

CV Summary



Name : **Dr. Wasim Ahmad**
Designation : **Associate Professor,**
D/o Kulliyat-i- Tibb, NIUM, Bangalore
Languages Known : **Urdu, Arabic, Hindi & English**
Qualifications : B.U.M.S., M.D.
Thrust Area : Fundamental and Basic Research of Unani medicine
Permanent Address : Kandbhari, Post Biskohar Bazar,
Dist. Siddharth Nagar, UP-272192, India.
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Date of Birth : 22/12/1976
Nationality : Indian
Religion : Islam
Registration Certificate Number: 10042 Bhartiya Chikitsa Parishad, UP
Passport no. : M2387723

Academic Qualifications:

Examination Passed	Year	Board / University / Place	Division
1. Almiat/ Eq. 10+2	1996	Al-Jamiatu-s-Salafiah, Banaras	I
2. BUMS	2003	AMU, Aligarh	I
3. MD (Kulliyāt wa ‘Ilmul Amrāz)	2006	AMU, Aligarh	I
4. Program in Computer Fundamentals & MS office	2005	AMU, Aligarh	
5. Short Course in Educational methodology- on distance learning mode	2014	RGUHS, Bangalore	
6. 03 Months IT Training course for AYUSH professionals	2018	C-DAC, Pune	

Professional Experiences:

Teaching Experience : **15 years**
➤ P G teaching Experience (Lecturer/Assistant Professor) : **12 years**
➤ UG teaching Experience : **02 years 9 months**
➤ Research Experience (SRF & EMR Consultant) : **01 year 02 months**

Topic of Thesis (MD): “*Mukhtalif Amzejah mein Zeyabitus Shakri Qism Doyem ki Taa‘ddudi Tauzī*” “(Frequency and Distribution of Diabetes Mellitus in various Temperament”

Publication and other Experience till Date:

➤ Books Published	04
➤ Chapters published in Books	24
➤ Papers Published	81
➤ Paper Accepted	06
➤ MD Thesis Supervised	14
➤ Abstract published	38
➤ Paper communicated for Publication	06
➤ Paper presented	54
➤ Conference/Workshop attended	34
➤ Workshops / CME / Symposium/ Seminar	26
➤ Resource Person in Training Program/conference/Seminar/Webinar	18
➤ Rapporteur in National Workshop/Seminar	04
➤ Member of the Technical Committee of souvenir	02
➤ Member of the Editorial Board	04
➤ Conference Session Chaired	01
➤ Member of different prestigious committees	03

EMR Projects:

1. EMR project submitted in NCPUL M/o HRD Govt of India for writing terminologies of Kulliyat wa Ilmul Amraz on “Mustalahāt Kulliyāt Tibb”.

Papers presented and abstract published:

- **Wasim Ahmad** ‘Classification of dietary Substances on the Basis of *Arkān* (First-Principle)’ National Seminar on Holistic (*Kulliyāt* Guided) Research in Unani Medicine 24-25 February 2020
- **Wasim Ahmad** “Psychosomatic Disorder in view of Unani system of Medicine” AROGYA WELLNESS EXPO- 2020, 14-18 February 2020, Thrissur Kerala.
- **Wasim Ahmad** “Etiology of *Amraz –e- Sawdawiyya* with special reference to *Amraz-e- Raas*” GLOBAL YOGA FEST 2020, 14-19 February 2020, Thrissur Kerala
- **Wasim Ahmad** “Concept of *Imtila* in Unani medicine” National Seminar on Prevention and Control of Non- Communicable Disease, National institute of Unani Medicine 16- 17 Dec 2019
- **Wasim Ahmad** “Treatment Strategy from *Kulliyāt* to *Moalajāt*” International Conference on Fundamental of Unani Medicine the Basis for Complete Health organized by Dept of Kulliyat F/o Unani medicine, Aligarh Muslim University, Aligarh on 3rd -4th Dec 2019
- **Wasim Ahmad**” Issues and Challenges in regarding Unani System of medicine” in National Conference on Determination of Temperament (*Mizāj*), organized by Dept. of Tashreeh wa Munafeul Aza, AKTC, AMU, Aligarh, 6-7 February 2018
- **Wasim Ahmad** “An Explanation and Elucidation of *Sartān* in Reference to Unani medicine”

International Conference on Unani Medicine (ICUM-16) at National Institute of Unani Medicine
Bengaluru

- **Wasim Ahmad** “*Masail i Khamisa-ek Tahqeeqi Jaiza*” National Seminar on Hakim Ajmal Khan’s Multidimensional Personality and Enduring Contributions 12-13 February 2016 at Jamia Millia Islamia New Delhi
- **Wasim Ahmad**, two days International Seminar on “Role of Physicians, Poets and Writers in the Development of Urdu Language” 12- 13 February 2015, at Jamia Millia Islamia, New Delhi
- **Wasim Ahmad** “Ibn Sina on the Concept of *Hararat-i-Ghariziyah*” in International Seminar on Life & Contribution of Ibn Sina, Ibn Sina Academy of Medieval & Sciences, Aligarh (India)25 – 27 Oct 2014
- Hamiddudin, G. Sofi, **Ahmad W**,” Conceptual Exploration of Bitter Drugs of Plant Origin in Unani Medicine”, Indian Journal of Pharmacology Abstract Book, Indian. Pharmacological Society IPSCON-Bangalore 2013
- **Wasim Ahmad**, “*Khamso Masayal aur Hakim Ajmal Khan*” *Hakim Ajmal Khan ek Tarikh Saaz Shakhsiyat*” 26-27 October ,2011.
- **Wasim Ahmad**, “*Mizaj ek Asri Dayiya*” National Seminar on Mizaj & its implications in Tibb-e-Unani 15th & 16th October 2011.
- **Wasim Ahmad** “*Kulliyat ki Nisaabi Kutub Msaayil aur Hal*” National Seminar on Emerging Trends in the Development of Unani System of Medicine organised by STT College Lucknow, 12-13 March 2011.
- Saud uz Zafar Ali, Md. Zakir, **Wasim Ahmad**, Karimullah Qadri, Md. Idress, Ahmad Yasin, “Urdu Zaban Mein Mufridaat ki Darsi Kutub ki Tasnifee Riwayat- ek Tajziyaati Mutalaa” National Seminar on Emerging Trends in the Development of Unani System of Medicine organized by STT College Lucknow, 12-13 March 2011
- **Wasim Ahmad**, “An importance for maintaining digestive troubles – Eastern UP” National Seminar on Primary Health Practices, Org. by CCRUM (Allahabad Unit) 19-20 June 2010.
- **Wasim Ahmad**, “*Tibb-e-Unani aur Zaban-e-Urdu*” Grand Aid Medical Society, 25th Dec. 2010.
- **Wasim Ahmad** “*Moassesah Mutaleaat ki Tibbi Makhtootat- Ek Mutala*” XXX Int. Seminar of All India Persian Teachers Association organized by dept of Persian, BHU. Varanasi. 12-14 Dec 2009
- **Wasim Ahmad** “A critical discussion of tribal practices with reference to *Al Jame Le Mufridat al Adwiyah wal Aghziyah*” National Seminar on tribal Health and Unani Medicine, organized by CCRUM, New Delhi. 16-17 Nov. 2009.
- **Wasim Ahmad**, “*Kitabul Aghzia Lil Asehha – ek Taaruf*” Workshop of Diet-therapy in Unani Medicine organized by CCRUM, New Delhi, 13th January 2009.
- **Wasim Ahmad**, Khalid Mahmood Siddiqui, Md Khalid Siddiqui, *Mutalaa Janineeyaat ke Tareekhi Marahil- Tibbe Unani ke Khusoosi Hawale se*. Women’s Medicon 2008, Organized by Dept. of

