

## *Curriculum Vitae*



### **Personal Information**

<b>Name</b>	<b>Dr. MOHD NAYAB</b>
<b>Designation</b>	Associate Professor Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru, Karnataka – 560091
<b>Qualification</b>	MD (Moalajat)
<b>Thrust Area</b>	Development of skill in Ilaj bit Tadbeer, Musculoskeletal Disorders, Lifestyle disorders, Cupping Therapy, Massage Therapy, Leech Therapy, Hammam, Takmeed etc. Development of SoPs of Regimenal Procedures Publication and exploration of literature of IBT
<b>Date of birth</b>	09-04-1980
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<b>Nationality</b>	Indian
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**Academic Qualifications:**

Course	Institution	Year	Division
MD (Moalijat)	NIUM, RGUHS, Karnataka	2008	1 <sup>st</sup>
BUMS	Jamia Hamdard, New Delhi	2004	1 <sup>st</sup>
Intermediate	UP Board	1996	1 <sup>st</sup>
High School	UP Board	1994	2 <sup>nd</sup>

**Teaching Experience:****15 Years**

Designation	Duration	Department & Institution
<b>Associate Professor</b>	21.03.2022 to till date	Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru
Assistant Professor	21.03.2017 to 20.03.2022	Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru
Lecturer	21.03.2021 to 20.03.2017	Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru
Assistant Professor	03.06.2010 to 19.03.2012	H.S.Z.H. Govt. (Auto.) Unani Medical College & Hospital, Bhopal
Lecturer	23.03.2010 to 02.06.2010	Department of Munafe-ul-Aza (Physiology), A & U Tibbia College & Hospital, Karol Bagh, New Delhi-05
Lecturer	30.01.2009 to 29.12.2009	Department of Munafe-ul-Aza (Physiology), A & U Tibbia College & Hospital, Karol Bagh, New Delhi-05

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**Publications:**

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  2. **Mohd Nayab**, Tanzeel Ahmad, Abdul Wadud, Amanullah, Mohd Anwar. *Research Design and Modules for the Assessment of Neurological Functions in Stroke Survivors*. **Journal of Indian Medicine & Homeopathy**, 2009; 7-9(2), 59-68.
  3. **Mohd Nayab**, Tanzeel Ahamd, Mohd Anwar. *Effect of Hijamat-bila-Shurt in the Management of Waja-ul-Mafasil – A Clinical Study*. **Hippocratic Journal of Unani Medicine**. 2009; 4(3):1-7.
  4. **Mohd Nayab**, Mohd Arshad Ansari, Mohd Anwar, Ahmad Yasin. *Effect of Hijamat-Bila-Shurt in the Management of Waja-uz-Zohar – A Clinical Study*, **Hippocratic Journal of Unani Medicine**. 2011; 6(1): 79-86.
  5. **Mohd Nayab**, Mehmooda Beghum, Mohd Anwar. *Cupping Therapy – A Benevolent Boon of Unani System of Medicine*. **Unani Research**. 2011; 1(1): 1-4.
  6. **Mohd Nayab**, Mohd Anwar, MA Quamri “*Clinical Study on Waja-ul-Mafasil and Evaluation of Efficacy of Hijamat-Bila-Shurt in the Treatment*”, **Indian Journal of Traditional Knowledge**, 2011; 10(4):697-701.
  7. Mohd Zubair, **Mohd Nayab**, Shakir Jamil, Ashar Qadir, M. K. Ansari, “*Clinical Study on Warm-e-Majra-e-Baul (U.T.I) and Evaluation of Efficacy of Unani Formulation in the Treatment*”, **Hippocratic Journal of Unani Medicine**, 2011; 6(4), 59-69.
  8. **Mohd Nayab**, Mohd Anwar, Sherwani, A.M.K., *History of Hijamat*, **Journal of the International Society for the History of Islamic Medicine (JISHIM)**, 2012; 10-11 (19-20-21-22): 175-179.
  9. **Mohd Nayab**, Mohd Anwar, Tanzeel Ahmad, Sumana N, Humaira Tabassum, “*Effect of Unani therapy and Riyazat (Exercise) in Paraplegia after incomplete spinal cord injury: A case Report*”, **Journal of Research in Unani Medicine**, 2012;1(1), 65-69.
  10. Abdul Nasir Ansari, Mohd Anwar, **Mohd Nayab**, Mohd Yasir, S. Javed Ali, “*Efficacy of unani treatment in acute motor axonal neuropathy variant of guillane barre syndrome- a case report*” **Unani Medicus – An International Journal**, 2013; 2(1):12-16.
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11. Abdul Nasir Ansari, **Mohd Nayab**, Qutubuddin, Anwar Mohd, "Clinical Study on a Unani Formulation in Management of Ziabetes Shakari (Diabetes Mellitus Type 2)." **International Journal of Pharmamedix India**, 2014, 2(1), 651-59.

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  12. **Mohd Nayab**, Shaikh Imtiyaz, Mohd Anwar, S Javed Ali, "An Overview of Qillate Haiwaine Manwiya (Oligospermia) and Its Management In Unani System of Medicine", **Am. J. Pharm Health Res**, 2014;2(1): 1-7, ISSN: 2321,

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  13. **Mohd Nayab**, Mohd Zubair, Shakir Jameel, Ashar Qadeer, "Effect of Unani Formulation on Urine Composition in the Patients of Warm-e-Majra-e-Baul- An Observational Study", **International Journal of Herbal Medicine**, 2014; 1(6): 47-50.

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  14. Md. Anzar Alam, **Mohd Nayab**, Abdul Azeez, Mohd. Aleemuddin Quamri, Abdul Nasir Ansari, *Muscular Dystrophy (Istirkha) and its management through Unani Medicine: A Review*, **International Journal of Herbal Medicine** 2014; 2(4): 01-04.

