

Curriculum Vitae



Personal Information

Name	ABDUL NASIR ANSARI
Date of birth	15-07-1972
Current Position	Director In-Charge, National Institute of Unani Medicine, Bangalore Professor & Head Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru, Karnataka – 560091
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Academic Qualifications:

Course	Institution	Year	Division
MD (Moalijat)	Jamia Hamdard	2003	1 st
BUMS	Jamia Hamdard	1995	1 st

Intermediate	UP Board	1989	1 st
High School	UP Board	1987	2 nd

Teaching Experience:	19 Years, 4 Months
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Designation	Duration	Department & Institution
Professor	14.03.2017 to till date	Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru
Reader	14.03.2012 to 13.03.2017	Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru
Lecturer	03.09.2004 to 13.03.2012	Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru

Awards:

Best super specialist in neurology by Unani Medical Association during 17th UMA Excellence Award Distribution on 14th Feb, 2018.

Conferred upon Hakeem Abdul Lateef Falsafi National Award – 2023 on 12.02.2024 by All India Tibbi Congress.

Publications:

1.	Arish M.K. Sherwani, Abdul Nasir , Akbar Gilani, Mashkooor Ahmad, Amina Naaz. Concept of Hypertension in ancient Unani Literature as <i>Imtela</i>- An Overview , <i>World Health Review</i> , 2003, Page no. 42-46.
2.	Arish M.K. Sherwani, A. N. Ansari , H.A.H. Ansari, The contribution of Albucasis (Abul Qasim Zohravi) in Venesection, <i>Journal of the International Society for the History of Islamic Medicine</i> , 2004; 3(5):6-8.

3.	Arish M.K. Sherwani, A. N. Ansari , Scientific evaluation of breakthrough avenues of contraception sans side effects in the light of Unani system of medicine- An overview, <i>Cureall Journal of Unani Medicine</i> , 2005; 3(4):11.
4.	A.M.K. Sherwani, A. N. Ansari , S. A. Naaz and M. Ahmed, Evaluation of efficacy of Safoofe Muhazzil as a Unani Intervention in the control of Obesity & Hypertension. <i>Hamdard Medicus</i> . 2005; XLVIII(2):145-157. A.M.K. Sherwani, A. N. Ansari , Navaz V. C., Nazla- A well understood phenomenon of Arab, misinterpreted by successors, <i>Journal of the International Society for the History of Islamic Medicine</i> , 2006; 5(10):7-10.
5.	Altaf Hussain shah, Abdul Nasir Ansari , M.A. Siddiqui, Etymology of <i>Warne Shoab Muzmin</i> (Chronic Bronchitis) and its Management in Unani (Greeko-Arab) System of Medicine, <i>Journal of the International Society for the History of Islamic Medicine</i> , 2007-2008;6-7: 86-89.
6.	Ansari A. N. , Sherwani A.M.K., Begum W. <i>Khar-e-Khasak</i> - An ideal anti- ischaemic Unani drug, <i>National Medicos Journal</i> , 2008; 11(1): 3-7.
7.	Ansari A. N. , Sherwani A.M.K., Begum W. (2008). <i>Tukhm-e-Kahu</i> -An ideal Unani anti-hypertensive drug, <i>National Medicos Journal</i> , 2008; 11(2):18-22.
8.	Minhaj S., Anwar M., Abdul Nasir A. Medicinal uses of Neem. <i>National Medicos Journal</i> , 2009;12(I&II): 21-24.
9.	Altaf Hussain Shah, Amanullah Haji, Shameem Ahmad Rather, Abdul Nasir Ansari . Clinical study on the Management of <i>Huzaz/Abria</i> (Dandruff) with a Pharmacopeal preparation of a Unani medicine and its cosmetic evaluation. <i>Ancient science of life</i> . 2009; 29(02):24-27.
10.	Arish Sherwani, Abdul Nasir Ansari , Ansari Shabnam. <i>Hijamat</i> : The renaissance masterpiece of medical science in Unani system. <i>Journal of the International Society for the History of Islamic Medicine</i> . 2009-2010; 8-9:38-41.
11.	Abdul Nasir Ansari , Arish M.K. Sherwani, Shamshad Ahmad. Clinical Evaluation of a Unani Herbal Formulation in <i>Zaghtul-Dam Qavi Ibtidai</i> (Primary Hypertension). <i>Hamdard Medicus</i> , 2009;52(3):51-57.
12.	Ahsan Ilahi, A H Ansari, M Zulkifile, Abdul Nasir Ansari , Norms and Impacts of

	Coitus: An over Arching Traditional Review. <i>Indian Journal of Unani Medicine</i> , 2011;4(2):109-111
13.	Shah AH, Ansari AN , Siddiqui MA, Haji A, Sofi G. Study of <i>Warme Shoab Muzmin</i> (Chronic bronchitis) with therapeutic evaluation of a Unani formulation. <i>Indian Journal of Traditional Knowledge</i> , 2011;10 (4): 706-710.
14.	Haji Amanullah, Anwar Mohd, Ansari Abdul Nasir , Sofi Ghulamuddin, Efficacy of Massage with <i>Roghan Seer</i> in Motor Recovery in hemiplegia secondary to ischaemic stroke. <i>Indian Journal of Traditional Knowledge</i> . 2011;10 (4): 731-735.
15.	Altaf Hussain Shah, Amanullah Haji, Abdul Nasir Ansari , M.A. Siddiqui, G Sofi, Unani formulation enhances available free lung space for air transaction in Chronic Bronchitis- A Clinical Trial, <i>Unani Res.</i> , 2011;1(2):36-39.
16.	Abdul Mobeen, Tanzeel Ahmad and Abdul Nasir Ansari , Therapeutic Evaluation of Joshanda Mundi and Marham Qooba in Dermatophytosis: A Randomised Controlled Trial, <i>Journal of Research in Unani Medicine</i> , 2012; 1(1):36-41.
17.	Rather Shameem Ahmad, Ansari Abdul Nasir , Siddiqui Mansoor Ahmad, Sherwani M.K., Therapeutic evaluation of Safoof Daroonaj with Honey Water in Management of Suqoote Qalb Imtilai (Congestive Cardiac Failure), <i>Asian Journal of Medical and Clinical Sciences</i> , 2012; 1(3): 129-132.
18.	Syed Minhaj, M.A.Siddiqui, A.N.Ansari , M.A.Quamri, Concept of Obesity and its Treatment in Unani Medicine, <i>Unimed Kulliyat</i> , 2009-2012;V-VII(1): 91-93.
19.	Sherwani AMK, Abdul Nasir Ansari , Al-Hijamat: Conceptual Amalgamation of War'm (A Transient Immuno-Inflammatory Response), Acupuncture and Acupressure Mechanisms and its Operational Implications", <i>Journal of the International Society for the History of Islamic Medicine</i> , 2013-14; 12-13(23-24-25-26): 46-53.
20.	Abdul Nasir Ansari, A Divine Itinerary of Al-Hijamat (Cupping) , <i>Journal of the International Society for the History of Islamic Medicine</i> , 2013-14; 12-13(23-24-25-26): 175-179.
21.	Mohammad Asjad Khan, Mohd Anwar, Abdul Nasir Ansari , Abdul Wadud, Clinical Efficacy of a Unani Formulation in the Treatment of Bronchial Asthma,