Qabalt wa Amraz Niswan, AKTC Amul Aligarh, 19-20 Dec 2008

- **Wasim Ahmad**, "*Advia Mufrida* in Primitive Arabian Civilization with special Reference to *Tibb e Nabvi*" organized by P.G. Department of *Moalajat*, Jamia tibbiya deoband 16-17th Feb 2008
- **Wasim Ahmad**, "*Prevalence of Diabetes in Aligarh*" Organized by National Conference on Indian Medicine, Maqbool Social Health & Educational Society Aligarh, 12-13 April 2008.
- **Wasim Ahmad** "*Riyazat* an alternate way for Maintaining Health" National Seminar On *Hifzan e Sehat wa Samaji Tibb*, State Unani Medical College Allahabad, 16-17 Feb 2008.
- **Wasim Ahmad**, "*Tafreehul Jinan - Ek Tajziyati Mutala*" organized by "All India Persian Teachers Association (International Session) Musrshidabad West Bengal 27-29 Dec. 2008
- **Wasim Ahmad** "*Ibn Sina and Alqanoon fil Tib*" organized by All India Unani Tibbi Conference Hamdard Manzil Lal Kuan Delhi, 28-30 August. 2007.
- **Wasim Ahmad**, K.Z. Khan "*Ibn-e-Sina and Cardiac Care*" CCRUM, New Delhi, 20-22 March 2007.
- **Wasim Ahmad** "Cardiology with special reference to *Al Qanoon and Al-Adwiyah ulQalbiyah*" International Conference on Holistic Approach of Unani Medicine in Lifestyle Diseases. Organized by PG Dept of Kulliyat Faculty of Unani Medicine AMU, 5-7 Nov. 2007.
- **Wasim Ahmad**, "Importance of Home Remedies in Primary Health Care", National Seminar on Role of Unani Medicine in Primary Health Care with Particular Reference to National Rural Health Mission, Organized by CCRUM at RRIUM, Srinagar 4th July 2007.
- **Wasim Ahmad**, "A Critical Discussion on *Waja-ul-Mafasil* with reference to Humours", Workshop on Rheumatoid Arthritis, Organized By CCRUM, New Delhi, 27-28 August 2007.
- **Wasim Ahmad**, K.Z. Khan, F.S. Sheerani, Aftab Alam "*Development of Pharmacy during Arabic Era*", organized by CCRUM, Department of AYUSH, Govt. of India, New Delhi, 8-11 Feb 2005.
- **Wasim Ahmad**, "*Baqa-e-Sehat Mein Dalak ki Ahmiyat-Wa-Ifadiyat, Tibb-e-Unani ki Roshni Mein*" organized by Dept. Of Kulliyat, A.K.T.C., AMU, Aligarh 2005
- **Wasim Ahmad**, "Role of Sleeping in Maintenance of Health", International Seminar on of Hifzan-e-Sehat avr Maholiyat, organized by Dept. of Hifzan-e-Sehat wa Samaji Tib, A.K.T.C., AMU, Aligarh, 29-30 march, 2005
- Sumra Qadri, **Wasim Ahmad**, "*Al Razi and its illustrated work in medicine*", Organised by CCRUM, Dept. of AYUSH, Govt. of India, 8-11 Feb 2005.
- Rana parveen, Wasim Ahmad, "*Avicenna and importance of Al-Qanoon*", Organised by CCRUM, Dept. of AYUSH, Govt. of India, 8-11 Feb 2005

Papers Published: (81)

- Momin Shehzad Amir, Wasim Ahmad, Sabba Saltanat; Understanding the pathophysiology of

Akhlat(Humour) and their predisposing factors, Journal of Research in Unani Medicine. Jan-June 2022, 11(1), 56-70, ISSN: 2320-8015