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23. Abuzar Lari, **Mohd Nayab**, Mohd Tausif, Javed AH Lari, Mohd Anzar Alam, *“Therapeutic Potentials of Hijama-bila-Shart (Dry Cupping Therapy): A Review”*, *International Journal of Unani & Integrative Medicine*, Vol. 1, Issue – 1, 2017;21-24
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26. Aysha Ansari, **Mohd Nayab**, Abdul Nasir Ansari, Saima Saleem. **An Analytical Review on Ancient Regimen: Dalk (Massage) Therapy in Unani System of Medicine**, *International Journal of Research and Analytical Review*, June 2020; 7(2):872-878.
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27. Fatima Khan, Abdul Nasir Ansari, **Mohd Nayab**. **Management of Diabetic Neuropathy by Irsal-e-Alaq (Hirudotherapy): A Case Report**, *European Journal of Pharmaceutical and Medical Research*, 2020; 7(7): 667-671.
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28. Aysha Ansari, **Mohd Nayab\***, Saima Saleem, Mearaj Ul Islam. **Colchicum luteum Baker (Suranjan Talkh): Current Perspective on Therapeutic Properties**, *Asian J Trad Com Alt Med*. 2020; 3(1-2): 23-28. [DOI: 10.22040/ATCAM.2019.108140](https://doi.org/10.22040/ATCAM.2019.108140)
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29. Mahboob Ali, Abdul Nasir Ansari, **Mohd Nayab\***, Hina Anjum, Shabnam Ansari. **Efficacy of a Poly-Herbal Unani Formulation and Dry Cupping in treatment of Post-Stroke Hemiplegia: An Exploratory, Single Arm Clinical Trial**. *Journal of Advances in Integrative Medicine*. 2021; 8(4):298-304. [DOI: https://doi.org/10.1016/j.aimed.2020.11.001](https://doi.org/10.1016/j.aimed.2020.11.001)
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30. **Mohd Nayab**, Hina Kouser V, Abdul Nasir Ansari. **Tanqiya wa Tadeel (Evacuation and Rejuvenation): The Unani Concept as Evolutionary Basis for Conventional Stroke Management**. *Journal of Drug Delivery and Therapeutics*. 2021;11(1):195-200. [DOI: http://dx.doi.org/10.22270/jddt.v11i1.4686](http://dx.doi.org/10.22270/jddt.v11i1.4686).
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31. **Mohd Nayab\***, Abdul Nasir Ansari, Fatima Khan, **A Panoramic view of most commonly**
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- used Regimenal Modalities (*Tadabeer*) for joint pain in Unani System of Medicine: A Critical Review, *Journal of Drug Delivery and Therapeutics*, 2021; 11(2):228-231. DOI: <http://dx.doi.org/10.22270/jddt.v11i2.4561>.
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32. Hina Kouser V, Fatima Khan, Ayesha Tehseen, **Mohd Nayab\***, Abdul Nasir Ansari, **Understanding the concept of Purgation (*Ishal*) in Unani Medicine: A Review**, *Journal of Drug Delivery and Therapeutics*, 2021; 11(2):241-246. DOI: <http://dx.doi.org/10.22270/jddt.v11i1.4584>.
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34. Islam MU, Nayab M, Ansari AN. Effect of dry cupping versus soft and prolonged massage in the management of knee osteoarthritis - a randomized controlled clinical trial. *J Complement Integr Med*. 2021 Mar 31;18(4):797-804. DOI: <https://doi.org/10.1515/jcim-2020-0350>.
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35. Meraj Ul Islam, **Mohd Nayab**, An Overview of *Waja-ur-Rukbah* (Knee Osteoarthritis) with Reference to *Waja-ul-Mafasil* and its Regimenal Management (*Ilaj bit tadbeer*) in Unani System of Medicine, *Asian Journal of Traditional, Complementary and Alternative Medicines*, 2021;4(1-2):19-29. DOI: [10.22040/ATCAM.2021.242486.1008](https://doi.org/10.22040/ATCAM.2021.242486.1008).
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36. **Mohd Nayab**, Fatima Khan, Abdul Nasir Ansari, Tariq Nadeem Khan, Malik Itrat, *Nutūl* as an effective and time tested regimenal modality in *Unani* system of medicine - An Overview, *Journal of Drug Delivery and Therapeutics*, 2021; 11(3):132-137. DOI: <http://dx.doi.org/10.22270/jddt.v11i3.4716>.
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37. Fatima Khan, **Mohd Nayab**, Abdul Nasir Ansari, Mohd Zubair. Medicinal Properties of *Māsh* (*Vigna mungo* (Linn.) Hepper): A Comprehensive Review. *Journal of Drug Delivery and Therapeutics*. 2021; 11(3-s):121-124 DOI: <http://dx.doi.org/10.22270/jddt.v11i3-S.4888>.
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38. Mohammad Zaki Ahmad, Abdul Nasir Ansari, **Mohd Nayab\***. Efficacy of *Ḥammām-i-yābis* (dry bath) in Metabolic Syndrome: A single arm, open-labelled clinical trial. *Journal of Complementary and Integrative Medicine*, Published online on 16 July, 2021 DOI: <https://doi.org/10.1515/jcim-2021-0072>
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41. Fatima Khan, **Mohd Nayab**, Abdul Nasir Ansari. Zanjabeel (*Zingiber officinale* Roscoe.): An Evidence-Based Review of Anti-nociceptive, Anti-inflammatory, Antioxidant, and Antimicrobial Properties. *Journal of Complementary and Alternative Medical Research*. 2021; 15(3): 26-35. DOI: [10.9734/JOCAMR/2021/v15i330269](https://doi.org/10.9734/JOCAMR/2021/v15i330269)
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44. Ayesha Ansari, **Mohd Nayab**, Saima Saleem, Abdul Haseeb Ansari, Abdul Azeez Faris. **Ishal - Amraz-i-Muzmina ke Ilaj ki ek Muassar Tadbeer**. *Tarjuman-e-Tibb* (A peer reviewed bi-annual Urdu Journal of Unani Medicine). 2018-19; 5-6(2, 1-2): 80-89.
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45. Fatima Khan, **Mohd Nayab**, Abdul Nasir Ansari. Takmeed-e-Har (Hot Fomentation): An Effective mode of Pain Management in the light of Unani Medicine - A Review. *Journal of Research in Unani Medicine*. 2021: 10(2): 39-47.
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46. Abdul Wadud, Abdul Nasir Ansari, **Mohd Nayab**, Malik Itrat. Prophylactic efficacy of Unani herbal and herbo-mineral preparations in population at risk of COVID-19 - A randomized controlled prospective field trial. *INDIAN J TRADIT KNOW*. 2022; 21(1): 97-105.
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47. Mobassir Abbas, Abdul Nasir Ansari, **Mohd Nayab**, Umar Afzal, Adil Abdalrhman Abalkhail. Efficacy of Hot and Dry Bath (*Ḥammām-i-Ḥār Yābis*) in Activities of Daily Living for Management of Post Stroke Hemiplegia: An Exploratory Clinical Trial. *Journal*
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48. Fatima Khan<sup>1</sup>, **Mohd Nayab**, Abdul Nasir Ansari. Management of Irq-Un-Nasa (Sciatica) by Fasd (Venesection): A Case Report. CellMed. 2022;12(6):1-5.