	<i>Hippocratic Journal of Unani Medicine</i> , 2013; 8(3): 31-41.
22.	Muhib J., Sherwani AMK., Najeeb J., Kouser F.F., Nasir Ansari A , Muneeb J. An Interventional trial to evaluate efficacy of <i>Nutool</i> therapy in control of primary insomnia among elderly using insomnia severity index, <i>IJCRR</i> , 2013;5(19):103-109.
23.	Yasir M, Abdul Nasir Ansari , Abdal Ahmad, S. Javed Ali, Evaluation of Efficacy of Unani Regimen in the Management of Post Stroke Spasticity- An Open Observational Study, <i>International Research Journal of Medical Sciences</i> , 2013; 1(11): 29-34.
24.	Abdul Nasir Ansari , Mohd Anwar, Mohd Nayab, Mohd Yasir and S Javed Ali, Efficacy of Unani treatment in acute motor axonal neuropathy variant of Guillaine barre Syndrome-A Case Report, <i>Unani Medicus- An International Journal</i> , 2013; 2(1): 12-16.
25.	Qutubuddin, Anwar Mohd, Ansari Abdul Nasir , Nayab Mohd, Clinical Study on A Unani Formulation in Management of Ziabetus Shakari (Diabetes Mellitus Type 2), <i>International Journal of Pharmamedix India</i> , 2014; 2(1):51-59.
26.	S Javed Ali, Abdul Nasir Ansari , Suboohi Mustafa, A Review of Sinusitis in the Unani Medicine, <i>International Journal of Universal Pharmacy and Bio Sciences</i> , 2014; 3(3):190-195.
27.	Shamshad Ahmad, M.M.H. Siddiqui, Abdul Nasir Ansari , Sheikh Imran, Clinical Evaluation of a Unani Pharmacopoeial formulation, Khamira Sandal Sada, in Zaght al Dam Qawi Ibtidai (Primary Hypertension), <i>Hippocratic Journal of Unani Medicine</i> , CCRUM, 2014;9(1):41-51.
28.	Jahan M, Sherwani AMK, Ahmed V, Firdose FK, Ansari AN , Jahan N, An Interventional Trial to Evaluate Efficacy of <i>Nutool</i> Therapy in Control of Primary Insomnia among Elderly using structured insomnia schedule, <i>International Research Journal of Medical Sciences</i> , 2014; 2(2):1-6.
29.	S Javed Ali, Abdul Nasir Ansari , Azizur Rahman, Shiekh Imtiyaz, Basharat Rashid, Post-Stroke Hemiplegic Gait: A Review, <i>The Pharma Innovation Journal</i> , 2014; 3(8): 36-41.

	Md. Anzar Alam, Mohd. Nayab, Abdul Azeez, Mohd Aleemuddin Quamri, Abdul Nasir Ansari , Muscular Dystrophy (<i>Istirkha</i>) and its Management through Unani Medicine: A Review. <i>International Journal of Herbal Medicine</i> , 2014; 2 (4): 01-04.
31.	Sayed Minhaj, Abdul Nasir Ansari , MA Siddiqui, S. Javed Ali, A Clinical Study of <i>Samane Muftrat Ibtidai</i> (type-1 obesity) and Efficacy of a Unani Formulation in its Management. <i>Journal of Research in Unani Medicine</i> , 2014;3(1): 22-26.
32.	Abdal Ahmed, Abdul Nasir Ansari , S. Javed Ali, Mohd Yasir, Efficacy of <i>Munzija wa Mushil-e-Balgham</i> (Poly Herbal Formulations) and Massage with <i>Roghan-e-Malkangani</i> in <i>Falij Nisfi</i> (Hemiplegia): A Randomised Controlled Clinical Trial, <i>IJPSR</i> , 2015; 6(1): 453-458.
33.	Javed Ali, Abdul Nasir Ansari , Shariq Ali Khan, Scientific Interpretation of Unani Medicinal approach in management of post stroke Hemiplegia (<i>Falij</i>), <i>International Journal of Science and Research Methodology</i> , 2015;2(1):55-62.
34.	Mohammad Shahid Khan, Abdul Nasir Ansari , Effect of Leech Therapy (<i>Irsal-e-Alaq</i>) and Unani formulation (<i>Itrifal Sagheer</i> with <i>Zanjbeel</i>) in the Management of Varicose Veins (<i>Dawali</i>)- An Open Randomized, Standard Controlled, three groups clinical trial, <i>Spatula DD</i> , 2015,5(1):41-50.
35.	Mohd Jafar, Abdul Nasir Ansari , Md Izhar Alam, Mohd Khalid, Danish Mand, Dalk (Massage): A Unani Therapeutic Manipulative Procedure in Rehabilitation of Psychosomatic and Neurological Disorders, <i>IJHM</i> , 2015; 3(3): 36-38.
36.	Mohd Jafar, Abdul Nasir Ansari , Mohd Khalid, Danish mand, Tanzeel Ahmad, Siman-e-Mufrit (Obesity) - A Modern Pandemic Controlled by Ancient Greeko-Arab Medicine, <i>International Journal of Health Sciences & Research</i> , 2015; 5(10): 330-35.
37.	Shamshad Ahmad, Abdul Nasir Ansari , Mohd Shakeel Ansari, Mobashshera Khan, Imran Shaikh, Clinical efficacy of a Unani formulation on the subjective parameters of <i>Zaghtuddam Qavi Ibtidai</i> (primary hypertension), <i>Journal of the International Society for the History of Islamic Medicine</i> ; 2015-16; 14-15(27-28-29-30): 56-59.
38.	Mohd Jafar, Ziaul Haque, Mohd Khalid, Abdul Naisir Ansari , Abdul Azeez, Dalk (Massage): A Quintessential component for Musculoskeletal Disorders in

	Unani System of Medicine , <i>Journal of Biological & Scientific Opinion</i> , 2016;4 (4):144-47.
39.	Mohd Jafar, Abdul Nasir Ansari , Danishmand, Mohd Khalid, Therapeutic efficacy of Munzij-e-Balgham (Polyherbal Formulation) and Dalk (Massage) with Roghan-e-Farfiyun in the Management of Irqunnasa (Sciatica): An Open Labelled Clinical Trial, <i>International Journal of Health Sciences and Research</i> , 2017;7(7): 248-255.
40.	S. Javed Ali, Abdul Nasir Ansari , Mohd Anwar, Study of risk factors of stroke in patients visiting neurology OPD, NIUM, Bangalore with special reference to Unani Medicine , <i>World Journal of Pharmaceutical and Medical Research</i> , 2017;3(7): 118-121.
41.	Mohd Nayab, Abdul Nasir Ansari , Mohd Anwar, An overview of cardio protective drugs in the light of Advia-e-Qalbia , <i>International Journal of Unani and Integrative Medicine</i> , 2017; 1(1): 12-16.
42.	Rather S.A., Ansari A.N. , Dar P.A., Siddiqui M.A., A Concise Review Study of Borage (Borago officinalis) , <i>Research & Reviews: A Journal of Life Sciences</i> , 2017;7(1): 6-10.
43.	Abdul Mobeen, Tanzeel Ahmad, Abdul Nasir Ansari , Qooba Muzmin (chronic dermatophytosis): An Account of its Physiopathology and Management in Unani Medicine". <i>Unani Medicus</i> , 2017; 4(1): 77-83.
44.	Md Izhar Alam, Mohd Khalid, Abdul Nasir Ansari. Efficacy of Mā-UI-Ūsool, Mus'hil-e-Balgham and Inkibāb with Marzanjosh in Management of Post-Stroke Disability with Respect to ADL: A Black Box Study . <i>Journal of Biological & Scientific Opinion</i> . 2017; 5 (5): 80-85. http://dx.doi.org/10.7897/2321-6328.05567
45.	Abdul Mobeen, Shabir Ahmad Parray, Abdul Nasir Ansari , Tanzeel Ahmad, Sharique Zohaib, MUNDI: An Important Medicinal Plant of Unani System of Medicine , <i>Journal of AYUSH: Ayurveda, Yoga, Unani, Siddha and Homeopathy</i> . Year; 6(1):43-49.
46.	Shameem Ahmad Rather, Abdul Nasir, Parvaiz Ahmad Dar, Arsheed Iqbal, Review on Riyadat (Exercise) - A Forgotten Regime , <i>European Journal of Pharmaceutical and Medical Research</i> , 2018;5(8): 254-255.