- Abdul Malik, **Wasim Ahmad**, Ghulamuddin Sofi, Inter-Rater Judgement analysis for Item Selection in the Development of the Questionnaire to Determine *Mizaj-i-Insani*, Bangladesh Journal of Medical Science Vol. 23, No. 02, April 2024, 429- 437
- Saltanat, S., **Ahmad W.**, Ansari, A.H., Jamal, A. 2024. Evolution of Embryology from Rational Science to Evidence based Science. Res Hist Med, 13(1), pp. 47-62.
- **Ahmad W**, Sofi Gh, Nabi A, Adil Zafar S. Evolution of the Traditional Unani Medicine Research Methodology from Rational Science to the Evidence-based Science. Res Hist Med. 2023; 12(2): 133-144.
- **Wasim Ahmad**, Sadiq Ali, Sidra, Rashida Saadat, *Tibb Unani ka Falsafa i Waba: COVID 19 ke Pas Manzar mein*, Jahan Tibb Vol. 24, (1-4) Jan- Dec. 2022, 77- 90
- Khurshid Alam, **Wasim Ahmad**, Abdul Haseeb Ansari, *Mani'āt Hamal aur Tibb Unani Ek Tafseeli Jaiza*, Tarjuman Tibb, Vol. 9(1-2), Jan. -Dec. 2022, 124- 129
- Sadiq Ali, Moh. Arshad Jamal, **Wasim Ahmad**, Sidra Abid Ali Ansari, *Sudadi Amraz ka Unani Nuqta Nazar: Ek Mutala*, Tarjuman Tibb, Vol. 9(1-2), Jan. -Dec. 2022, 83- 99
- Moh. Arshad Jamal, Faizan Barkati, Sadiq Ali, **Wasim Ahmad**, MD Shahid Raza *Urdu Shayeri mein Ilmun Nabd ke Mashmoolat*, Tarjuman Tibb, Vol. 9(1-2), Jan. -Dec. 2022, 74- 82
- **Wasim Ahmad** Prof Ghufran Ahmad ke Tahqeeqi Imtiyazat, Tarjuman-e- Tib, ISSN 2454-4507 Vol.08 Issue 1- 2 National Institute of Unani Medicine Jan- Dec 2021, 91- 97
- Tahseen Nesragi, **Wasim Ahmad**, SM Shadab Kazmi, Saba Imran, Diagnosis of Diseases based on *Alamat i Ghalba i Dam*, Journal of Research in Unani Medicine. Jan-June 2021, 10(2), 56-63, ISSN: 2320-8015
- Mohammad Zakir, Mohd Naushad, **Wasim Ahmad**, Tasleem Ahmad, Syeda Hajra Fatima, Md Aftab Alam, Ghazala Javed, Khamira Banafsha for the symptomatic treatment of Covid-19 Disease Bangladesh Journal of Medical Science, Vol. 21(4) 2022, ISSN- 2076-0299, Pp917-926
- Sana Kausar, Mohd Zulkifile, **Wasim Ahmad**, Tariq Nadeem Khan *Nafsani Amraz mein Khilte Safra ka kirdaar: ek Tajziyati Mutali'a*, Jahan-e-Tibb ISSN: 0974-1372, 23(1-4), Jan- Dec 2021, 58-62
- A Rahman, **Wasim Ahmad**, G Sofi, Mohd Zulkifile “Dynamics of Arkan-e-Arb'a for understanding of life in animate things” Hippocratic J. Unani Med. ISSN: 0974-1291, 16(1): 1 -12, 2021
- **Wasim Ahmad**, Ghulamuddin Sofi, Md Anzar Alam*, Mohd Zulkifile and Bilal Ahmad Understanding Holism in the light of Principle Underlying Practice of Unani Medicine, DE Gruyter <https://doi.org/10.1515/reveh-2021-0009> Received January 20, 2021; April 19, 2021; published online May 13, 2021, pp 1-11
- Saher, Syeda Kharshiya; Mohd Zulkifile; **Wasim Ahmad**; Tariq Nadeem Khan, The Concept of Black Bile, and Its Importance in Maintenance of Health: International Journal of Health Sciences and Research (www.ijhsr.org), ISSN: 2249-9571, 11(4) April 2021, 106-111

- Mohammad Kaleem, Mariyam Perwaiz, Shuza Mohammad Noor, Abdul Rasheed O Abdul Rahman, **Wasim Ahmad**, Fahad A Al-Abbasi, Vikas Kumar, Mohammad Ajmal Kamal, Firoz Anwar, Epigenetics of Triple-negative breast cancer via natural compounds: *Curr Med Chem*, 2021 Jul 7. Doi:10.2174/0929867328666210707165530.
- Sadaf Afreen, **Wasim Ahmad**, Obaidur Rahman, Azizur Rahman, Abid Ali Ansari, Iftikhar Ahmad, Understanding of *Quwā* (power) in the perspective of Unani system of medicine: A review, *Journal of Biological & Scientific Opinion*, Vol.9(2),2021, ISSN 2321-6328, DOI: 10.7897/2321-6328.092141
- Khan Nazia Zubair, Shaikh Saleem Ahmad, **Wasim Ahmad**, Mohd Zulkifle, Shahnawaz, Resources of *‘Ilmul Amraaz* during early Abbasid Caliph (7th-9th C.E.) up to the Work of Al Razi, *Bangladesh Journal of Medical Science*, Vol. 20(2) April 2021, ISSN- 2076-0299, Pp228-233
- **Wasim Ahmad**, Sayed Tauleha, Mohammad Zulkifle, Ghulamuddin Sofi, Role of Unani medicine in Prevention and Treatment of *Waba* (Epidemics) including COVID-19: A Review, *European Journal of Cell Science* Vol.02, Issue 01, Pp.01-09(2020)
- **Wasim Ahmad**, Nihal Ahmad, “*Tibb Unani mein Falsaf i Ghiza*”, *Jahan Tibb* ISSN: 0974-1372, Vol. 17-21 July 2015-Dec2019 pp 41-45
- Dr Md. Naushad Alam, Md Anzar Alam, **Wasim Ahmad**, Arshaan A Horti, Mohd Aleemuddin Quamri and Ghulamuddin Sofi “Condition, Causes, and type of *Imtizaj* determine the quality of Life: An Appraisal’ *Journal of Medicinal Plants Studies* 2020;8(3): 136-140, ISSN (E): 2320-3862
- Khurshid Alam, S Nafis Bano, **Wasim Ahmad**, Abdul Azeez “*Riza’at- Ahmiyat wa Ifadiyat’ Nawa-e- Tib wa Sehat*”, ISSN2348-9669, Vol.29(2), April- June 2020, 34-38
- **Wasim Ahmad** “*Ilm Tib ka Aaghaz wa Irtiqā*” *Sada’ye Haq*”, Nov. 2020, Vol.1(1), Nov. 2020, 20 -20
- **Wasim Ahmad**, Mohd Zulkifle, Hamiduddin, Sadaf Aafreen, Obaidur Rahman, Explanation and Elucidation of Cancer in Reference to Greeko Arabic Literature, *Bangladesh Journal of Medical Science*, Vol. 18(2) April 2019, ISSN- 2076-0299, Pp178-183
- **Wasim Ahmad**, Naseebullah, Shaikh Saleem Ahmad, Khursheed Alam, Abdul Haseeb Ansari; *Murawwija Tashreehi Istilahat- Kitab al Kulliyat ke Hawale se: Tarjuman-e- Tib*, ISSN 2454-4507 Vol.5-6, Issue 2,1- 2 National Institute of Unani Medicine July 2018- Dec 2019, 10-16
- Abdul Mubeen, Abdul Haseeb Ansari, **Wasim Ahmad**; *Al Qanoon fit Tibb- Anaween wa Mazameen ka Ta’arufi Jaiza* : *Tarjuman-e- Tib*, ISSN 2454-4507 Vol.5-6, Issue 2,1- 2 NIUM, July 2018- Dec 2019, 32-40