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49. Nabila Subhan, Tariq Nadeem Khan, **Mohd Nayab**. Changes in color of Urine in the Patients on Concoctive (Munzij) Therapy: An Observational Study. Trad Integr Med. 2022; 7(3): 282-286.

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50. Sajid Habib, Abdul Azeez, **Mohd Nayab**, Faisal M, Saif Ali Siddiqui. Hijāma; A Scientific Approach- A Review. World Journal of Pharmaceutical Research. 2022; 11 (12): 690-706. [DOI: 10.20959/wjpr202212-25360](https://doi.org/10.20959/wjpr202212-25360)

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51. Khalid Rahim Wani, Fatima Khan, **Mohd Nayab**, Abdul Nasir Ansari. Understanding the Concept, Classifications and Effects of Dalk (Massage Therapy) In Unani Medicine and Contemporary Era. A Review. Journal of Emerging Technologies and Innovative Research. 2023; 10(4): b117-b132.

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52. Aysha Ansari, **Mohd Nayab**, Saima Saleem, Abdul Nasir Ansari. Effect of soft and prolonged Graeco-Arabic massage in low back pain - A randomized controlled clinical trial. Journal of Bodywork & Movement Therapies. 2022; 29:232-238. <https://doi.org/10.1016/j.jbmt.2021.10.007>.

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53. Khalid Rahim Wani, **Mohd Nayab**, Abdul Nasir Ansari, Mohd Anwar. Efficacy of Irsal-i-Alaq (Hirudotherapy) in the Management of Venous Ulcer: A Case Report. Journal of Drug Delivery and Therapeutics. 2023; 13(6):14-17. [DOI: http://dx.doi.org/10.22270/jddt.v13i6.5859](http://dx.doi.org/10.22270/jddt.v13i6.5859)

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55. Khalid Rahim Wani, **Mohd Nayab**, Abdul Nasir Ansari, Mohd Zubair Ansari. Ilaj-Bit-Tadbeer (Regimenal Therapy): A Core Mode for Prevention and Management of Pain. Journal of Research in Unani Medicine. 2020; 9 (1):26-30.

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56. Khalid Rahim Wani, **Mohd Nayab**, Abdul Nasir Ansari. Clinical Applications of Fasd (Venesection) in Unani Medicine: A Review. International Journal of Research

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57. Hina Kausar V, **Mohd Nayab\***, Abdul Nasir Ansari, Manzoor Ahmad Mir, Mohd Anwar. Efficacy of wet cupping in the pain management of cervical spondylosis - A randomized, controlled, open -label, parallel-group clinical trial. *Journal of Bodywork & Movement Therapy*. 2024. 39: 126-131. <https://doi.org/10.1016/j.jbmt.2024.02.044>.
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58. Ayesha Raza, Farheen Zehra, Mohd Nayab. Management of Amenorrhoea (Ihtibas-al-Tamth) in Unani System of Medicine: A Review. *Journal of Drug Delivery & Therapeutics*. 2024; 14(4):138-144. [DOI: http://dx.doi.org/10.22270/jddt.v14i4.6500](http://dx.doi.org/10.22270/jddt.v14i4.6500)
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59. Bushra Husain, **Mohd Nayab**. Unani Fundamentals Portraying Public Health and Healthy Nation. *World J Curr Med Pharm Res*. 2024; 6(1): 71-76. [DOI: https://doi.org/10.37022/wjcmpr.v6i1.326](https://doi.org/10.37022/wjcmpr.v6i1.326)
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60. Khalid Rahim Wani, Ulfat Ahad Bhat, Afshana Nabi, **Mohd. Nayab**, Abdul Nasir Ansari. Efficacy of Wet Cupping in the Management of Low Back Pain: A Case Series Study. *Ejpmr*. 2024; 11(5): 609-612
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61. Mohammad Shakeel Ansari, Jamal Uddin, **Mohd Nayab**. Efficacy of Majoon Sang Sar-e-Mahi in the management of Hasat-e-Bauliyah (urolithiasis): An exploratory clinical trial. *Journal of Research in Unani Medicine*. 2022; 11 (1): 18-24. [DOI: 10.4103/JRUM.JRUM\\_2\\_23](https://doi.org/10.4103/JRUM.JRUM_2_23).
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62. Rayees Ahmad Mir, **Mohd Nayab**, Uzair Yousf Mir, Abdul Nasir Ansari. Preventive and Therapeutic values of Leech Therapy: A Review. *Journal of Drug Delivery & Therapeutics*. 2024; 14(8):183-189. [DOI: http://dx.doi.org/10.22270/jddt.v14i8.6709](http://dx.doi.org/10.22270/jddt.v14i8.6709)
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63. Rayees Ahmad Mir, Farheen Zehra, **Mohd Nayab**, Abdul Nasir Ansari. The Neuropharmacological Properties of Malkangni (*Celastrus paniculatus* Willd.): Insights from Unani Medicine and Pharmacological Research: A Review. *Journal of Drug Delivery & Therapeutics*. 2024; 14(8):190-194. [DOI: http://dx.doi.org/10.22270/jddt.v14i8.6730](http://dx.doi.org/10.22270/jddt.v14i8.6730)
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64. Uzair Yousf Mir, Shaik Adeena Parveen, Safia Abbasi, **Mohd Nayab**, Abdul Nasir Ansari. A Study on Prevalence of Hypertension Among Patients Attending OPD of National Institute of Unani Medicine, Bengaluru, India. *Journal of Drug Delivery & Therapeutics*. 2024; 14(8):96-100. [DOI: http://dx.doi.org/10.22270/jddt.v14i8.6739](http://dx.doi.org/10.22270/jddt.v14i8.6739)
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65. Shaik Adeena Parveen, Uzair Yousf Mir, Mohd Nayab, Abdul Azeez, Abdul Nasir
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66. Rayees Ahmad Mir, Nadeem Ahmad Shah, Farheen Zehra, Mohd Nayab, Abdul Nasir Ansari. Venesection (Fasd): Historical Insights and Modern Implications: A comprehensive review. *Journal of Drug Delivery & Therapeutics*. 2024; 14(9):175-182. <http://dx.doi.org/10.22270/jddt.v14i9.6782>
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68. Shaik Adeena Parveen, Mohd Nayab, Safia Abbasi, Uzair Yousf Mir, Abdul Nasir Ansari. A Study on The Prevalence of Hypothyroidism in OPD of National Institute of Unani Medicine, Bengaluru, India. *International Journal of Recent Scientific Research*. 2024; 15(08): 4902-4906. DOI: <http://dx.doi.org/10.24327/ijrsr.20241508.0923>
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69. Anam Tariq, Niyazi Abdullah Khizar, Md Salman, Safia Fatima, Mohd Nayab, Abdul Nasir Ansari. Concept of Dementia and its Management in Unani System of Medicine: A Review. *Journal of Drug Delivery & Therapeutics*. 2024; 14(10):149-152. DOI: [10.22270/jddt.v14i10.6850](http://dx.doi.org/10.22270/jddt.v14i10.6850)
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70. Safia Abbasi, Uzair Yousf Mir, Shaik Adeena Parveen, Mohd Nayab, Abdul Azeez, Abdul Nasir Ansari. Unani Integrative Approach for the Management of Sciatica, Employing Pharmacotherapy with Regimenal Therapy: A Case Report. *Journal of Drug Delivery & Therapeutics*. 2024; 14(10):1-5. DOI: [10.22270/jddt.v14i10.6794](http://dx.doi.org/10.22270/jddt.v14i10.6794)
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71. Anam Tariq, Niyazi Abdullah Khizar, Mohd Nayab, Abdul Nasir Ansari. Efficacy of Wet Cupping in the Management of Sciatica: A Case Report. *Journal of Drug Delivery & Therapeutics*. 2024; 14(12):1-5. DOI: [10.22270/jddt.v14i12.6898](http://dx.doi.org/10.22270/jddt.v14i12.6898).
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72. Bushra Husain, Irshad Ahmed Wani, Mohd Nayab, Mehmooda Begum. Effectiveness of Safoof-e-Majusi with Wet Cupping in Managing Irq-un-nisa (Sciatica): A Case Report. *International Journal of Health Sciences and Research*. 2024; 14(12):248-254. DOI: <https://doi.org/10.52403/ijhsr.20241231>
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73. Irshad Ahmed Wani, Bushra Husain, Mohd Nayab, Mehmooda Begum. Unveiling Siman-i-Mufrit (Obesity): Unani Perspective and Role of Hammam-i-Bukhari in its
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### Book Publication