	Zoheb Alam Khan, Abdul Nasir Ansari , Md Azam Zia, Efficacy of <i>Munzij wa Mus'hil-e-Balgham</i> and <i>Zimad-e-Sheetraj</i> on Motor Recovery in <i>Falij-e-Nisfi</i> (Hemiplegia), <i>Paripex - Indian Journal of Research</i> , 2019;8(3): 1-5.
48.	Ahmad I, Azeez A, Ansari AN , Ali M. Efficacy of <i>Riyazat</i> (physical exercise) with <i>Hammam-e-Bukhari</i> (steam bath) in the management of <i>Simane Mufrit</i> (obesity). <i>Int J Health Sci Res</i> . 2019; 9(8):239-247.
49.	Mohd Yasir, Abdul Nasir Ansari, Unani Tibb ke Usoolo par Tashannuj-e-Imtelai Istarkhai me jadeed Tafheemi Mawad – Ek Tahqeeq. <i>Tarjumane Tibb</i> . Jan-Dec 2020; 7 (1-2): 41.
50.	Sayyed Adnan Mohammad, Abdul Nasir Ansari . Efficacy of <i>Qai, Munzij wa Mus'hil-e-Balgham</i> and <i>Dalk</i> with <i>Roghan-e-Chobchini</i> in <i>Waja-ur-Rukba</i> (Knee Osteoarthritis). <i>IJRAR</i> . March 2020; 7(1): 887-896.
51.	Mohd Nayab, Aysha Ansari, Abdul Nasir Ansari , Saima Saleem. An Analytical Review on Ancient Regimen: <i>Dalk</i> (Massage) Therapy in Unani System of Medicine, <i>International Journal of Research and Analytical Review</i> , June 2020; 7(2):872-878.
52.	Mohammad Zaki Ahmad, Abdul Nasir Ansari , Musab Ahmad, Mohammad Tarik, Nazreen Fatma. Clinical Observation of Unani Drug Formulation in the Treatment of <i>Barş</i> (Vitiligo): A Case Study. <i>European Journal of Pharmaceutical and Medical Research</i> , 2020;7(6): 837-839.
53.	Mohammad Zaki Ahmad, Abdul Nasir Ansari, Musab Ahmad, Mohammad Tarik, Nazreen Fatma, Sawood Ahmad. Treating Tinea Capitis with Unani Formulation: A Case Study of 25-year-old Male Patient. <i>Journal of AYUSH: Ayurveda, Yoga, Unani, Siddha and Homeopathy</i> . 2020; 9(2):62–66.
54.	Mohd Nayab, Fatima Khan, Abdul Nasir Ansari , Management of Diabetic Neuropathy by Irsal-e-Alaq (Hirudotherapy): A Case Report , <i>European Journal of Pharmaceutical and Medical Research</i> , 2020; 7(7): 667-671.
55.	M Yasir, R M Khan, A Fahad, A N Ansari , COVID-19: Understanding pathology and management in Unani medical perspective, <i>Indian Journal of Traditional Knowledge</i> . December 2020; 19 (Suppl): S 81-S 88.

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- Mahboob Ali, **Abdul Nasir Ansari**, Mohd Nayab, Hina Anjum, Shabnam Ansari. **Efficacy of a Poly-Herbal Unani Formulation and Dry Cupping in treatment of Post-Stroke Hemiplegia: An Exploratory, Single Arm Clinical Trial.** *Journal of Advances in Integrative Medicine.* 2021; 8(4):298-304. DOI: <https://doi.org/10.1016/j.aimed.2020.11.001>
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57. Mohd Nayab, Hina Kouser V, **Abdul Nasir Ansari**. **Tanqiya wa Tadeel (Evacuation and Rejuvenation): The Unani Concept as Evolutionary Basis for Conventional Stroke Management,** *Journal of Drug Delivery and Therapeutics.* 2021;11(1):195-200.
DOI: <http://dx.doi.org/10.22270/jddt.v11i1.4686>.
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58. Mohd Nayab, **Abdul Nasir Ansari**, Fatima Khan, **A Panoramic view of most commonly used Regimenal Modalities (Tadabeer) for joint pain in Unani System of Medicine: A Critical Review,** *Journal of Drug Delivery and Therapeutics,* 2021; 11(2):228-231. DOI: <http://dx.doi.org/10.22270/jddt.v11i2.4561>.
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59. Hina Kouser V, Fatima Khan, Ayesha Tehseen, Mohd Nayab, **Abdul Nasir Ansari**, **Understanding the concept of Purgation (Ishal) in Unani Medicine: A Review,** *Journal of Drug Delivery and Therapeutics,* 2021; 11(2):241-246. DOI: <http://dx.doi.org/10.22270/jddt.v11i1.4584>.
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60. Islam MU, Nayab M, **Ansari AN**. Effect of dry cupping versus soft and prolonged massage in the management of knee osteoarthritis - a randomized controlled clinical trial. *J Complement Integr Med.* 2021 Mar 31;18(4):797-804. doi: [10.1515/jcim-2020-0350](https://doi.org/10.1515/jcim-2020-0350). PMID: 33787191.
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61. Mohd Nayab, Fatima Khan, **Abdul Nasir Ansari**, Tariq Nadeem Khan, Malik Itrat, **Nutūl** as an effective and time tested regimenal modality in *Unani* system of medicine – An Overview, *Journal of Drug Delivery and Therapeutics,* 2021; 11(3):132-137. DOI: <http://dx.doi.org/10.22270/jddt.v11i3.4716>
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62. Fatima Khan, Mohd Nayab, **Abdul Nasir Ansari**, Mohd Zubair. Medicinal Properties of Māsh (*Vigna mungo* (Linn.) Hepper): A Comprehensive Review. *Journal of Drug Delivery and Therapeutics.* 2021; 11(3-s):121-124 DOI: <http://dx.doi.org/10.22270/jddt.v11i3-S.4888>
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63. Mohammad Zaki Ahmad, **Abdul Nasir Ansari**, Mohd Nayab. Efficacy of
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	Ḥammām-i-yābis (dry bath) in Metabolic Syndrome: A single arm, open-labelled clinical trial. <i>Journal of Complementary and Integrative Medicine</i> , Published online on 16 July, 2021. DOI: https://doi.org/10.1515/jcim-2021-0072
64.	Mobeen A, Ahmad A, Quamri MA, Ansari AN . Clinical Efficacy of Medicinal Leech Therapy in Treating Third-and Fourth-Degree Hemorrhoids. <i>J Coloproctol</i> . 2021;41(2):124-130. https://doi.org/10.1055/s-0041-1730012
65.	Fatima Khan, Mohd Nayab, Abdul Nasir Ansari . Zanjabeel (<i>Zingiber officinale</i> Roscoe.): An Evidence-Based Review of Anti-nociceptive, Anti-inflammatory, Antioxidant, and Antimicrobial Properties. <i>Journal of Complementary and Alternative Medical Research</i> . 2021; 15(3): 26-35. DOI: 10.9734/JOCAMR/2021/v15i330269
66.	Aysha Ansari, Mohd Nayab, Saima Saleem, Abdul Nasir Ansari . Effect of soft and prolonged Graeco-Arabic massage in low back pain - A randomized controlled clinical trial. <i>Journal of Bodywork & Movement Therapies</i> . 2022; 29:232-238. https://doi.org/10.1016/j.jbmt.2021.10.007 .
67.	Fatima Khan, Abdul Nasir Ansari , Mohd Nayab. Rationalistic Approach in COVID-19 Prevention through Intervention of Unani Medicine Prevalent in Epidemic - A Review. <i>Journal of Herbal Medicine</i> . 2021;30: 1-9. https://doi.org/10.1016/j.hermed.2021.100515 .
67	Khalid Rahim Wani, Mohd Nayab, Abdul Nasir Ansari , Mohd Anwar. Efficacy of Irsal-i-Alaq (Hirudotherapy) in the Management of Venous Ulcer: A Case Report. <i>Journal of Drug Delivery and Therapeutics</i> . 2023; 13(6):14-17. DOI: http://dx.doi.org/10.22270/jddt.v13i6.5859
68	Fatima Khan, Abdul Nasir Ansari , Mohd Nayab. Application of Hot Medicated Fomentation for Pain Alleviation in Non-Specific Low Back Pain – A Randomized Controlled Clinical Trial. <i>Journal of Bodywork & Movement Therapy</i> . 2023;35:196-201.
69	Khalid Rahim Wani, Mohd Nayab, Abdul Nasir Ansari , Mohd Zubair Ansari. Ilaj-Bit-Tadbeer (Regimenal Therapy): A Core Mode for Prevention and Management of Pain. <i>Journal of Research in Unani Medicine</i> . 2020; 9 (1):26-30.

70	Khalid Rahim Wani, Mohd Nayab, Abdul Nasir Ansari . Clinical Applications of Fasd (Venesection) in Unani Medicine: A Review. International Journal of Research Publication and Reviews. 2023;4(8):281-285.
71	Md. Izhar Alam, Abdul Nasir Ansari , Md. Tanwir Alam ³ . Management of post-stroke disability in Unani Medicine – An open interventional clinical trial. Am. J. PharmTech Res. 2023; 13(02): 43-52.
72	Md. Izhar Alam, Abdul Nasir Ansari . Therapeutic and Nutritional Properties of Fenugreek in Unani Medicine: A Short Review. International Journal of Medical and Biomedical Studies (IJMBS). April 2023; 7(4): 52-58. DOI: https://doi.org/10.32553/ijmbs.v7i4.2704
73	Md. Izhar Alam, S Javed Ali, Abdul Nasir Ansari . A Comprehensive Review of Stroke Related Disability and Role of Unani Medicine in Rehabilitation. Journal of Emerging Technologies and Innovative Research. April 2023; 10(4): I604-I611.
74	.