- Saima Saleem, Abdul Haseeb Ansari, Ayesha Ansari, Mohd Zulkifle, **Wasim Ahmad** ; *Ghizai Sifarishat Unani Tibb mein Ilaj ki ek Aham Tadbeer*; Tarjuman-e- Tib, ISSN 2454-4507 Vol.5-6, Issue 2,1- 2 National Institute of Unani Medicine July 2018- Dec 2019, 49-55
- Abdul Azeez, Khursheed Alam, **Wasim Ahmad**, Abdul Haseeb Ansari; *Unani Usool Ilaj par ek Tayerana Nazar*: Tarjuman-e-Tib, ISSN 2454-4507 Vol.5-6, Issue 2,1- 2 National Institute of Unani Medicine July 2018- Dec 2019, 68-74
- Mohammad Shiraz, **Wasim Ahmad**, Khursheed Alam, Abdul Haseeb Ansari, Mohammad Zakir, Abdul Azeez Faris, Nikhat Shaikh; *Tanqiya Malūmat avr Unani Tibb – Zarurat avr Imkanat*: Tarjuman-e-Tib, ISSN 2454-4507 Vol.5-6, Issue 2,1- 2 National Institute of Unani Medicine July 2018- Dec 2019, 90-98
- Momin Shahzad Aamir, **Wasim Ahmad**, “Why Did the Theory of *Akhlāt* Put Forward” Hippocratic Journal of Unani Medicine. 13(1), 25-32, 2018, ISSN: 0974-1291
- Nihal Ahmad, **Wasim Ahmad**, Mohd Zulkifle, Unani Classification of Dietary Substances on the Basis of Primary Constituents, Hippocratic Journal of Unani Medicine, ISSN:0974-1291 12(04), 33-78, 2017
- **Wasim Ahmad**, Amanullah “*Mabadiyat Tib ki Tafheem wa Tahqeeq- ek ‘Asri Daa’iya*” Jahan-e Tib: CCRUM, New Delhi ISSN: 0974-1372, Oct-Dec 2020, Vol 22, Issue 04, pp18-23
- Ansari Abdul Waqqas, Mohd Zulkifle, **Wasim Ahmad**, A Philosophical study on *Fi’l Jima* (The act of Copulation), International Journal of Health Science and Research Vol.08, Issue 09, Sep 2018,239-242, ISSN: 2249-9571
- Khan Nazia Zubair, Shaikh Saleem Ahmad, **Wasim Ahmad**, Mohd Zulkifle, Ancient Literary Sources of *Ilmul Amraz* (Pathology) on Unani Medicine, Journal of Research in Unani Medicine. Jan-June 2018, 7(1), 52-58, ISSN: 2320-8015
- Momin Shahzad Aamir, Mohd Zulkifle, **Wasim Ahmad**, Abul Irfan, Interpretation and Explanation of Definition of *Akhlāt*(Humour) Proposed by Greco- Arabic Physician, Journal of Research in Unani Medicine. Jan-June 2018, 7(1), 38-41, ISSN: 2320-8015
- **Wasim Ahmad**, Mohd Zulkifle, G.Sofi, *Kulliyat aur Moalajat ke Ma bain Rabt*, Tarjuman Tib, Vol.3-5, Issue 1-2, Jan 2016-June 2018,11-15, ISSN: 2454-4507
- Tariq Nadeem, M. Zulkifle, **Wasim Ahmad**, Fateh Ali Tipu ‘Shanakht Mizaj Insani mein Aaza i Badan ki Ahmiyat’ Tarjuman Tibb, Jan- Dec 2018, ISSN 2454-4507
- Mohd Nasiruddin, Mohd Zulkifle, **Wasim Ahmad**, Yashmin Khan ‘The *Concept of Tabī’āt* in Unani System of Medicine’ Hippocratic Journal of Unani Medicine vol.12(2), 1-8, April- June 2017 CCRUM, New Delhi, ISSN 0974-1291
- Nihal Ahmad, **Wasim Ahmad**, M Zulkifle, G Sofi “Understanding of diets and its mechanism

of action in the perspective of Unani medicine” Unani Medicus 4(1), Jan- June 2017,84-90, ISSN: 2230-8083

