on 31-05-2024.
52. Participated as a delegate in a Webinar on '*Unani Tariqae Ilaj mein Kulliyat Usoole Ilaj ki Ahmiya twa Ifadiyat*' organized by Dept. of Kulliyat e Tib, National Institute of Unani Medicine (NIUM) Bangalore on 25-06-2024.
53. Participated as a delegate in a one-day National Webinar on Ilmul Jarahat Updates 2024 topic '*Evaluation of Breast lump*' organized by the Department of Ilmul Jarahat, National Institute of Unani Medicine (NIUM) Bangalore on 26-06-2024.
54. Participated as a speaker in a one-day National Webinar on Ilmul Jarahat Updates 2024 topic '*Pancreatitis*' organized by the Department of Ilmul Jarahat, National Institute of Unani Medicine (NIUM) Bangalore on 26-06-2024.

**18. Attendance in Arogya Mela – Nil**

**19. Books Published – Nil**

**20. Supervision to MS Thesis-**

S. NO.	Topic	PG
1	Therapeutic evaluation of Majoon Aqrab as a conservative treatment for Hasat e kulliya wa Halib	Dr. Zaid Ahmed Mohammed Iqbal
2	Efficacy of a Unani formulation in Bawaseer-e-Ghaira –An observational clinical study	Dr. Danish Akhtar
3	Effect of Zaroor-e-Aelwa in Shiqaqe Maqad (Fissure in Ano) – An Observational Clinical Study	Dr. Rabia Nizam
4	Therapeutic Evaluation of Safoof-e-Pattharphori with Sharbat Bazoori Moatadil in patients of Hasat-ul-Kulya (Renal stone) - An observational clinical study	Dr. Fazlur Rehman
5	Effect of Majoon-e-sang-e-sarmahi in Hasat-e-Bauliyah (Urolithiasis) - An Observational Clinical Study	Dr. Jamaluddin
6	Therapeutic evaluation of <i>Joshanda Baranjasif</i> in patients of <i>Hasat-ul-Kuliya</i>	Dr. Farheen Khan
7	A Comparative Study of Effect of Diltiazem, <i>Zaroore Aelwa</i> and <i>Zaroore Anzaroot</i> in the treatment of Fissure in Ano	Dr. Ayesha Siddiqua
8	Efficacy of <i>Fasd</i> (Venesection) in the Management of ' <i>Irqunnasa</i> (Sciatica) – A randomized Controlled Study.	Dr. Zaheer Ahmad
9	Prevalence of Waja'al-Mafasil in the patients of Dhayabitus, attending NIUM Hospital: A Cross Sectional Study	Dr. B. Mohammed Aamir

## 21. Thesis Under Supervision

S. NO.	Topic	PG
1	To evaluate the efficacy of <i>Unani</i> formulation (zaroor) in comparison to <i>zaroor-e-Aelwa</i> in <i>shiqaq-e-miq'ad</i> (anal fissure) patients.	Dr. Mohd Taslim
2	EVALUATION OF MARHAM-E-HINDI VERSUS LATERAL INTERNAL SPHINCTEROTOMY IN TREATMENT OF SHIQAQUL-MAQAD (ANAL FISSURE).	Dr. Rameez Raja Mallah
3	Evaluation of Zaroor-e-Aelwa versus lateral internal sphincterotomy in the treatment of Shiqaq-ul-Maqad (anal fissure)	Dr. Sadiya Farhat Shaikh Rafeeqe
4	Comparative evaluation of Itrifal Muqil and Habb-e-Barg-e-Neeb in Bawaseer Ghaira (Internal Haemorrhoids)-A Randomized Clinical Trial.	Dr. Hafsa Naaz T A
5	A COMPARATIVE EVALUATION OF MARHAM KAFOORI WITH LATERAL INTERNAL SPHINCTEROTOMY IN THE MANAGEMENT OF SHIQAQ- AL-MAQAD (ANAL FISSURE) - A RANDOMIZED CONTROL STUDY.	Dr. Omara Kaisur
6	Evaluation of the Efficacy of ' <i>Arq-i-Zira</i> in controlling the progress of <i>Siman Mufrit</i> : A Clinical Trial.	Dr. Sadiya Fathima
7	Effect of <i>Hijāmah Bish Shart</i> (Wet Cupping) in the Management of <i>Waja'-ur-Rukbah Hār</i> (Knee Arthritis)- a Randomized, Sham Controlled, Patient and Assessor Blinded Clinical Trial.	Dr. Afreen Fatima

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