Dissertations:

S. No	Title of the Research Work	Name of Scholar	Year
1.	Evaluation of Efficacy of a Unani Formulation in the Management of <i>Warm Tajaweefe Anaf Muzmin</i>	Nawaz VC	2008 (Co-Guide)
2.	Clinical Evaluation of <i>Khameera Sandal Sada</i> in the Management of <i>Zaghtuddum Qavi Ibtidai</i>	Shamshad Ahmad	2008 (Co-Guide)
3.	A Clinical Study of <i>Samane Mufarat Ibtidai</i> and Efficacy of a Unani Formulation in its Management	Sayed Minhaj	2008 (Co-Guide)
4.	Study of <i>Warme Sho'ab Muzmin</i> with Therapeutic Evaluation of a Unani Formulation	Altaf Ahmad	2008 (Co-Guide)
5.	Clinical Study of <i>Qooba</i> and Therapeutic Evaluation of Unani Formulation in its Management	Abdul Mobeen	2009 (Co-Guide)
6.	Efficacy of Massage with <i>Roghan Seer</i> in Motor Recovery in <i>Faliye Nisfi</i>	Haji Amanullah	2009 (Co-Guide)
7.	Clinical Study of <i>Zeequn Nafas Shoabi</i> and Evaluation of Efficacy of Unani Formulation	Mohd Asjad Khan	2009 (Co-Guide)
8.	Efficacy of <i>Munzija wa Mushil-e-Balgham, Habb-e-Azraqi</i> and	Shahid Khan	2014

	<i>Dalk with Roghan-e-seer</i> in Functional Independence Recovery of Post Stroke patients		(Co-Guide)
9.	Study of ' <i>Suqoote Qalb Imtilai</i> ' and Therapeutic Evaluation of <i>Safoof Daroonaj</i> in its management.	Shamim Rather	2011 (Guide)
10.	Role of <i>Tanqia</i> and <i>Tadeel</i> in motor recovery of <i>Falij Nisfi</i> .	Abdal Ahmad	2012 (Guide)
11.	Efficacy of <i>Munziz-Mushil</i> and <i>Dalak</i> with <i>Roghan Malkangni</i> in <i>Tashannuje Imtilae</i> in <i>Falij Nisfi</i>	Mohammad Yasir	2013 (Guide)
12.	Evaluation of efficacy of <i>Munziz and Mushile Balgham</i> and <i>Inkebab</i> with <i>Advia Harrah</i> in Rehabilitation of Hemiplegic gait in patients of Stroke	Syed Javed Ali	2014 (Guide)
13.	Effect of <i>Irsal-e-Alaq</i> (leech therapy) and <i>Itrifal Sagheer</i> with <i>Zanjbeel</i> in the Management of <i>Dawali</i> (Primary varicose veins)	Mohammad Shahid Khan	2015 (Guide)
14.	Efficacy of Maa-ul-Usool, Mushil-e- Balgham and Inkebab with Marzanjosh in the management of post stroke disability with respect to ADL	Izhar Ahmad	2016 (Guide)
15.	Therapeutic efficacy of Munziz wa Mushil-e- Balgham and Dalk with Roghane Farfiyun in the management of Irqunnasa (Sciatica)	Mohd Jaffar	2016 (Guide)
16.	Therapeutic efficacy of <i>Raughan-e-Surkh</i> in the management of <i>Irqunnasa (Sciatica)</i> "	MD Azam Zia	2017 (Guide)
17.	Efficacy of <i>Munjiz wa Mus'hil-e-Balgham</i> and <i>Zimad-e-Sheetraj</i> on Motor Recovery in <i>Falij-e-Nisfi</i> (Hemiplegia)	Zoheb Alam Khan	2017 (Guide)
18.	<i>Efficacy of Qai, Munziz wa Mus'hil-e-Balgham and Dalk with Roghan-e-Chobchini</i> in <i>Waja-ur-Rukba</i> (knee osteoarthritis)	Sayyed Adnan Mohammad	2018 (Guide)
19.	Efficacy of <i>Munziz wa Mus'hil-e-Balgham</i> and <i>Hijamah Bila Shart</i> on Motor Recovery in <i>Falij-e-Nisfi</i> (Hemiplegia)	Mahboob ali	2018 (Guide)
20.	Effect of <i>Nutul-i-Har</i> in treatment of <i>Shaqiqqa Muzmin</i> (chronic migraine)	Mohd Umar Afzal Akhtar Ahsan	2019 (Guide)
21.	Effect of <i>Hammam-i-Yabis</i> in activities of daily living in management of Post Stroke Neurodisabilities	Mobassir Abbas	2019 (Guide)
22.	Efficacy of <i>Hammam-i-yabis</i> in Metabolic Syndrome	Mohammad Zaki Ahmad	2020 (Guide)
23.	Efficacy of <i>Hijama-Bila-Shart</i> in treatment of pain and disability of Hemiplegic Shoulder Pain Syndrome	Mohd Rashid	2020 (Guide)
24.	Comparative clinical study between Regimens of <i>Tanqia wa Tadeel</i> and Physiotherapy Exercises in Hemiplegic Gait Rehabilitation	Nida Khan	2021 (Guide)
25.	Application of Medicated <i>Khubz</i> For Pain Alleviation in Non-specific Low Backache - A Randomized Controlled Clinical Trial	Fatima Khan	2021 (Guide)

	Efficacy of <i>Munzīj wa Mushīl-i-safra</i> and <i>Hijama Bila Shart</i> (Dry Cupping) in the treatment of <i>Usabah</i> (Chronic Tension –Type Headache)	Mehak Rao	2022 (Guide)
27.	Comparative Efficacy of <i>Dalk-i-Sulb</i> versus <i>Dalk-i-Layyin</i> using <i>Roghan-i-laqwa</i> on motor recovery in <i>Falij-i-Nisfi</i>	Mohammad Usama	2022 (Guide)
28.	Efficacy of <i>Hijāma-i-Nāriya</i> in the management of pain and disability of <i>Irqunnasā</i> (Sciatica) - A Randomized Controlled Clinical Trial	Khalid Wani	2023 (Guide)
29.	Efficacy of Massage with <i>Rogan-i-Haft Barg</i> in the Management of Hemiplegic Shoulder Pain Syndrome -A Randomized Controlled Clinical Trial.	Mohammad Wahid	2023 (Guide)
30.	Efficacy of <i>Tila (Liniment) application</i> in pain and disability Management of <i>Shaqīqa-i-Muzmin (Chronic Migraine)</i>	Suresh Kumar Saral	2023 (Guide)
31.	Efficacy of <i>Dalk-i-Layyin Kaseer (Soft and Prolonged Massage) with Roghan Malkangni in Waja-ur-Raqaba (Cervical Spondylosis)- A Randomized Controlled Trial</i>	Rayees Ahmad	Under Process
32.	Efficacy of <i>Munzīj-Mushīl</i> Therapy and Massage with <i>Roghan-i-Haft-Barg</i> in Rehabilitation of Postural Balance in <i>Falij-i-Nisfi</i> (Hemiplegia)- A Randomized Controlled Trial	Safia Fatima	Under Process
33.	Efficacy of <i>Hijama Bish Shart</i> (Wet Cupping) in treatment of pain and disability of <i>Waja'uz Zahr</i> (Low Back Pain) due to disc Prolapse – A Randomized Controlled Trial	Anam Tariq	Under Process
34.	Efficacy of <i>Dalk-i Layyin</i> (soft massage) and <i>Sa'ūf</i> (nasal drops) with <i>Roghan-i-kaddu</i> in <i>Sahr</i> (Primary Insomnia): A randomised controlled clinical trial	Safia Abbasi	Under Process
35.	Efficacy of Nutool with <i>Roghan-i-Banafsha</i> versus Fluoxetine in Post Stroke Depression	Abdullah Niyazi	Under Process
36.	Efficacy of Mazoogh (Masticatory drugs) Versus Speech Language Therapy in Taghayyur–i-Kalam (Aphasia) in Post Stroke patients	Shaik Adeena Parveen	Under Process
37.	Under Process	Tooba Tabassum	Under Process
38.	Under Process	Budeppa	Under Process
39.	Under Process	Zarrin Gauhar	Under Process