- Azizur Rahman, **Wasim Ahmad**, Mohd. Zulkifle, G.Sofi ‘Interplay of *Arkan Arba* – An Understanding towards the basic Design of Natural Substances as Discussed in Unani Medicine’ Hippocratic Journal of Unani Medicine vol.12(1), 11-19, 2017 CCRUM, New Delhi, ISSN 0974-1291
- **Wasim Ahmad**, MK Khaiser Rabee, Mod Zulkifle ‘Arab and Muslim Contributions to Medicine and Research- A Review’ Bangladesh Journal of Medical Sciences vol.16 No.03 July 17, 339-345, ISSN 2076-0299 (electronic), 2223-4721(print)
- **Wasim Ahmad** ‘*Urdu Zaban wa Adab aur Tibb*’ Urdu Duniyah Feb 2017 vol.19, Issue 02, ISSN 2249-0639, 62-63
- **Wasim Ahmad**, Mohd Zulkifle ‘A Conceptual Exploration of *Hararat Gharizia*’ Unani Medicus, ISSN: 2230-8083, AKTC, AMU Aligarh Jan – Dec 2016, 3(1) 71-75
- Hamiduddin, Akhtar Ali, **Wasim Ahmad**” Evolution of Cosmetics & Cosmeceuticals in Unani Medicine- A Historical Perspective” Journal of Research in Unani Medicine: NIUM, July- Dec. 2016, 5(2), 72-83 ISSN 2320-8015
- Nihal Ahmad, **Wasim Ahmad**, Mohd Zulkifle, Tariq Nadeem Khan ‘*Surat Mizaj aur Quwa ke Mabain Ta’alluq*’ Tarjuman Tibb ISSN 2454-4507 vol.2, Issue 02 National Institute of Unani Medicine July- Dec 2015, 32-38
- **Wasim Ahmad**, M Qaiser Rabi, Mohd Zulkifle, Hamiduddin ‘*Hararat Gharizia ek Tahqeeqi mutali’a*’ Tarjuman Tibb ISSN 2454-4507 National Institute of Unani Medicine vol.2, Issue 02 July- Dec. 2015, 32-38
- Peer Abdul Wahid, Khaiser Rabee, Basharat Rashid, **Wasim Ahmad**, Understanding Migraine(*Shaqqeqah*) in Unani Perspective: An Overview. Research and Reviews Journal of Unani, Siddha and Homeopathy, vol.3, issue 01 ISSN 2394-1960, RRJoUSH 2016 1-4@STM Journal 2016.
- Khaisar Rabee, Mohd. Zulkifle, Shariq Shamsi, **Wasim Ahmad**, Tarique Nadeem Khan, Abu Bakar” Validation of *Mizaj* of The Heart by determining the Ash Value of Vital Organs of three Species”, Medical Journal of Islamic World Academy of Sciences, vol.24,(1), Jan 2016, Ankara Turkey, pp 14-19
- Mohammad Asif Siddiqui, Mohammad Khalid, Khan Naziya Zubair, Mohd. Zulkifle, **Wasim Ahmad**,’ “*Nazariyah Aqleem Aur Mizaj - ek Jaizah*” Tarjuman e Tib, vol.2, issue1, Jan-June 2015, NIUM Bangalore. pp29-33.
- **Wasim Ahmad**, Mohd Zulkifle, Tarique Nadeem,”The Explanation and Elucidation of Concept

of Humours, Journal of Research in Unani Medicine, vol 3,issue1,Jan-June 2014,NIUM,Banglore, 50-54

- **Wasim Ahmad**, Tarique Nadeem, Abdul Aziz, Hasib “Ansari,*Al Quwatut Tabiyah ek Ta’aruf*”, Tarjuman e Tib: NIUM,2014, vol 1, issue1, ISSN 2454-4507 61-64
- Saud uz Zafar Ali,**Wasim Ahmad**, Tarannum, Merajul Haque,” A Critical Review of Some Unani Topical Dosage Forms-with Special Reference to their Bases and the Procedures used to Formulate them”, Hippocratic Journal of Unani Medicine, Vol. 9(1):15-22,2014 ISSN 0974-1291.
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- Md Tanwer Alam, Abdul Haseeb Ansari, **Wasim Ahmad**, Aisha Perveen “Pain: Concept and Description in Unani System of Medicine,” International Journal of Traditional and Herbal Medicine, Vol., 1(5), 147-153, 2013.
- Bilal Ahmad, Mahboobus Salam,**Wasim Ahmad**, “A Manuscript on Food And Drink from Khuda Baksh Oriental Public Library India”, Journal of Research in Unani Medicine, Vol. 2(2),July-December,2013.49-51ISSN 2320-8015.
- **Wasim Ahmad**, Hamiduddin, Tariq Nadeem, Abdul Aziz, Mohd Zulkifl e,” Unani Medicine in Arabian Era- A Research Perspective”, Journal of Research in Unani Medicine: NIUM, Vol. 2(1), Jan-June,2013.74-85 ISSN 2320-8015.
- Aisha Aijaz, **Wasim Ahmad**, “A Study to Test the Applicability of the General Unani Instructions for Obesity Management”, Journal of Research in Unani Medicine, Vol. 2(1), Jan-June,2013.46-51 2320-8015
- Bilal Ahmad, Mahboobus Salam, **Wasim Ahmad**, “A Persian Manuscript of Early Mughal Period on Fasd”, Journal of Research in Unani Medicine, Vol. 2(1), Jan-June,2013.62-64 ISSN 2320-8015
- **Wasim Ahmad** (Mubassir), Moalajat, Vol-I, *Amraz-e Nizam Aasab Dawran-e Khoon wa Tanaffus*’ Author-Waseem Ahamad Azmi, Published by Urdu Dunya, NCPUL, Ministry of Languages; May 2013, 72-73
- **Wasim Ahmad**, Amanullah, Ahamad Sayeed ‘*Nazriya-e Mizaj Chand Tahqeeqi Nikat*’ Jahan-e Tibb, Vol-14 (1), July-Sep 2012,33-36
- Ashfaque Ahmad, Ala Narayan, **Wasim Ahamad** ‘An Account of some plants and Unani Drugs cited in the Texts of Islamic Scriptures (Holy Quran and Ahadith)’ Hippocratic Journal of Unani Medicine, Vol-7 (3); July-Sep 2012, 1-24
- **Wasim Ahmad** (Mubassir), *Mahiyat ul Amraz*, Author-Asad Raza Zaidi, Published by Urdu