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1. Fundamentals of *Hijama* Therapy – First Edition (ISBN: 978-93-5472-501-2)
  2. Path of Success (Modern) – First Edition (ISBN: 978-81-963997-1-9)
  3. Path of Success (Unani) – First Edition (ISBN: 978-81-963997-9-5)
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### As Resource Person

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1. Demonstrated the procedure of "*Hijama in Low Back Ache*" as a **Resource Person** on 20<sup>th</sup> November, 2012, in a **Training Programme in Ilaj-bit-Tadbeer (Regimenal Therapy)** at National Institute of Unani Medicine, Bangalore, organised by Dept. of Ilaj-bit-Tadbeer, National Institute of Unani Medicine, Bangalore sponsored by Dept. of AYUSH, Govt. of Karnataka.
  2. Demonstrated the procedure of "*Hijama in Cervical Spondilitis*" as a **Resource Person** on 29<sup>th</sup> November, 2012, in a **Training Programme in Ilaj-bit-Tadbeer (Regimenal Therapy)** at National Institute of Unani Medicine, Bangalore, organised by Dept. of Ilaj-bit-Tadbeer, National Institute of Unani Medicine, Bangalore sponsored by Dept. of AYUSH, Govt. of Karnataka.
  3. Delivered a lecture as a **resource person** in the state level workshop on Ilaj-bit-Tadbeer entitled Bloodletting is back scheduled on 13<sup>th</sup> April 2014, organised by Unani Academy of Tamil Nadu, Chennai.
  4. Delivered a lecture on "*Cupping Therapy – A benevolent boon in Unani System of Medicine*" as a **resource person** in Training Programme on Ilaj-bit-Tadbeer (Regimenal Therapy), Organised by Dept. of Ilaj-bit-Tadbeer, National Institute of Unani Medicine, Bangalore, Scheduled on 30<sup>th</sup> November – 1<sup>st</sup> December, 2013.
  5. Demonstrated the procedure of "*Cupping Therapy*" as a **resource person** in Training
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Programme on Ilaj-bit-Tadbeer (Regimenal Therapy), Organised by Dept. of Ilaj-bit-Tadbeer, National Institute of Unani Medicine, Bangalore, Scheduled on 30<sup>th</sup> November – 1<sup>st</sup> December, 2013.

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6. Demonstrated the procedure of “*Cupping Therapy*” as a **resource person** in Training Programme on Ilaj-bit-Tadbeer (Regimenal Therapy), Organised by Dept. of Ilaj-bit-Tadbeer, National Institute of Unani Medicine, Bangalore, Scheduled on 26<sup>th</sup> March, 2015.

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7. Delivered a lecture as a resource person on **Cupping Therapy – Scientific Outlook** in a CME, Holistic Medicine, Organised by Shifaa Hospital, Bengaluru dated; 15.10.2017.

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8. Delivered a lecture as a resource person on **Hammam Therapy** during the CME for teachers of Ilaj bit Tadbeer on 18<sup>th</sup> December 2018, organized by Dept. of Ilaj bit Tadbeer, Hakim Syed Ziaul Hasan Govt. (Auto) Unani Medical College, Bhopal.

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9. Delivered a lecture as a resource person on **Hijama; Scientific Outlook** in International AYUSH Conclave, organized by govt. of Kerala on 17<sup>th</sup> February 2019.