As Resource Person

1.	Delivered an extension lecture entitled 'Cirrhosis of liver' in 'workshop on
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	diagnosis and management of liver diseases in Unani Medicine', on 30-31 March, 2007 at NIUM, Bangalore.
2.	Delivered an extension lecture as a Resource Person on Examination of cardiovascular system in training programme for medical officers under NRHM scheme on 17th Dec 2010, Organized by Govt. Unani Medical College, Bangalore.
3.	Delivered an extension lecture as a Resource Person on Validation of Unani treatment in Hypertension in CHRISM on 8 th Dec, 2010, at Atria Hotel, Bangalore, organized by Central Council for Research in Unani Medicine, New Delhi.
4.	Delivered an extension lecture as a Resource Person on Management of Falij through Ilaj bit Tadbeer-part-1 in Training Programme in ilaj bit Tadbeer, sponsored by Dept. of AYUSH, Govt. of Karnataka at National Institute of Unani Medicine, Bangalore, on 20.11.2012.
5.	Delivered an extension lecture as a Resource Person on Management of Falij through Ilaj bit Tadbeer-part-2 in Training Programme in ilaj bit Tadbeer, sponsored by Dept. of AYUSH, Govt. of Karnataka at National Institute of Unani Medicine, Bangalore, on 21.11.2012.
6.	Delivered an extension lecture as a Resource Person on Management of Falij through Ilaj bit Tadbeer-part-3 in Training Programme in Ilaj bit Tadbeer, sponsored by Dept. of AYUSH, Govt. of Karnataka at National Institute of Unani Medicine, Bangalore, on 26.11.2012
7.	Delivered a Lecture as a Resource Person on Introduction to Ilaj bit Tadbeer in a training programme on Ilaj bit Tadbeer, organized by Dept of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bangalore on 30 th Nov.-1 st Dec 2013.
8.	Delivered a lecture as a Resource Person on Selection of various Tadabeer in Amraz-e- Aasab with special emphasis on Falij-e- Nisfi (Hemiplegia) in workshop on Nuskha Navesi dated 18 Dec 2013, organized by Dept. of Moalajat, National Institute of Unani Medicine, Bangalore.

	Delivered an extension lecture as a Resource Person on Falij-e-Nisfi and Unani treatment in Continuing Medical Education Programme for medical officers on 6 th Feb 2015 at National Institute of Unani Medicine, Bangalore.
10.	Delivered an extension lecture as a Resource Person on Introduction of Ilaj bit Tadbeer and its role in treatment of Falij-e-Nisfi in a Training Programme in Ilaj bit Tadbeer on 26 th March., 2015 at National Institute of Unani Medicine, Bangalore.
11.	Delivered a lecture as a Resource Person on Unani Research Methodology- at crossroad” in a workshop on Research Methodology for Fundamental Principles in Unani Medicine , on 11 th -12 th June, 2015, organized by National Institute of Unani Medicine, Bangalore.
12.	Delivered an Extension lecture as a Resource Person on Introduction to Ilaj Bit Tadbeer in a CME on 29 th November 2015 at FORTUNE INN JP CORDIAL, SC road, organized by Vikram hospital, pvt. Ltd.
13.	Delivered a lecture as a Resource Person on Introduction to Ilaj Bit Tadbeer and few Success stories in a Training Programme in Ilaj bit Tadbeer (Regimenal Therapy) for Unani Medical Officers/Private Practitioners on 23 rd Feb 2016 at National Institute of Unani Medicine, Bangalore.
14.	Demonstrated the procedure of Massage Therapy as a Resource Person in a Training Programme in Ilaj bit Tadbeer (Regimenal Therapy) for Unani Medical Officers/Private Practitioners on 24 th Feb 2016 at National Institute of Unani Medicine, Bangalore.
15.	Delivered a lecture as a Resource Person on Intervention of Ilaj-bit-Tadbeer in Neurorehabilitation in National Conference-cum-Workshop on Intervention of Ilaj-bit-Tadbeer in the Management of Pain and Disability scheduled on 7-8 March 2016, organized by Department of Ilaj-bit-Tadbeer, Faculty of Unani Medicine, Aligarh Muslim University, Aligarh – 202002.
16.	Delivered a lecture as a Resource Person on Intervention of Ilaj-bit-Tadbeer in Neurorehabilitation and few success stories in National Unani Medicine Conference & Herbal Mela on 8 th May 2016 organized by Karnataka Unani Welfare Foundation, Bangalore.

17.	Delivered a lecture as a Resource Person on Intervention of Ilaj-bit-Tadbeer in Neurorehabilitation and few success stories ” in National Workshop on Hijamah & Munzij Mushil Therapy on 29 th May 2016 at Indore.
18.	Delivered an extension lecture as a Resource Person on Therapeutic Tadabeer in neurorehabilitation on 3 rd November 2017, in a CME in Moalijat held at National Institute of Unani Medicine, Bangalore
19.	Delivered an extension lecture as a Resource Person on Management of Neurodisabilities by Ilaj bit Tadbeer on 8 th November 2017, in a CME in Ilaj bit Tadbeer held from 6 th -11 th November, 2017 National Institute of Unani Medicine, Bangalore.
20.	Delivered a guest lecture as a Resource Person on Intervention of Ilaj bit Tadbeer in the Management of Neurodisabilities at State Takmeel ut Tib College, Lucknow on 16-11-2018 in CME of Moalajat.
21.	Delivered a guest lecture as a Resource Person on Intervention of Ilaj bit Tadbeer in the Management of Neurodisabilities at Hakim Syed Ziaul Hasan Govt. Unani medical college, Bhopal on 18-12-2018 in a CME of Ilaj bit Tadbeer.
22.	Delivered a lecture as a Resource Person on NIUM- An emerging Neurohabilitation Hub in one day seminar on 14 th February, 2019 on the eve of world Unani day -2019 organized by National Institute of Unani Medicine, Bangalore
23.	Delivered a guest lecture entitled “Intervention of Unani Regimens in Neurorehabilitation” in National Unani Workshop on Lifestyle Diseases – A Unani Perception, organized by Unani Medical Practitioner Welfare Society at Sayaji Hotel Indore (MP) on 10-03-2019.
24.	Delivered a lecture as a Resource Person on “Treatment Guidelines on Amraz Aasab” on 21-09-2019 at National Institute of Unani Medicine, Bangalore.
25.	Delivered a lecture as a Resource Person on Ilaj bit Tadbeer and Neuro-Rehabilitation: few success stories in National Seminar on Prevention and Control of NCDs in Unani Medicine, organized by Dept. of Tahaffuzi wa Samaji tib, National Institute of Unani Medicine, Bangalore during 16 & 17 December, 2019.
26.	Delivered a webinar lecture entitled “scope of Ilaj bit Tadbeer in Neurological

	Disorders” on 18.11.2020 organized by Department of Ilaj bit Tadbeer, Ajmal Khan Tibbiya College, AMU, Aligarh.
27.	Delivered a webinar lecture entitled “ Ilaj bit Tadbeer and Neurological Disorders ” on 21.02.2022 in National webinar organized by Haziq wellness and Training Centre, Saharanpur.
28.	Delivered a lecture entitled “scope of Ilaj bit Tadbeer in Neurological Disorders” on 08.02.2023 organized by RRIUM, Khargar, Mumbai on the eve of Unani day 2023
29.	Delivered an online lecture entitled “scope of Ilaj bit Tadbeer in Neurological Disorders” on 10.03.2023 invited by RRIUM, Srinagar, Kashmir.
30.	Delivered a lecture on scientific and clinical assessment on Hijama and Fasd on 26 November, 2023 organized by Kerala Unani Medical Association.
31.	Delivered a lecture entitled ‘Issues and approaches in clinical research of ilaj bit tadbeer in neurological disorders’ on 17-02-2024 in CME program for Ayush doctors/scientists on current trends in R&D modern scientific advances and technology for scientific understanding and promotion of Ayush systems’ from 15 to 20th December, 2023 organized by national research institute of Unani medicine for skin disorders, Hyderabad.

Conferences/Seminars attended/Paper Presented:

1. Attended XXVI Annual Conference of Indian Botanical Society and National Symposium on Plant Biology and Biodiversity in Changing Environment, organized by Jamia Hamdard, New Delhi, on Dec 29-31, 2003
2. Presented a Poster titled as Role of a Unani Formulation in Hypertension in XVII Annual Conference of National Environmental Science Academy & International Workshop in Collaboration with the Department of Botany on Recent Trends in Environmental Sciences held on 24-26 April 2004 at Jamia Hamdard, New Delhi.
3. Attended a seminar on ‘Herbal Products/Medicines’ organized by Foundation for Promotion of Natural Products, at New Delhi, on 30th April, 2004
4. Presented a paper on **Eclampsia: A deadly Hypertensive Disorder in**

Pregnancy- A Review, in the National Seminar on Amraz-e-Niswan organized by PG Dept of Qabalat wa Amraz-e-Niswan, AKTC, AMU, Aligarh on 27th & 28th, 2004.

