

## CV

1. **Name:** Dr Saba Khanum
2. **Designation:** Assistant Professor, Dept. of Amraze Jild wa Tazeeniyat
3. **Qualification:** MD (Unani) Amraze Jild wa Tazeeniyat
4. **Thrust area:** Chronic dermatoses, Pediatric Dermatology, Dietotherapy in management of dermatological disorders, Unani Cosmetology
5. **Address:** Dr Saba Khanum, NIUM Staff Quarter Type IV No. 01, National Institute of Unani Medicine Kottigepalya, Magadi Main Road, Bangalore 560091 Karnataka
6. **Mobile number:** 9568882425
7. **Email:** saba\_medico@yahoo.in
8. **Date of Birth:** 29/12/1993
9. **Nationality:** Indian
10. **Religion:** Islam
11. **Registration certificate number:** 19559
12. **Academic Qualifications:**

Examination Passed	Board/University	Year of passing	Division
M.D. (Unani) Amraze Jild wa Tazeeniyat	NIUM, Bengaluru	2022	I
B.U.M.S.	Aligarh Muslim University	2019	I
XII	UP Board	2011	I
X	UP Board	2009	I
Certificate in Food and Nutrition (CFN)	IGNOU	2016	I

**13. Professional details:** Working as Assistant Professor Dept. of Amraze Jild wa Tazeeniyat, NIUM, Bangalore since 26<sup>th</sup> Dec 2023 (Total Experience of PG teaching 1 year 5 months)

**14. Publications:**

1. Anjum, S., Ahmed, S. K. A., Naz, F., & Khanum, S. (2021). A Comprehensive Description on Ethnopharmacology and Therapeutics of Murdarsang: A review. *Journal of Drug Delivery and Therapeutics*, 11(5-S), 143–148. <https://doi.org/10.22270/jddt.v11i5-s.5056>
2. Jamal MA, Khanum S, Naaz I, Quamri MA. (2021). Narration of Hair Cosmetics in writings of Zakariya Razi. *Jahan e Tib*, 71-81.
3. Khanum, S., Naaz, I., & Nida, S. (2022). Effect of oral and local Unani formulations in chronic leg eczema: a case report. *International Journal of Research and Review*, 9(10), 22–26. <https://doi.org/10.52403/ijrr.20221004>
4. Khanum, S. (2021) Pharmacovigilance For ASU And H Drugs- Present Scenario and Future Prospects. *Selected Essays on Pharamacovigilance Compendium*. 282-286 with ISBN number 978 -81-954330-5-6 released during ayurveda expo-2021.

**15. Paper Presented / Published Abstracts:**

1. *The Chronic Fatigue Syndrome- its revision* at a two day National Conference on Challenges in the Management of Amraz-e-Muzminah (Chronic Diseases) organised by Dept. of Moalajat, Ajamal Khan Tibbiya College, AMU, Aligarh on 5-6<sup>th</sup> November 2019
2. *Description of Bars (Vitiligo) in Unani system of medicine - A Review* at National Seminar on Prevention and control of Non-communicable Diseases held at NIUM, Bangalore on December 2019.
3. *Role of Ghiza in maintenance of well being* at Knowledge festival by open attempt org, Vienna, Austria on 16<sup>th</sup>-22<sup>nd</sup> August 2021.
4. *Effects of Curcuma Longa in Cancer Patients- A Review* at Conference held by Association of Unani Physicians (AUP), Bihar on March 2022.