Dunya, NCPUL, Ministry of Languages; Nov 2012, 68-70 Vol 14 (11) ISSN 2249-0639

- **Wasim Ahmad**, (Mubassir), Unani Dawasazi, Author-Mohammed Mastan Ali, Published by Urdu Dunya, NCPUL, Ministry of Languages; June 2012, 71-72 Vol 14 issue 06, ISSN 2249-0639
- **Wasim Ahmad**, Ahmad Sayeed, Amanullah, Sauooduz Zafar Ali “*Dawaon Ki Daryaft-wa-Mutaleaat Mein Qabaili Tariqa, Ilaj Ki Ahmiyat Aur Tariqa-e-Kar – Ibne Baitar Ke Hawale Se*”, **Uni-Med** Kulliyat combined special issue 2009-2012,17-25 ISSN 2249-5703
- Sadia Ayub, **Wasim Ahmad** “Review on Falling of Hairs, Dandruff and its Care – A Unani Perspective” “Hippocratic Journal of Unani Medicine”, Oct. – Dec. 2010, 15-26
- **Wasim Ahmad**, K.Z. Khan, “Cardiology with Special Reference to *Al-Qanoon fil Tib* and *al Advia tul Qalbia*” Journal of International Society for History of Islamic Medicine, No. 11. July 2010,2-6
- **Wasim Ahmad**, Ahmed Yasin, Yusuf Jamal, Saud-uz-Zafar, “*Mutali‘Janeeniyat Ke Tareekhi Marahil,*” “Jahan-e-Tib” Jan-March 2010,42-48 ISSN 0974-1372
- **Wasim Ahmad**, Ahmed Yasin, Yusuf Jamal, Saud-uz-Zafar, “*Mousmi Taghayyurat Aur Atfaal,*” “Jahan-e-Tib” (Zachcha Bachcha Number) Apr-June 2010,152-158
- Khalid Zaman Khan, **Wasim Ahmad**, “*Kulliyat-e-Tib ke Irteqai Advar*” Tahzibul Akhlaq Jan 2009,44-47 28(02) ISSN 2348-2257
- K.M. Siddiqui, **Wasim Ahmad**, M.K. Siddiqui, “*Unani Adviya ke Mizaj ke Tayyun ka Naya Tariqe kaar*” Jahan-e-Tibb, Jan-March, 2009,30-37 ISSN 0974-1372
- B.D. Khan, Fakhre Alam, **Wasim Ahmad** “*Nau Buqratiyat-Ek Asri Daaiya*”, “Jahan-e-Tibb” Jan-March, 2009,57-62 ISSN 0974-1372
- Saud-uz-Zafar Ali, **Wasim Ahmad**, Badar Iqbal,Md.Idris,Ahmad Yasin, “*Zakheera Khawarizim Shahi ka Tajziayti Mutala- Ilmul Advia Ke Hawalay sey*” Unimed Oct 2008, March 2009,9-13 ISSN 2249-5703
- **Wasim Ahmad**, Md. Khalid Siddiqui, Khilaid Mahmood Siddiqui, Khalid Zaman Khan “*Ziabetes -ek Tarikhi Jaiza* ” in April-June 2008 "Jahan e Tib " CCRUM New Delhi,55-60 ISSN 0974-1372
- **Wasim Ahmad**, Khalid Zaman Khan *Risala Tabai‘ wal Khawās wa Manafi‘ al Aghziya lil Asehha- ek Tanqidi wa Tajziyati Mutala‘*” Jahan e Tib (*Ghiza No*). Oct. to Dec. 2008,157-162 ISSN 0974-1372
- **Wasim Ahmad**, Saud-uz-Zafar, Khalid Zaman Khan “*Moassisa Mutalaate Islami Ki Matbuaat Ka Ek Taaruf*” “Unimed” 4(1), Apr-Sept 2008,9-16 ISSN 2249-5703
- Saud-uz-Zafar Ali, Kunwar Mohammad Yusuf Ameen, Naem Ahamd Khan, Ghufraan Ahamd,

Wasim Ahmad, Ahmad Yasin “*Marham Zimad Aur Tila Doroon Jild Nufooz aur Asaas ke Tanaazur Mein*” Unimed” 4(1), Apr-Sept 2008,17-22 ISSN 2249-5703

- **Wasim Ahmad**, “*Maholiyati Aloodgi aur Islam*” in “*Tahzibul Akhlaq*”,26(6), June 2007, A.M.U., Aligarh,19-22 ISSN 2348-2257
- **Wasim Ahmad**, Khalid Zaman Khan “*Shaikhookhat Ek Tabai aur Fitri Lazima*’ Jahane Tibb: CCRUM 9(1), July-September 2007,9(1),38-42 ISSN 0974-1372
- **Wasim Ahmad**, Ahmad Saeed, FS Sheerani, KZ Khan “Improvement of Insulin Sensitivity with the help of Diet- A concept of Dietotherapy (Ilaj Bil Ghiza)” *Hamdard Medicus: Pakistan*,XLIX(4) July-Sept, 2006,85-87
- **Wasim Ahmad**, FS Sheerani, K.Z. Khan, Aftab Alam “Treatment of Diabetes Mellitus through Holistic Approach’ *Uni- Med*” Vol. I Issue-2, Oct-March 2005-06, 20-22
- **Wasim Ahmad**, FS Sheerani, K.Z. Khan “*Unani Tib ke Faroogh mein Ghair Muslim Atibba ka Kirdar*”, “*Uni-Med*” Vol-I Issue-2, Oct-March 2005-06,1-3 ISSN 2249-5703
- **Wasim Ahmad**, Khalid Zaman Khan “*Ali-Ibne-Abbas Majoosi Aur Amraze Niswan*” in “*Nawa-e- Tib wa Sehat*” Vol.1(2), ISSN2348-9669, Oct-Dec.2005,20-22
- **Wasim Ahmad**, “*Zahrawi as an Unforgettable Surgeon* “*Aine-Tib*”(Platinum Jubilee), 2004. A.K.T.C., AMU, Aligarh,69-71

Papers presented and abstract published:

- **Wasim Ahmad** Brainstorming workshop on Development of Mizaj Assessment Tools at CCRUM on 13 June, 2024. A Talk delivered on “**Basics of Unani Medicine**” & “**Disease Challenges from Day-to-Day Life**” on the occasion of Unani Day Celebration on 11.02.2024 from the AYUSH, Indrawati Bhawan, Nawa Raipur, Atal Nagar, Govt of Chhattisgarh.
- A Talk delivered in **One Day National Seminar on Combating Lifestyle with Unani medicine with the theme of “Unani Medicine for Healthy Living”**, Feb. 01, 2024 at Regional Research Institute of Unani Medicine, Chennai Tamil Nadu.
- A Talk delivered in **3 DAYS STATE LEVEL AROGYA FAIR**, organised by District administration, Mon: Nagaland held from 6th- 8th January 2024.
- A Talk delivered in **PG Orientation Programme Samskara 2023-24** conducted by Govt. Unani Medical College & Hospital, Bengaluru, as per direction of National Commission for Indian System of Medicine, M/o AYUSH, Govt. of India, scheduled on 21.12.2024.
- A Talk delivered on “**An Exploratory Study on Unani Drugs and some other Herbs Cited in the Texts of Islamic Scriptures - Holy Quran and Ahadith**” in International Conference on Scientific Exploration and Understanding of Tibb-e-Nabavi “Unani Medicine for Healthy Living, Dec. 11th – 12th 2023 at Mohammadia Tibbia College & Assayer Hospital, Mansoor Malegaon Dist. Nashik, Maharashtra.
- Attended a conference on National conference on Scientific Writing for Unani Teachers held on 20th & 21th September 2023, organised by Department of Tahaffuzi wa Samaji Tib, National Institute of Unani Medicine, Bengaluru.
- Delivered a talk as Guest Speaker in 15 Days “**TRANSITIONAL CURRICULUM**” program in the PG orientation program ‘Transformation to proficient scholar’ session (2022- 23) organized by Govt. Unani

Medical College and Hospital, Bangalore, on 18.05.2023.

- Delivered a talk as Guest Speaker in 15 Days “TRANSITIONAL CURRICULUM” program for the Ist Professional Batch 2022- B.U.M.S. “Basic of Akhlat and Mizaj” organized by Govt. Tibbi College & Hospital, Patna, Bihar on 31.03.2023 Time 11AM – 12Noon
- Delivered a talk as Guest speaker for the Induction programme and Transitional Curriculum on the topic “Method of collecting classical references and their significance in Unani System of medicine” at Govt Unani Medical College, Govt of Karnataka, Dept of AYUSH on 24.02.2023 from 12: Noon to 1:00 PM.
- Delivered a talk as Guest speaker for the Induction programme and Transitional Curriculum on the topic “**Urdu and Arabic Language Orientation**” at Govt Unani Medical College, Govt of Karnataka, Dept of AYUSH on 21.04.2022 from 10: AM to 11:00 AM and on 25.04.2022 from 11:00 AM to 12: PM
- Invitation as a Guest speaker for Azadi ka Amrit Mahotsav on the topic “Concept of Waba(epidemics) from the Unani Literature and understanding of COVID-19 in reference to existing literature” at Govt. Tibbi College & Hospital, Patna on 09.04.2022 from 11: AM to 12:30 PM
- Invitation as Guest speaker in Webinar organized by and Transitional curriculum on the topic “Understanding of Akhlat and their Scientific approaches” at RRIUM Bhadrak on 26.02.2022 during Scientific week 2022- “Vigyan Sarvata Pujyate”.
- Invitation as Eminent Speaker in National Seminar (Virtual) “Concept of Akhlat as per the Modern Medical Parameters” on the topic “Akhlat ki Tafheem aur Uski ‘Asri Ma‘nawiyat” at PG Department of Kulliyat Govt. Tibbi College & Hospital, Patna on 11 & 12 Feb. 2022
- Invitation as a Guest speaker for Falsafa Akhlat balihaz Ḥalāt Badan on the topic “**Concept of Suddah in perspective of Unani system of medicine**” at Dept of Kulliyat Tib, National Institute of Unani Medicine, Bangalore on 19 Feb. 2022
- Invitation as a Guest speaker for Fundamental aspects of Unani medicine on the topic “**Hypertension in the viewpoint of Unani System of medicine**” at National Research Institute of Unani Medicine for Skin Disorders, Hyderabad on 31 Jan. 2022
- Invited for the Presentation of a paper on “Contribution of medicine by Arab Scholars” at the International Forum, University of Sharjah UAE, 2014
- Invited as Guest Speaker for Celebration of One Year National Education Policy (NEP) # Transforming Education Re-orientation program on “Research Innovation & Ranking” by Govt Unani Medical College & Hospital, Bangalore on 09.08.2021
- Delivered a lecture in 15 Days (8th -29th April 2021) “TRANSITIONAL CURRICULUM” program for the Ist Professional- B.U.M.S. “Evolution of medicine down through the ages” organized by Govt. Tibbi College & Hospital, Patna, Bihar
- Keynote Speech on Psychosomatic disorder in view of Unani System of Medicine, at Arogya Wellness expo-2020, Universal Yoga Consciousness,14- 18 Feb 2020, Thrissur Kerala
- Keynote Speech on Etiology of *Amraz-E-Saudaviyah* with special reference to Amraz-e-Raas, at Global Yoga Fest 2020, Universal Yoga Consciousness, 14- 18 Feb 2020, Thrissur Kerala.