5. Attended 'Golden Appicon 2004, Golden Jubilee Conference of the Association of Physiologists and Pharmacologist of India', organized by NIMHANS, Bangalore, on 19th Dec, 2004

6. Presented a paper entitled - **Hypertension- A modern health challenge and efficacy of a Unani formulation in its treatment** in International Conference of Unani Medicine, organized by CCRUM, at New Delhi, on 8-11 Feb, 2005.

7. Presented a paper entitled - **High incidence of hypertension in low socio-economic group of Kottigepalya, Bangalore** in International Seminar on Hifzan-e- Sehat aur Maholiat, organized by Department of Hifzan-e- Sehat wa Samaji Tib on 29th -30th March, 2005 at AKTC, AMU, Aligarh

8. Presented a paper entitled - **Efficacy of a Unani formulation in hypertension- A clinical study** in National Seminar on Unani Medicine, organized by All India Unani Tibbi Conference, Hyderabad, on 29th -31st July 2005.

9. Presented a paper entitled - **Leeching- A renaissance in Unani Medicine** in National Seminar on Kulliyat, organized by Department of Kulliyat at AKTC, AMU, Aligarh, on December 3rd - 4th, 2005

10. Presented a paper entitled - **Mizaj- A relative term** in National Conference on Unani Medicine, organized by All India Unani Tibbi Congress at Mumbai, on 18th March, 2007

11. Presented a research paper titled "Efficacy of Munzij and Mushil therapy and Massage with Roghan Malkangani in Falij Nisfi" in National Seminar on the role of Unani medicine in non-communicable diseases, held on 14-15 January 2015 at India Islamic culture Centre, new Delhi, organized by CCRUM.

Abstracts Published in conference as Co-Author:

	Sherwani AMK, Ansari AN , Naaz SA, Ahmed M, 'Evaluation of efficacy of Safoofe Muhazzil as a Unani intervention in the control of Obesity and Hypertension', in the conference, 'Recent Trends In Environmental Sciences organized by National Science Academy', New Delhi, April 24-26, 2004, pp-43
2.	Sherwani AMK, Ansari AN, Sofi GU, A Ashfaq, 'a review on the aphorisms of hippocrates' in 'International Seminar on Hifzane Sehat aur Mahauliyat', 29th and 30th March 2005, pp-42
3.	Mohd Navaz Vc, Mohd Azam, Abdul Nasir Ansari , 'Therapeutic effects of some Unani drugs in the management of Warne Jigar' in 'International Seminar on Hifzane Sehat aur Mahauliyat', 29 th and 30 th March 2005, pp-141
4.	Arish Sherwani, Abdul Nasir Ansari, GU Sofi, MS Ansari, 'a review on corpus Hippocraticum and principles of the Hippocratic methods', in 'International conference of Unani Medicine', organized by CCRUM, New Delhi, 8th – 11th Feb 2005, pp-50
5.	Wajeeha begum, Sherwani AMK, Abdul Nasir Ansari, Aleemuddin Quamry, 'The efficacy of Warne Suddi Haad (acute mastitis) in 'International conference of Unani Medicine', organized by CCRUM, New Delhi, 8th – 11th Feb 2005, pp-72
6.	Mohd Shakeel Ansari, AMK Sherwani, Abdul Nasir Ansari, 'cauterization- A promised cure for several chronic diseases- a review' in 'International conference of Unani Medicine', organized by CCRUM, New Delhi, 8th – 11th Feb 2005, pp-196
7.	Mohd Anwar, GU Sofi, Mohd Sarwar, Abdul Nasir Ansari, 'concept of psychiatry in Unani Medicine and modern challenges' in 'International conference of Unani Medicine', organized by CCRUM, New Delhi, 8th – 11th Feb 2005, pp-393
8.	Ghulam Sarwar, Mohd Anwar, Tanzeel Ahmed, Abdul Nasir Ansari, 'Role of Unani drugs in hyperlipidemia', in 'National Conference on the role of Indian medicinal plants and Indian system of medicine on rural health', feb 8th -10th , 2007, organized by AVVM Sri Pushpam college, Poondi, Thanjavur,

	Tamilnadu.
9.	Amjad Ali, Mohd Anwar, Tanzeel Ahmed, Abdul Nasir Ansari , 'Cupping- A classical method of treatment in the Unani System of medicine in 'National Conference on the role of Indian medicinal plants and Indian system of medicine on rural health', feb 8 th -10 th , 2007, organized by AVVM Sri Pushpam college, Poondi, Thanjavur, Tamilnadu, pp-109.
10.	Shuhabuddin, Mohd Anwar, Aleemuddin Quamri, Abdul Nasir Ansari, 'Muqil (cammuphora mukul) – A potent hypolipidemic herbal drug-A review', in 'National Conference on the role of Indian medicinal plants and Indian system of medicine on rural health', feb 8 th -10 th , 2007, organized by AVVM Sri Pushpam college, Poondi, Thanjavur, Tamilnadu.
11.	Mohd Saquib, Abdul Nasir Ansari, Ameerullah Khan, 'Health hazards due to National calamities- Prevention and management in Tibbe Unani' in 'National Conference on the role of Indian medicinal plants and Indian system of medicine on rural health', feb 8 th -10 th , 2007, organized by AVVM Sri Pushpam college, Poondi, Thanjavur, Tamilnadu.
12.	Mohd Nayab, Shamshad Ahmed, Roohi Zaman, Abdul Nasir Ansari , 'An overview of cardioprotective drugs in the light of Adviae Qalbia' in 'National Conference on the role of Indian medicinal plants and Indian system of medicine on rural health' feb 8 th -10 th , 2007, organized by AVVM Sri Pushpam college, Poondi, Thanjavur, Tamilnadu.
13.	Shamshad Ahmed, Mohd Nayab, Mohd Anwar, Abdul Nasir Ansari , 'Hepatoprotection- A safer solution by Unani Medicine' in 'National Conference on the role of Indian medicinal plants and Indian system of medicine on rural health' feb 8 th -10 th , 2007, organized by AVVM Sri Pushpam college, Poondi, Thanjavur, Tamilnadu.
14.	Amjad Ali, Shamshad Ahmad, Mohd Anwar, Abdul Nasir Ansari , Tanzeel Ahmad, "The Role of Regimental Therapies in Sports Related Injuries" in the international conference on research advances in traditional medicine, challenges and opportunities , Oct 30-31, 2007 at Jamia Hamdard, New Delhi,p 43.

15.	Shamshad Ahmad, Mohad Nayab, M M H Siddiqui, Abdul Nasir Ansari , Ehsan Ilahi, "Clinical Presentation and Demographical Study of Hypertension" in the International conference on research advances in traditional medicine, challenges and opportunities, Oct 30-31, 2007 at Jamia Hamdard, N-Delhi, p 51.
16.	Amanullah Haji, Mushtaq Ahmad Dar, Abdul Nasir ," Medicinal Properties of Adhatoda vasica" in the National conference on Unani medicine on march 8-9 2008, organized by Mohammadia Tibbiya College and Assayer Hospital, Malegaon, Nasik, p118.
17.	Altaf Hussain Shah, Abdul Nasir Ansari , "Medicinal Properties of Allium sativum" in the National conference on Unani medicine on march 8-9 2008, organized by Mohammadia Tibbiya College and Assayer Hospital, Malegaon, Nasik, p115.
18.	S. Minhaj, Shamshad A, Mansoor Ahmad Siddiqui, Abdul Nasir Ansari , "Management of Zoosantaria mevi (ulcerative colitis) in Unani system of medicine" in the National conference on Unani medicine on march 8-9 2008, organized by Mohammadia Tibbiya College and Assayer Hospital, Malegaon, Nasik, p97.
19.	S M Alim, Mohd Nasir, Mohd Asjad, Mohd Anwar, Abdul Nasir Ansari , "Al-Hijamah: Cupping – A Unani Regimen" in the National Conference on Unani Medicine, Organized by All India Unani Tibbi Congress (Maharashtra State), on 8 th Feb 2009.
20.	Abdul Mobeen, Tanzeel Ahmad, Abdul Nasir Ansari , Mohd Arshad Jamal, Shamim Irshad, Mohd Sajid. "Prevention of ischemic heart disease through Unani system of medicine" in the National Conference on Unani Medicine, Organized by All India Unani Tibbi Congress (Maharashtra State), on 8 th Feb 2009.
21.	Arish M K Sherwani, Abdul Nasir Ansari . "Scope of epidemiologic methods in Unani system" in National Seminar on Hifzane Sehat Aur Maholiyat (Hygiene & Environment), organized by State Unani medical college, Allahabad, on 23rd & 24 August, 2008. p104.