## 16.Participation in Seminar/Webinar/Conferences:

- Participated as delegate in International Conference on “**Innovations in Unani Medicine for Integrative Health Solutions – A way forward**” organized by CCRUM, New Delhi, Ministry of Ayush, GOI on 11-12 February 2025.
- Participated as delegate in International Webinar on “**Emerging Technologies in Healthcare**” organized by National Institute of Unani Medicine, Bengaluru on 09 January 2025.
- Participated as delegate in Seminar on “**Unveiling role of ‘Ilāj bi’l Ghidha (Unani dietetics) in Metabolic Syndrome in Women**” organized by Dept. of Ilmul Qabalat wa Amraze Niswan, National Institute of Unani Medicine, Bengaluru on 12 June 2024.
- Participated as delegate in one day national webinar on “**The concept of Nutraceuticals and Dietary Guidelines in Unani system of Medicine**” organized by Dept. of Tahaffuzi wa Samaji Tib, National Institute of Unani Medicine, Bengaluru on 22 June 2022.
- Participated as delegate in one day national webinar on “**Ilmul Jarahat Updates 2022**” organized by Dept. of Ilmul Jarahat, National Institute of Unani Medicine, Bengaluru on 04 June 2022.
- Participated as delegate in Webinar on “**Adolescent Gynecology**” organized by Dept. of Ilmul Qabalat wa Amraze Niswan, National Institute of Unani Medicine, Bengaluru on 10 March 2022.
- Participated as delegate in Webinar on “**Awareness of Pharmacovigilance of ASU & H Drugs**” organized by Dept. of PPvC H.S.Z.H. Govt/Auto Unani Medical College, Bhopal (M.P.) on 20 December 2021.
- Participated in Interdisciplinary on Awareness on “**Sehat-e-Atfal**” organized by National Institute of Unani Medicine on “Azadi ka Amrit Mahotsava” on 04 Apr 2022.
- Participated in a survey on Knowledge, Attitude and Practices (KAP) on “**Pharmaco- vigilance of ASU&H Drugs**” conducted by National Institute of Unani Medicine, Bangalore on 14 Sep 2021.
- Participated as delegate in Webinar on “**Awareness Program of Pharmacovigilance of ASU & H Drugs**” organized by Dept. of PPvC Govt

Tibbi College & Hospital, Patna (Bihar) on 17 July 2021.

- Participated in Webinar on **“Yoga & Unani Medicine”** organized by National Institute of Unani Medicine on the occasion of International Day of Yoga-2021 held on 19 June 2021.
- Participated in Lecture Series on **“Covid 19 Trends In Modern and Traditional Medicine”** organized by Parul University, Vadodara on 10-12 June 2021.
- Participated as delegate in National Webinar on **“An Integrated Approach to Common Gynecological Diseases (Amraze Niswan) In Unani Medicine”** organized by Dept. of Ilmul Qabalat wa Amraze Niswan, National Institute of Unani Medicine, Bengaluru on 06 March 2021.
- Participated in National Webinar on **“Understanding the Unani Concept of Disease”** organized by Dept of Mahiyatul Amraz, National Institute of Unani Medicine on 12 February 2021.
- Participated as delegate in One day National Conference on **“Maternal and Child Health” on the eve of 5<sup>th</sup> Unani Day** organized by Dept. of Ilmul Qabalat wa Amraze Niswan, National Institute of Unani Medicine, Bengaluru on 09 February 2021.
- Participated as delegate in Webinar Series -1 on **“Unani Medicine and Maternal and Child Health” on the eve of 5<sup>th</sup> Unani Day** organized by Dept. of Ilmul Qabalat wa Amraze Niswan, National Institute of Unani Medicine, Bengaluru on 04 February 2021.
- Participated in **“Pharmaco-vigilance Awareness Programme for ASU&H Drugs”** Organized by Ministry of AYUSH, Govt of India held online from CCRUM, Kolkata, WB on 6th February 2021
- Participated in Webinar Series-1 on **“Unani Medicine in Ilmul Qabalat wa Amraze Niswan (Obstetrics & Gynecology)- An Evidence Based Approach”** organized by Dept. of Ilmul Qabalat wa Amraze Niswan, National Institute of Unani Medicine, Bengaluru held on 04 February 2021.
- Participated as delegate in Webinar on **“Awareness Program of Pharmacovigilance of ASU & H Drugs”** organized by PPvC Govt Tibbi College & Hospital, Patna (Bihar) on 19 January 2021.
- Participated in Webinar on **“Healthy Immune System and Unani Medicine”**

Organized by Regional Research Institute of Unani Medicine, Srinagar CCRUM, Ministry of AYUSH, Govt. of India on 12th November 2020.