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10. Delivered a lecture as a resource person on **Leech therapy in Unani System of Medicine** during Hands on Training on Leech Therapy, organised by National Institute of Siddha, Ministry of AYUSH, Government of India on 18-20 December 2019.

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11. Imparted the Hands-on Training on the **Application of Leech Therapy** during Hands on Training on Leech Therapy, organised by National Institute of Siddha, Ministry of AYUSH, Government of India on 18-20 December 2019.

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12. Delivered a lecture as a resource person on **Introduction of Ilaj bit Tadbeer** during a Training Programme in Ilaj bit Tadbeer for Government Unani Medical Officers, organised by Govt. of Karnataka, on 8<sup>th</sup> January 2020.

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13. Imparted the Hands-on Training about **Application of Leech Therapy** during a Training Programme in Ilaj bit Tadbeer for Government Unani Medical Officers, organised by Govt. of Karnataka, on 8<sup>th</sup> January 2020.

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14. Delivered a lecture as a resource person on the Role of *Riyazat (Exercise) in Immunomodulation with reference to COVID-19 Pandemic* in Webinar on Immunity Boosting through Diet, Unani Medication and Tadabeer, Organized by Regional Research Institute of Unani Medicine, Srinagar, on 27<sup>th</sup> October, 2020.

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15. Delivered a lecture as a resource person on **Introduction of Healthcare delivery system in**

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**India** during the certificate course in Cupping Therapy Assistant, organized by Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru from 1st Feb – 31st March 2022, under the Central Sector Scheme for Skill Development under Champion Sector Scheme for Medical Value Trade Launched by AYUSH Development Section, Ministry of AYUSH, Government of India.

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16. Delivered a lecture as a resource person on **General Description of Cupping Therapy** during the certificate course in Cupping Therapy Assistant, organized by Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru from 1st Feb – 31st March 2022, under the Central Sector Scheme for Skill Development under Champion Sector Scheme for Medical Value Trade Launched by AYUSH Development Section, Ministry of AYUSH, Government of India.

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17. Delivered a lecture as a resource person on **Evolution in Cups and Cupping Procedure** during the certificate course in Cupping Therapy Assistant, organized by Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru from 1st Feb – 31st March 2022, under the Central Sector Scheme for Skill Development under Champion Sector Scheme for Medical Value Trade Launched by AYUSH Development Section, Ministry of AYUSH, Government of India.

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18. Delivered a lecture as a resource person on **Best Time for Hijama Therapy** during the certificate course in Cupping Therapy Assistant, organized by Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru from 1st Feb – 31st March 2022, under the Central Sector Scheme for Skill Development under Champion Sector Scheme for Medical Value Trade Launched by AYUSH Development Section, Ministry of AYUSH, Government of India.

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19. Delivered a lecture as a resource person on **Hijama Bish Shart (Wet Cupping) & SOP** during the certificate course in Cupping Therapy Assistant, organized by Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru from 1st Feb – 31st March 2022, under the Central Sector Scheme for Skill Development under Champion Sector Scheme for Medical Value Trade Launched by AYUSH Development Section, Ministry of AYUSH, Government of India.

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20. Demonstrated the **Instruments used in Dry Cupping Therapy** as a resource person during the certificate course in Cupping Therapy Assistant, organized by Dept. of Ilaj bit Tadbeer,

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National Institute of Unani Medicine, Bengaluru from 1st Feb – 31st March 2022, under the Central Sector Scheme for Skill Development under Champion Sector Scheme for Medical Value Trave Launched by AYUSH Development Section, Ministry of AYUSH, Government of India.

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21. Demonstrated the **Arrangement of Instruments before Dry Cupping Therapy** as a resource person during the certificate course in Cupping Therapy Assistant, organized by Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru from 1st Feb – 31st March 2022, under the Central Sector Scheme for Skill Development under Champion Sector Scheme for Medical Value Trave Launched by AYUSH Development Section, Ministry of AYUSH, Government of India.

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22. Demonstrated the **Dry Cupping Therapy through Vacuum Machine** as a resource person during the certificate course in Cupping Therapy Assistant, organized by Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru from 1st Feb – 31st March 2022, under the Central Sector Scheme for Skill Development under Champion Sector Scheme for Medical Value Trave Launched by AYUSH Development Section, Ministry of AYUSH, Government of India.

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23. Demonstrated the Dry Cupping Therapy Electronic Cups as a resource person during the certificate course in Cupping Therapy Assistant, organized by Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru from 1st Feb – 31st March 2022, under the Central Sector Scheme for Skill Development under Champion Sector Scheme for Medical Value Trave Launched by AYUSH Development Section, Ministry of AYUSH, Government of India.

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24. Demonstrated the Wet Cupping Therapy as a resource person during the certificate course in Cupping Therapy Assistant, organized by Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru from 1st Feb – 31st March 2022, under the Central Sector Scheme for Skill Development under Champion Sector Scheme for Medical Value Trave Launched by AYUSH Development Section, Ministry of AYUSH, Government of India.

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25. Delivered a lecture as a Resource Person on Al-Hijama (Cupping Therapy): A Regimental Modality of natural Healing in the Unani System of Medicine in Continuing Medical Education Programme (CME) for Pharmacists, organised by Dept. of Saidla (Unani Pharmacy), Faculty of Unani Medicine, AMU, Aligarh, Sponsored by Ministry of AYUSH,

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Govt. of India on 14.05.2022.

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26. Demonstrated different types of Cupping Therapy as a Resource Person in Continuing Medical Education Programme (CME) for Pharmacists, organised by Dept. of Saidla (Unani Pharmacy), Faculty of Unani Medicine, AMU, Aligarh, Sponsored by Ministry of AYUSH, Govt. of India on 14.05.2022.

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27. Delivered a lecture as a resource person on the Therapeutic application of Hijama/Cupping in a National Workshop of Centre of Excellence in Unani Medicine on Competency Development of AYUSH Professionals organised by Centre of Excellence in Unani Medicine, BNPL, Jamia Hamdard, New Delhi on 29.07.2022.

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28. Delivered a lecture as a resource person on **Regimenal Therapies with Scientific Advancements in Hijama Therapy** on 14.10.2022 at Jamia Millia Islamia organized by Unani Drugs Manufacturers Association.