22.	S M Alim, Mohd Asjad, Mohd Anwar, Tanzeel Ahmad, Abdul Nasir Ansari . "Massage and its clinical applications" in National Seminar on Hifzane Sehat Aur Maholiyat (Hygiene & Environment), organized by State Unani medical college, Allahabad, on 23rd & 24 August, 2008. p106.
23.	Mohd Asjad, S M Alim, Mohd Arshad Jamal, Mohd Anwar, Abdul Nasir Ansari . "Prevention and management of geriatric diseases in Unani system of medicine" in National Seminar on Hifzane Sehat Aur Maholiyat (Hygiene & Environment), organized by State Unani medical college, Allahabad, on 23rd & 24 August, 2008. p112
24.	Mohd Asjad, S M Alim, Zarina Khatoon, Mohd Anwar, Tanzeel Ahmad, Abdul Nasir Ansari . "Effects of anti-ageing drugs on women health" in National Seminar on Women's Medicon' 2008, organized by Dept. of Qabalat wa Amraz-e-Niswan, A.K. Tibbiya College, A.M.U., Aligarh, on 19th & 20th Dec, 2008. p32.
25.	S M Alim, Mohd Asjad, Mohd Anwar, Abdul Nasir Ansari . "Garlic: a review of its therapeutic potential in cancer" in Global Ayurved Conference & Health Expo, organized by Faculty of Ayurved, Bharati Vidyapeeth University, Pune, on 9-11 January, 2009. p120.
26.	Mohd Asjad, S M Alim, Mohd Arshad Jamal, Mohd Anwar, Tanzeel Ahmad Abdul Nasir Ansari. "Role of Amla (<i>Emblica officinalis</i>) in Geriatric care in the light of Unani medicine - A Review" in Global Ayurved Conference & Health Expo, organized by Faculty of Ayurved, Bharati Vidyapeeth University, Pune, on 9-11 January, 2009. p204.
27.	Abdul Mobeen, M N Khan, Tanzeel Ahmad, Abdul Nasir Ansari . "Abu Al-Qasim Zahravi: Father of Modern Surgery" JCON 2009; First National Seminar on futuristic shape of teaching and training of Jarahat (surgery), organized by Dept. of Jarahat (Surgery), A.K. Tibbiya College, A.M.U., Aligarh, on 21st to 22nd Feb., 2009. p65.
28.	S.M. Alim, Mohd Nasir, Mohd Asjad, Mohd Anwar, Abdul Nasir Ansari , "Albucasis (Al-Zahrawi) and extraction of Bladder Stone" JCON 2009; First

	National Seminar on futuristic shape of teaching and training of Jarahat (surgery), organized by Dept. of Jarahat (Surgery), A.K. Tibbiya College, A.M.U., Aligarh, on 21st to 22nd Feb., 2009. P77.
29.	Abdul Mobeen, Tanzeel Ahmad, Abdul Nasir Ansari , "Preventive application of Hammam in Dermatology" in National Seminar on Hifzane Sehat and Unani Medicine, 11th -12th April 2009, p 1 organized by AGUMC, Akkalkuwa, Distt. Nandurbar.
30.	Mohd Asjad Khan, S.M.Alim, Abdul Nasir Ansari , "Prevention of IHD in the light of Asbab-e-sitta Zarooriya" in National Seminar on Hifzane Sehat and Unani Medicine 11th -12th April 2009, p 69 organized by AGUMC, Akkalkuwa, Distt. Nandurbar
31.	S.M. Alim, Asjad Khan, Abdul Nasir Ansari , "Importance and application of Regimenal Therapies in Unani System of Medicine", in National Seminar on Hifzane Sehat and Unani Medicine 11th -12th April 2009, p 101 organized by AGUMC, Akkalkuwa, Distt. Nandurbar
32.	Muhib Jahan, AMK Sherwani, Abdul Nasir Ansari 'Approach of Unani System in dealing with AIDS' National Scientific Seminar on Unani Tib, 16-17th January, 2010, p18, organized by All India Unani Tibbi Congress, Andhra Pradesh sector, Hyderabad.

CMEs / Workshops/Training Programs/ROTP Attended:

1.	Attended CME on 'Newer trends in Transfusion Medicine' on 19 th Feb, 2006, at Shifa Institute of Post Graduate Medical Sciences, Queens Road, Bangalore.
2.	Attended CME on "critical care- 'Are we over dependent on machines?'" on 12 th Aug. 2007 at Shifa Institute of Post Graduate Medical Sciences, Queens Road, Bangalore.
3.	Delivered a lecture in workshop on diagnosis and management of liver diseases in Unani Medicine', on 30-31 March, 2007 at NIUM, Bangalore.
4.	Participated in the 'Workshop on Research Methodology', held on 24 th – 25 th

	November and 8th -9th December, 2007 organized by National Institute of Mental Health & Neuro Sciences, Bangalore.
5.	Attended 'National Workshop on Research Methodology and Scientific Publication', organized by Indian Academy of Oral Medicine and Radiology, held at J.N. Tata Auditorium, Bangalore on 4th & 5th June, 2008.
6.	Attended a Re-Orientation Training Programme, organized by Dept. of Moalajat, National Institute of Unani Medicine, Bangalore from 1 st – 6 th Dec, 2008.
7.	Attended CME on "Swineflu – A divine mercy or Human error", on 14.05.2009 at Shifa Institute of Post Graduate Medical Sciences, Queens Road, Bangalore.
8.	Attended CME on "Mr – Fit or misfit from microcosm", on 25.10.2009 at Shifa Institute of Post Graduate Medical Sciences, Queens Road, Bangalore.
9.	Attended CME on 'modern medicine' on 25.10.2009 at Shifa Institute of Post Graduate Medical Sciences, Queens Road, Bangalore.
10.	Attended a training programme on 'Research Methodology, Data Management and Biostatics', organized by National Institute of Animal Nutrition and Physiology at Bangalore, on 8th & 9th January, 2010
11.	Attended CME on "Health for all", on 28.02.2010 at Shifa Institute of Post Graduate Medical Sciences, Queens Road, Bangalore.
12.	Attended a workshop on "Research Methodology in Unani Medicine", organized by Dept. of Moalajat at National Institute of Unani Medicine, Bangalore on 8th -9th December, 2012.
13.	Attended CME on "Diabetes Update" on 23.06.2013 at Shifa Institute of Post Graduate Medical Sciences, Queens Road, Bangalore.
14.	Attended CME on the title "Healthy economics and healthy health management" on 1st and 2nd Feb.2014, Shifa auditorium, Shifa hospital Queens Road, Bangalore.
15.	Attended a Workshop titled regimental therapy- a unique way of treatment of chronic diseases at integrated conference AIIMS, New Delhi held on 9

	January, 2014.
16.	Attended CME on the title “modern medicine- look up and not down” on 1st Feb., 2015 Shifa auditorium, Shifa hospital queen’s road Bangalore.
17.	Attended a CME on “Tropical Medicine” on 1st March, 2015 at Shifa auditorium, Shifa hospital queen’s road Bangalore.
18.	Attended a CME on Health-Care Landscape “Law & the Doctor” conducted by Shifa Institute of Post Graduate Medical Sciences & Shifa Health Foundation Trust on 3rd May, 2015.
19.	Attended “State level PC and PNDT workshop” on 26.09.2016 at Jnana Jyothi auditorium, central college campus, KR circle, Bengaluru.
20.	Attended a CME on ‘Unani Treatment in Present Scenario’ held on 8th October-17 at Shangri-La Hotel, Bangalore.
21.	Attended a CME on Cancer Care at Shangri-la hotel Bangalore on 30th June, 2019 organized by Karnataka Unani welfare foundation.
22.	Attended one day workshop on Medical Astrology on 08.01.2020, organised by Institute of Indian Knowledge in collaboration with NIUM.
23.	Attended NABH Assessor Course based on AYUSH Assessor Training and Passed the ongoing assessments and written examination during 24.02.2020 – 28.02.2020 at Mumbai conducted by National Accreditation Board for Hospital & Healthcare Providers. Certificate No. AYUSH-S-2020-06-108
24.	Attended the National workshop cum brainstorming session on Development of SOPs of Hijama (Cupping) as an expert on 29 th January 2024 at HAKILHRUM, Jamia Millia Islamia Campus, New Delhi organized by Central Council for Research in Unani Medicine, New Delhi vide office order No.- F. No: 29-3/2022-23/ADMN/NIUM dated: 27.01.2024 with reference to CCRUM letter No.3-165/2023-CCRUM/Tech. dated 18.01.2024.