- Participated in 3<sup>rd</sup> Webinar on **“AYUSH for Immunity”** Organized by Regional Research Institute of Unani Medicine, Aligarh CCRUM, Ministry of AYUSH, Govt. of India on 02 November 2020.
- Participated as delegate in International Webinar on **“Understanding COVID-19 Pandemic – An Integrated Approach”** organized by Dept of Moalajat, National Institute of Unani Medicine, Bengaluru on 07-08 October 2020.
- Participated in Webinar on **“AYUSH for Immunity”** Organized by Regional Research Institute of Unani Medicine, Aligarh, CCRUM, Ministry of AYUSH, Govt. of India on 12 October 2020.
- Participated in **“National webinar on Pharmacovigilance of ASU & H Drugs”** organised by National Institute of Unani Medicine, Bengaluru on 15-16 Sept 2020.
- Participated in Jamia Hamdard webinar series (COVID-19) on **“Caring your Heart, Liver and Nervous System: An Approach, During Corona CoV2 Pandemic”** organized by School of Unani Medical Education & Research, Jamia Hamdard, New Delhi on 07 July, 2020.
- Participated in National Webinar on **“Optimising *Tabi'at* (Physis) & Boosting Immunity as cure-all in epidemics and pandemics”** organized by Department of Munafeul Aza , Ajmal Khan Tibbiya College, Faculty of Unani Medicine, Aligarh Muslim University, Aligarh on 12 June 2020.
- Participated in Webinar on **“Ischemic Stroke and Treatment Options: What do we know”** organized by Vivek College of Technical Education, Bijnor on 13 July 2020.
- Participated in the First International Online Conference on **“Integrative Medicine and COVID 19”** organized by School of Persian Medicine, Tehran University of Medical Sciences on 30 May 2020.
- Participated in CME on **“Critical Care: Basics Revisited”** Organised by Shifaa Institute of Postgraduate Medical Sciences on 06 Oct 2019
- Attended the guest lecture on topic **“Characterization and Targetting of Leukemic Stem Cells in Acute Mylogenous Leukemia”** on 20<sup>th</sup> Dec 2017 organised by Hakeem Ifhamullah Academy, Aligarh.
- Participated in National Conference on **“Depression – Holistic and Integrated Approach in Management”** held at Dept. of Tahaffuzu wa Samaji Tib, Aligarh

on the eve of World Health Day Celebration in the year 2017.

- Participated in Seminar held on **World T.B. Day** 24<sup>th</sup> March 2017 organised by GIFTS NGO in collaboration with Department of T.B. and Chest at AMU, Aligarh.

## **15. Workshops/ Training/ Awards**

1. Attended **CME for teachers** organized by Dept. of Amraze Jild wa Zohrawiya, Ajmal Khan Tibbiya College, AMU, Aligarh on 09 – 14 December 2024.
2. Awarded **First prize in national level essay competition** (unani category) on organized by ipvc Jamnagar and published in a compendium (Selected Essays on Pharamacovigilance Compendium (Pages 282-286)) with ISBN number 978 -81-954330-5-6 released during ayurveda expo-2021.
3. Participated in **“e-Workshop on Dermoscopy”** organised by Ajmal Khan Tibbiya College, AMU, Aligarh on 6<sup>th</sup> Dec 2020.
4. Undergone **“ECG Training Program” at Fortis Hospital, Bangalore** held in between 2nd Feb 2020 to 1<sup>st</sup> March 2020.
5. Participated in National Workshop cum Symposium on **“Coping Stress with Resilient and Classical Regimens”** organised by Dept. of Ilaj-bit-Tadbeer, Ajmal Kan Tibbiya College, AMU, Aligarh on 23<sup>rd</sup> Mar 2019.
6. Participated in One Day Workshop on **“Hijamah and Skin Diseases”** on 11<sup>th</sup> Feb 2018 organised by National Unani Doctors Welfare Association (NUDWA)
7. Participated in Workshop on **“Basic Cardio-Pulmonary Life Support”** organised by Ajmal Kan Tibbiya College in collaboration of Jawahar Lal Nehru Medical College, AMU, Aligarh in 2017.
8. Awarded **First Prize in Poster making competition** in National Conference on **“Depression – Holistic and Integrated Approach in Management”** held at Dept. of Tahaffuzu wa Samaji Tib, Aligarh on the eve of World Health Day Celebration in 2017.

## **16. Supervision to MD thesis : None**