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29. Delivered a lecture as a resource person on **Introduction of Healthcare delivery system in India** during the certificate course in Cupping Therapy Assistant, organized by Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru from 12.01.2023 - 13.03.2023, under the Central Sector Scheme for Skill Development under Champion Sector Scheme for Medical Value Trade Launched by AYUSH Development Section, Ministry of AYUSH, Government of India.

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30. Demonstrated the **Dry Cupping application through vacuum Machine** as a resource person during the certificate course in Cupping Therapy Assistant, organized by Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru from 12.01.2023 - 13.03.2023, under the Central Sector Scheme for Skill Development under Champion Sector Scheme for Medical Value Trade Launched by AYUSH Development Section, Ministry of AYUSH, Government of India.

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31. Delivered a lecture as a resource person on **Regimenal Therapies for health and wellness with special emphasis on Hijama Therapy** on 10.03.2023 at Kashmir University organized by Regional Research Institute of Unani Medicine, Srinagar.

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32. Delivered a lecture on **Fundamentals of Hijama Therapy** as a resource person in Six days CME Programme on 17.03.2023 organized by HSZH Govt. Unani Medical College, Bhopal.

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33. Demonstrated the **Hijama Therapy** as a resource person in Six days CME Programme on

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17.03.2023 organized by HSZH Govt. Unani Medical College, Bhopal.

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34. Delivered a lecture on Scientific Advancement in Cupping Therapy as a resource person in Six days CME Programme for Teachers organised by National Institute of Unani Medicine dated 14.09.2023.

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35. Demonstrated the Cupping Therapy as a resource person in Six days CME Programme for Teachers organised by National Institute of Unani Medicine dated 14.09.2023.

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### *Papers contributed to International Conference & Seminars*

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1. **Mohd. Nayab**, Mohd. Anwar, Zarnigar, GD Sofi, "**Importance of Dalak in Sports**", Presented in International Seminar on Hifzan-e-Sehat aur Maholiyat (Hygiene and Environment), organized by Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh, dated 29<sup>th</sup> - 30<sup>th</sup> March, 2005.

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2. **Mohd Nayab**, Mohd Anwar, MA Quamri and Mohd Farooque, "**Effect of Hijamat-bila-Shurt (Cupping Therapy) in the Management of Waja-ul-Mafasil (Osteoarthritis) - A Case Study**" Presented in International Conference on Research Advances in Traditional Medicine: Challenges and Opportunities, Organised by Foundation for Promotion of Natural Products in collaboration with CCRYN, Jamia Hamdard, Medicity, Islahi Dawakhana at Jamia Hamdard on dated 30<sup>th</sup> -31<sup>st</sup> October, 2007.

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3. **Mohd Nayab**, "**Al-Hijamah (Cupping Therapy) and its Therapeutic Potentials in Pain**", Presented in International Conference on Unani Medicine (ICUM-16) on 25<sup>th</sup> - 27<sup>th</sup> October, 2016, organized by National Institute of Unani Medicine, Bangalore.

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### *Papers contributed/Participated to National Conference, Workshops & Seminars*

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1. Participated in a **National Seminar on AIDS** organised by National Healthcare Foundation Held at Jamia Hamdard, New Delhi dated 10<sup>th</sup> July, 2004.

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2. **Mohd Nayab**, presented a paper on the **Role of Ilaj-bil- Hijamat (Cupping Therapy) in the Management of Waja-ul-Mafasil (Arthritis)** in National Seminar on Kulliyat, organised by Ajmal Khan Tibbiya College, AMU, Aligarh from 3 - 4 December 2005.

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3. **Mohd Nayab**, Shamshad Ahmad, Roohi Zaman, Mohd Rizwan, Tanzeel Ahamad and Abdul Nasir Ansari, *“An Overview of Cardioprotective Drugs in the Light of Advia-e-Qalbia”* Presented in National Seminar on Unani System of Medicine, organised by Z.V.M. Unani Medical College and Hospital, Pune, dated 21<sup>st</sup> - 23<sup>rd</sup> January, 2006.

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  4. **Mohd Nayab**, MA Quamri, Mohd Anwar, *“Neutraceuticals with antioxidant property - A landmark revolution in diet therapy”* Presented in National Seminar on Nutrition in Health and Disease, Organized by Global Welfare Society in collaboration with Ajmal Khan Tibbiya College at Ajmal Khan Tibbiya College, AMU, Aligarh, on dated 15<sup>th</sup> March, 2007.

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  5. **Mohd Nayab**, MA Quamri, Mohd Anwar, *“Indian Legend - Hakim Abdul Hameed and His Contribution to Unani System of Medicine”* Presented in National Seminar on Unani Medicine, Organised by All India Unani Tibbi Congress, Mumbai, dated 18<sup>th</sup> March, 2007.

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  6. **Mohd Nayab**, Mohd Rizwan, Mohd Anwar, *“Ilaj-Bil-Tadbeer for Gouty Arthritis”* Presented in National seminar on Prevention and Management of Metabolic Diseases in Unani System of Medicine, Organised by Jamia Tibbiya Deoband, on dated 16<sup>th</sup> - 17<sup>th</sup> February, 2008.

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  7. **Mohd Nayab**, Zarnigar Riyaz, Mohd Anwar, *“Contribution of Razi in the History of Pharmacy during middle ages”*, Paper presented in National Conference on Indian Medicine, Organised by Maqbool Social Health & Educational Society, Aligarh (UP) on Dated 12<sup>th</sup> - 13<sup>th</sup> April 2008

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  8. Mohd Nayab, Mehmooda Beghum, Mohd Anwar, *“The Role of Ilaj-Bil-Hijamat (Cupping Therapy) in the Management of Lifestyle Disorders”*, presented in National Conference on Environmental Aspects of Healthcare in Unani Medicine, organised by National Environmental Science Academy on dated 27-28 March, 2011.

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  9. **Mohd Nayab**, Mohd Farooque, Mohd Arif, *“Assessment of Mizaj in Healthy Individual of Sin-Al-Shabab (Adult) and Validation of Unani Concept”*, Presented in National Seminar on Mizaj and its Implication in Different Disciplines of Tibb-e-Unani, Organized by A&U Tibbia College and Hospital, Karol Bagh, Sponsored by AYUSH, MOH & FW, Govt. of India.