CME/Training Programmes Organized:

CME as an **Organizing Secretary (2016)**

CME as an **Organizing Chairman (2023)**

Administrative Activities:

1. **In-Charge Resident Medical Officer:** Performed the duties of RMO from 31.03.2010 vide office order no.- F. No: Accts/NIUM/2009-10/ dated: 31.03.2010.
2. **In-Charge Neurology Ward and Regimenal Therapy Unit:** Established the Neurology ward and Regimenal Therapy Unit vide office order no.- F. No.: 3-57/2004-05/NIUM/B;lore/Admn/ dated: 07.12.2010.
3. **In-Charge Hospital NIUM:** Discharged the duties of In-charge Hospital from 09.04.2013 to 30.09.2013 vide office order no.- F. No: 3-57/2010-11/NIUM/ B;lore/Estt. Vol.II dated: 09.04.2013.
4. **Organizing Secretary:** Organized a Training Programme on Ilaj-bit-Tadbeer (Regimenal Therapy) for the medical officers and private practitioners as an Organizing Secretary in Dept. of Ilaj-bit-Tadbeer, National Institute of Unani Medicine, Bangalore, from 30th November – 1st December, 2013.
5. **Organizing Secretary:** Organized a Training Programme on Ilaj-bit-Tadbeer (Regimenal Therapy) for the medical officers and private practitioners as an **Organizing Secretary** in Dept. of Ilaj-bit-Tadbeer, National Institute of Unani Medicine, Bangalore, Scheduled on 26th March, 2015.
6. **Liaison Officer:** Discharging the duties of Liaison Officer for OBC in National Institute of Unani Medicine from 21.03.2019 to till date vide office order No.- F. No: 3-57/2018-19/NIUM/B;lore/Estt. Vol.V dated: 21.03.2019.
7. **Publication In-Charge:** Performing the duties of Publication In-Charge for Newsletter, Annual Report, Urdu & English Journals of National Institute of Unani Medicine vide office order No.- F. No: 3-57/2018-19/NIUM/B;lore/Estt. Vol.-V dated: 20.06.2019.
8. **Nodal Officer (ISBN):** Discharging the duties as Nodal Officer to obtain the ISBN fo the books to be published by National Institute of Unani Medicine from 02.04.2020 to till date vide office order No.- F. No: Book Published/NIUM/ 2020-21 dated: 02.04.2020.
9. **Chairman:** Discharged the duties as Chairman for the Committee for **Population Study of COVID-19** vide office order No.- F. No: 50-1/2020-21/Admn/NIUM dated:

04.05.2020.

10. **Chairperson:** Discharged the duties as **Chairperson** of the **Committee** constituted for **Accreditation with NAAC of National Institute of Unani Medicine** vide office order No.- F. No: 60-2/2020-21/NIUM/Admn dated: 13.07.2020.
11. **Nodal Officer:** Discharging the duties of **Nodal Officer** for implementation of **Central Sector Scheme for Skill Development under Champion Services Sector Scheme for Medical Value Travel** vide office order No.- F. No: 01/SDP/NIUM20-21/1370 dated: 05.02.2021
12. **Associate Editor:** Discharging the duties as **Associate Editor for Journal of Research in Unani Medicine** vide office order No.- F. No: 54-1/2021-22/ADMN/NIUM dated: 03.11.2022.
13. **Chairperson:** Discharged the duties as **Chairperson** of the **Committee** constituted for **Accreditation with NAAC of National Institute of Unani Medicine** vide office order No.- F. No: 60-3/2020-21/NIUM/Admn dated: 25.01.2023.
14. **Chairman:** Discharged the duties as Chairman for the Committee to collect the MCQs for the posts advertise vide advertisement No.1/2023 by the office order No.- F. No: 1-2//2022-23/Estt./NIUM/Test dated: 06.06.2023.
15. **Nodal Officer:** Discharged the duties as Nodal Officer for Awareness building about public interest Disclosure and Protection of Informers (PIDPI) Resolution, Identification and implementation of Systemic Improvement measures, Disposal of complaints received vide office order No.- F. No: 1-27/2022-23/Estt./NIUM/ dated: 14.08.2023.
16. **Nodal Officer:** Discharged the duties as Nodal Officer for organizing one day program on IPR and Innovation vide office order No.- F. No: 01/2022-23/NIUM dated: 26.09.2023.
17. **Deputy Medical Superintendent: Discharged the duties of Deputy Medical Superintendent of NIUM Hospital from 07.11.2023 to 20.02.2024** vide office order No.- F. No: 50-1/2023-24/ADMN/NIUM dated: 07.11.2023.
18. **Chairman: Serving as Chairman in Internal Complaint Committee since 10.01.2024 to till date** vide office order No.- F. No: 37-2/2022-23/ADMN/NIUM dated: 10.01.2024.
19. **Director In-Charge:** Discharging the duties of **Director In-Charge** from 13.02.2024 (AN) to till date vide office order No.- F. No: 4-2/2020-21/ADMN/NIUM dated:

13.02.2024 with reference to office order of **Ministry of AYUSH** letter No. O-12011/1/2024-SUS (CCRUM) dated 09.02.2024.

20. Nodal officer for grievance (CPGRAM)
21. Nodal officer for the complaints regarding PwD
22. Approved and qualified NABH assessor

Memberships:

1. Performed the duties as a member for **condemnation of unserviceable Stores of Hospital** vide office order no.- Fl. No.62/2008-09/NIUM/B'lore/Admn. dated: 03.07.2008.
2. Performed the duties of a member in **Casualty Assessment Team (CAT) Committee** for assessment of Adverse Drug Reactions (ADR) in the Intermediary Pharmacovigilance Centre for Unani drugs (IPvCC) at National Institute of Unani Medicine vide office order No.- F. No: 3-91/2018-19/NIUM/B;lore dated: 15.03.2019.
3. Discharged the duties of member of a Committee for finalizing the list of drugs to be used at satellite Centre, NIUM Ghaziabad vide office order No.- F. No: 124-1/2022-23/Accts/NIUM dated: 13.07.2022.
4. Discharged the duties of a **Member in a Committee to prepare a proposal for affiliation of NIUM, Ghaziabad to Guru Gobind Singh Indraprastha University, Dwarka, Delhi** vide office order No.- F. No: 74-1/2022-23/NIUMGZB/Acd dated: 27.12.2022.
5. Nominated to attend **First Interactive Meet for R&D in AYUSH** on 10th May 2023 at All India Institute of Ayurveda, New Delhi vide office order No.- F. No: 29-3/2022-23/Admn/NIUM dated: 03.05.2023.
6. Discharged the duties of a member in the **committee for the scrutiny of application form of Professor and Reader** for various posts in response to the Institute Advertisement No. 01/2023 vide office order No.- F. No: 1-2//2022-23/Estt./NIUM/ dated: 10.07.2023.
7. Discharged the duties of a member in the **committee to conduct the written test and prepare the result for the post advertised in Advertisement No. 01/2023** vide office

order No.- F. No: 1-2//2022-23/Estt./NIUM/ dated: 16.08.2023.

8. Discharging the duties as **expert in regimenal therapy in Unani Sectional Committee (AYD-04) of the AYUSH Department, Bureau of Indian Standard (BIS).**
9. Member of NABH committee
10. Member of board of studies in Unani- PG Course
11. Member of casualty assessment team (CAT) for assessment of ADRs
12. Board of study member for Thiruvallur University, Vellore, Tamilnadu

Area of Interest:

1. Developed the “Neurology Unit”, the one and only specialty ward in NIUM hospital. It caters the neuro-rehabilitative services in disabilities management of stoke patients. On an average, forty patients remain admitted in the ward.
2. Treated more than thirty thousand patients on OPD basis and three thousand on IPD basis
3. Established working synergism between regimenal therapy and physiotherapy.

Examiners for PG Institute/University:

1. Rajiv Gandhi University of Health Sciences, Bangalore, Karnataka
2. NTR University, Andhra Pradesh
3. Delhi University

Date: 28.02.2024

Place: Bengaluru

(Prof. Abdul Nasir Ansari)