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  10. **Mohd Nayab**, Abdul Nasir Ansari, Mohd Anwar, *“Therapeutic Benefits of Al-Hijamah in painful conditions”*, presented in National Seminar-cum-Workshop on Intervention of Ilaj-bit-Tadbeer in the Management of Pain and Disability on 7<sup>th</sup>-8<sup>th</sup> March, 2016, organized by
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Department of Ilaj-bit-Tadbeer, Faculty of Unani Medicine, Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh.

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11. **Mohd Nayab**, Efficacy of Hijamat bila Shart (Dry Cupping) in Waja-uz-Zahr (Low Back Pain) - An Open Randomised Controlled Clinical Trial, Presented in National Seminar on Prevention and Control of Non-Communicable Diseases, Organized by Department of Tahafuzzi was Samaji Tib, National Institute of Unani Medicine, Bangalore, Sponsored by Ministry of AYUSH, Government of India, on 16-17 December, 2019.
  12. Participated as a Delegate in the Technical Session of CoE Workshop 2022 held at HAH Auditorium, Jamia Hamdard, New Delhi on 27-29<sup>th</sup> July, 2022.
  13. Participated as a Delegate in the Technical Session of IASTAM Conclave 2022 held at Convention Center, Jamia Hamdard, New Delhi, India on 29-30<sup>th</sup> July, 2022.
  14. Attended two-days workshop as Basic Course in Educational Methodology conducted by RGUHS in Collaboration with NIUM on 12<sup>th</sup> -13<sup>th</sup> August 2024.
  15. Attended a Three-Days 1<sup>st</sup> ICMR-NITM-KAHER Joint Workshop on Clinical Research in Integrative Medicine from 18<sup>th</sup> - 20<sup>th</sup> November 2024 at Belagavi.
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### *Dissertation Supervision/Co-Supervision*

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S. No	Name of PG Scholar	Title of Dissertation	Status
1.	Abuzar Lari Javeed AH	Efficacy of <i>Hijamat-bila-Shart</i> (Dry Cupping) in <i>Waja-uz-Zahr</i> (Low Back Pain) - An Open Randomized Controlled Clinical Trial	Submitted
2.	Samreen Khan	Effect of Nutool with Roghan-e-Banafsha in Sahar (Primary Insomnia)"	Submitted
3.	Aysha Ansari	Effect of Dalk-i-Layyin Kasir with Roghan-i- Sūranjān in the Management of Waja' uz Zahr (Low Backache) - A Randomized Controlled Clinical Trial	Submitted
4.	Mearaj ul Islam	A Randomized Comparative Clinical Trial on the Effect of <i>Hijāmah bilā Shart</i> versus <i>Dalk-i-Layyin Kathir</i> with <i>Roghan-i-Bābūnah</i> in the management of <i>Waja' ur Rukbah</i> (Knee Osteoarthritis)	Submitted
5.	Nabila Subhan	A Study on Changes of Color and Viscosity of urine of the patients on <i>Munzij Therapy</i>	Submitted

6.	Hina Kouser V	Efficacy of <i>hijāma bish shart</i> in the pain management of <i>waja' ur raqaba</i> (cervical spondylosis) - a randomized controlled clinical trial	Submitted
7.	Umme Ayman	Efficacy of <i>Irsāl -i -Alaq</i> (Leech therapy) and <i>Zimad</i> (Paste) in <i>Taqashshur -i- Jild</i> (Psoriasis): A Comparative Randomised Clinical Trial	Submitted
8.	Mehak Rao	Efficacy of <i>Munzīj wa Mushil-i-Safra</i> and <i>Hijama Bila Shart</i> (Dry Cupping) in the treatment of <i>Usabah</i> (Chronic Tension -Type Headache)	Submitted
9.	Naheed	Efficacy of Dalk-i-Layyin Kathir with Roghan-i-Suranjan in the management of Waja' ul Katif (Frozen Shoulder) - A Randomized Controlled Clinical	Submitted
10.	MD Salman	Effect of Dalk-i-Layyin Kathir (soft and prolonged massage) with Roghan-i-Shibt in Pain management of Waja'ur Rukbah (Knee Osteoarthritis)-A Randomized Controlled Trial	Submitted
11.	Bushra Husain	Efficacy of Hijama bish Shart (Wet Cupping) in Dyslipidemic Hypertension - A Randomized Controlled Clinical Trial	Under Process
12.	Irshad Ahmed Wani	Efficacy of Dalk-i-Mu'tadil with Roghan-i-Laqwa versus Gabapentin in Distal Symmetric Polyneuropathy (DSPN) of Diabetic Origin - A Randomized Controlled Clinical Trial	Under Process
13.	Dwarkeesha Chatrappa	Efficacy of <i>Amal-e-Kai</i> in the management of <i>Irqunnasā</i> - A Randomized Controlled Clinical Trial	Under Process

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**Training / Certificate Course/CME/ Seminar/Conference Conducted:**

1. Conducted a **Two-Months Certificate Course in Cupping Therapy Assistant as Coordinator** from 1st Feb – 31st March 2022, organized by Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru under the Central Sector Scheme for Skill Development under Champion Sector Scheme for Medical Value Trade Launched by AYUSH Development Section, Ministry of AYUSH, Government of India.
  2. Conducted an **Interdisciplinary CME** on Awareness on Sehat-i-Atfal (Children Health) **as Coordinator** on 04.04.2022 organised by National Institute of Unani Medicine Under 75th Azadi Ka Amrit Mahotsav.
  3. Conducted a **One-Day Interdisciplinary CME in Collaboration with NU Hospital** on Contemporary View on Diabetic Complications and their Management **as Coordinator** on 03.09.2022 organized by National Institute of Unani Medicine, Bengaluru.
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4. Conducted a Two-Months **Certificate Course in Cupping Therapy Assistant** as **Coordinator** from 12.01.2023 to 13.03.2023, organized by Dept. of Ilaj bit Tadbeer, National Institute of Unani Medicine, Bengaluru under the Central Sector Scheme for Skill Development under Champion Sector Scheme for Medical Value Trade Launched by AYUSH Development Section, Ministry of AYUSH, Government of India.
  5. Conducted a Workshop on Scientific Writing, Research Integrity & Publication Ethics (Capacity Building Program for PG Guides – a NCISM Initiative) **as Coordinator**, Organized by NIUM, Bengaluru Sponsored by NCISM, New Delhi on 3<sup>rd</sup> to 5<sup>th</sup> December 2024 at NIUM, Bengaluru
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#### [Administrative Activities:](#)

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1. **In-Charge Outsource Services:** Performed the duty of In-Charge Outsource Services from 03.01.2013 to vide vide office order no.- F. No.3-57/2010-17/NIUM/B'lore/Estt Vol-II dated: 03.01.2013.
  2. **In-Charge Resident Medical Officer (RMO):** Served as In-Charge Resident Medical Officer (RMO) from 24.04.2018 to vide office order no.- F. No.3-57/2016-17/NIUM/B'lore/Estt Vol-IV dated: 24.04.2018.
  3. **Coordinator:** Performed the duties of Co-Ordinator as nominated by the Competent Authority for the 3<sup>rd</sup> Foundation Training Program (FTP) for the General Duty Medical Officers (GDMOs) under Central Health Services (CHS) from 24<sup>th</sup>-25<sup>th</sup> September 2018 at National Institute of Unani Medicine, Bangalore vide office order no.- F. No.5-2/2015-16/NIUM/B'lore/ Vol-6 dated: 12.09.2018.
  4. **Coordinator:** Performed the duties of appointed coordinator for sports (Cricket) event vide office order no.- F. No.69-1/2022-23/Admn/NIUM/ dated: 06.02.2023.
  5. **Coordinator:** Conducted two Certificate Courses in Cupping Therapy Assistant in financial years 2021-22 and 2022-23.
  6. **Associate Editor:** Performing the duties of Associate editor for the **NEWSLETTER** of NIUM, Bangalore from 20.06.2022 to till date F. No.54-1/2021-22/ADMN/NIUM/ dated: 20.06.2022.
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7. **Hospital Infection Control Officer:** Performing the duties of hospital infection control officer in compliance of NABH Accreditation from 03.09.2020 to till date vide office order No -F. No.32-1/2020-21/ACD/NIUM/ dated: 03.09.2022.
8. **Deputy Medical Superintendent:** Discharging the duties of Deputy Medical Superintendent of NIUM Hospital from 19.02.2024 to till date vide office order no.50-1/2023-24/admn/NIUM dated 19.02.2024.
9. **In-Charge:** Performing the duties of Incharge committee to look after the work related to AROGYA MELA vide order F.no. 5-2/2022-23/admn/NIUM/Arogya Mela, dated 16.04.2024.
10. **Coordinator:** Conducted a Workshop on Scientific Writing, Research Integrity & Publication Ethics (Capacity Building Program for PG Guides – a NCISM Initiative) as **Coordinator**, Organized by NIUM, Bengaluru Sponsored by NCISM, New Delhi on 3<sup>rd</sup> to 5<sup>th</sup> December 2024 at NIUM, Bengaluru vide order F. No. 29-3/2022-23/Admn/NIUM, dated: 09.05.2024.

#### **Member of Committees:**

1. Performed the duties of a member of **Hospitality Committee and Media & Advertising Committee** for the International Conference on Unani Medicine organized by National Institute of Unani Medicine, Ministry of AYUSH, Govt. of India.
2. Performed the duties of member for organizing the Seminar, Sports and Cultural Program vide office order no.- F. No.69-1/2021-22/ADMN/NIUM dated: 15.02.2022.
3. Performing the duties of member of Consumable Committee of National Institute of Unani Medicine from 01.02.2022 to till date vide office order no.- F. No.50-1/2020-21/Admn/NIUM dated: 01.02.2012.
4. Performed the duties of Member of Hospital Infection Control Committee for NABH accreditation from 15.03.2022 vide office order no.- F. No.32-1/2020-21/ACD/NIUM/ dated: 15.03.2022.
5. Performed duties as a member in the committee for the shooting of documentary of National institute of Unani Medicine vide office order no.- F. No.20-6/2020-21/ADMIN/NIUM/ dated: 27.01.2021.
6. Performed the duties as a member in the Committee for the Preparation of Workflow and

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Functional Requirements for modules to be developed under A-HMIS (Development of Regimenal Therapy (Ilaj-bit-Tadbeer) Modules vide office order no.- F. No.52-6/2020-21/Acd/NIUM/ dated: 20.08.2020.

7. Nominated by the competent authority to attend the training on the topic of Public Health Program vide office order no.- F. No.50-1/2020-21/Admin/NIUM/ dated: 17.07.2020.
8. Performed the duties as a member in the committee constituted for the Population Study of COVID-19 vide office order No - F. No.50-1/2020-21/Admn/NIUM/ dated: 04.05.2020.
9. Performed the duties as a member to prepare the syllabus for MD/MS (Unani) to submit at Guru Gobind Singh Indraprastha University, New Delhi in connection with affiliation of NIUM, Ghaziabad with Guru Gobind Singh Indraprastha University F. No.74-1/2022-23/NIUMGZB/Acd/ dated: 13.03.2023.
11. Performing the duties of a member of the Memorandum of Association (MoU) Cell vide order F. no 50-1/2023-24/admn/NIUM dated 02.07.2024.

#### **Area of Interest:**

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1. Development of skill in Ilaj bit Tadbeer, Musculoskeletal Disorders, Lifestyle disorders, Cupping Therapy, Massage Therapy, Leech Therapy, Hammam, Takmeed etc.
2. Development of SoPs of Regimenal Procedures
3. Publication and exploration of literature of IBT
4. Development of skill in Ilaj bit Tadbeer, Musculoskeletal Disorders, Lifestyle disorders, Cupping Therapy, Massage Therapy, Leech Therapy, Hammam, Takmeed etc.
5. Development of SoPs of Regimenal Procedures
6. Publication and exploration of literature of IBT

#### **Examiners for Institute/University:**

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1. Rajiv Gandhi University of Health Sciences, Bangalore, Karnataka
  2. Delhi University, New Delhi
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3. Kerala University of Health Sciences, Thrissur, Kerala
  4. Madhya Pradesh Medical Science University, Jabalpur, (MP)
  5. Aligarh Muslim University, UP

Date:

Place: Bengaluru

(Dr. Mohd Nayab)