- Workshop on Medical astrology “An integral part of prevention, diagnosis and therapeutics of diseases by IIK of Apex professional university, Arunachala Pradesh, 08.01.2020
- Invited as Guest Speaker for Training of Unani Doctors in Regimenal Therapy under NRHM program 2012-2013, Department of AYUSH, Govt. Of Karnataka, 15th -29th Nov. 2012 at GUMC, Bangalore.
- **Wasim Ahmad** ‘Classification of dietary Substances on the Basis of *Arkān* (First-Principle)’ National Seminar on Holistic (*Kulliyāt* Guided) Research in Unani Medicine 24-25 February 2020
- **Wasim Ahmad** “Psychosomatic Disorder in view of Unani system of Medicine” AROGYA WELLNESS EXPO- 2020, 14-18 February 2020, Thrissur Kerala.
- **Wasim Ahmad** “Etiology of *Amraz –e- Sawdawiyya* with special reference to *Amraz-e- Raas*” GLOBAL YOGA FEST 2020, 14-19 February 2020, Thrissur Kerala
- **Wasim Ahmad** “Concept of *Imtila* in Unani medicine” National Seminar on Prevention and Control of Non- Communicable Disease, National institute of Unani Medicine 16- 17 Dec 2019
- **Wasim Ahmad** “Treatment Strategy from *Kulliyāt* to *Moalajāt*” International Conference on Fundamental of Unani Medicine the Basis for Complete Health organized by Dept of Kulliyat F/o Unani medicine, Aligarh Muslim University, Aligarh on 3rd -4th Dec 2019
- **Wasim Ahmad**” Issues and Challenges in regarding Unani System of medicine” in National Conference on Determination of Temperament (*Mizāj*), organized by Dept. of Tashreeh wa Munafeul Aza, AKTC, AMU, Aligarh, 6-7 February 2018
- **Wasim Ahmad** “An Explanation and Elucidation of *Sartān* in Reference to Unani medicine” International Conference on Unani Medicine (ICUM-16) at National Institute of Unani Medicine Bengaluru
- **Wasim Ahmad** “*Masail i Khamsa-ek Tahqeeqi Jaiza*” National Seminar on Hakim Ajmal Khan’s Multidimensional Personality and Enduring Contributions 12-13 February 2016 at Jamia Millia Islamia New Delhi
- **Wasim Ahmad**, two days International Seminar on “Role of Physicians, Poets and Writers in the Development of Urdu Language” 12- 13 February 2015, at Jamia Millia Islamia, New Delhi
- **Wasim Ahmad** “Ibn Sina on the Concept of *Hararat-i-Ghariziyah*” in International Seminar on Life & Contribution of Ibn Sina, Ibn Sina Academy of Medieval & Sciences, Aligarh (India)25 – 27 Oct 2014
- Hamiddudin, G. Sofi, **Ahmad W,**” Conceptual Exploration of Bitter Drugs of Plant Origin in Unani Medicine”, Indian Journal of Pharmacology Abstract Book, Indian. Pharmacological Society IPSCON-Bangalore 2013
- **Wasim Ahmad**, “*Khamso Masayal aur Hakim Ajmal Khan*” *Hakim Ajmal Khan ek Tarīkh Saaz*

Shakhsiyat” 26-27 October ,2011.

- **Wasim Ahmad**, “*Mizaj ek Asri Dayiya*” National Seminar on Mizaj & its implications in Tibb-e-Unani 15th & 16th October 2011.
- **Wasim Ahmad** “*Kulliyat ki Nisaabi Kutub Msaayil aur Hal*” National Seminar on Emerging Trends in the Development of Unani System of Medicine organised by STT College Lucknow, 12-13 March 2011.
- Saud uz Zafar Ali, Md. Zakir, **Wasim Ahmad**, Karimullah Qadri, Md. Idress, Ahmad Yasin, “Urdu Zaban Mein Mufridaat ki Darsi Kutub ki Tasnifee Riwayat- ek Tajziyaati Mutalaa” National Seminar on Emerging Trends in the Development of Unani System of Medicine organized by STT College Lucknow, 12-13 March 2011
- **Wasim Ahmad**, “An importance for maintaining digestive troubles – Eastern UP” National Seminar on Primary Health Practices, Org. by CCRUM (Allahabad Unit) 19-20 June 2010.
- **Wasim Ahmad**, “*Tibb-e-Unani aur Zaban-e-Urdu*” Grand Aid Medical Society, 25th Dec. 2010.
- **Wasim Ahmad** “*Moassesah Mutaleaat ki Tibbi Makhtootat- Ek Mutala*” XXX Int. Seminar of All India Persian Teachers Association organized by dept of Persian, BHU. Varanasi. 12-14 Dec 2009
- **Wasim Ahmad** “A critical discussion of tribal practices with reference to *Al Jame Le Mufridat al Adwiyah wal Aghziyah*” National Seminar on tribal Health and Unani Medicine, organized by CCRUM, New Delhi. 16-17 Nov. 2009.
- **Wasim Ahmad**, “*Kitabul Aghzia Lil Asehha – ek Taaruf*” Workshop of Diet-therapy in Unani Medicine organized by CCRUM, New Delhi, 13th January 2009.
- **Wasim Ahmad**, Khalid Mahmood Siddiqui, Md Khalid Siddiqui, *Mutalaa Janineeyaat ke Tareekhi Marahil- Tibbe Unani ke Khusoosi Hawale se*. Women’s Medicon 2008, Organized by Dept. of Qabalt wa Amraz Niswan, AKTC Amul Aligarh, 19-20 Dec 2008
- **Wasim Ahmad**, “*Advia Mufrida* in Primitive Arabian Civilization with special Reference to *Tibb e Nabvi*” organized by P.G. Department of *Moalajat*, Jamia tibbiya deoband 16-17th Feb 2008
- **Wasim Ahmad**, “*Prevalence of Diabetes in Aligarh*” Organized by National Conference on Indian Medicine, Maqbool Social Health & Educational Society Aligarh, 12-13 April 2008.
- **Wasim Ahmad** “*Riyazat* an alternate way for Maintaining Health” National Seminar On *Hifzan e Sehat wa Samaji Tibb*, State Unani Medical College Allahabad, 16-17 Feb 2008.
- **Wasim Ahmad**, “*Tafreehul Jinan - Ek Tajziyati Mutala*” organized by “All India Persian Teachers Association (International Session) Musrshidabad West Bengal 27-29 Dec. 2008
- **Wasim Ahmad** “*Ibn Sina and Alqanoon fil Tib*” organized by All India Unani Tibbi Conference

Hamdard Manzil Lal Kuan Delhi, 28-30 August. 2007.

- **Wasim Ahmad**, K.Z. Khan “*Ibn-e-Sina and Cardiac Care*” CCRUM, New Delhi, 20-22 March 2007.
- **Wasim Ahmad** “Cardiology with special reference to *Al Qanoon and Al-Adwiyah ulQalbiyah*” International Conference on Holistic Approach of Unani Medicine in Lifestyle Diseases. Organized by PG Dept of Kulliyat Faculty of Unani Medicine AMU, 5-7 Nov. 2007.
- **Wasim Ahmad**, “Importance of Home Remedies in Primary Health Care”, National Seminar on Role of Unani Medicine in Primary Health Care with Particular Reference to National Rural Health Mission, Organized by CCRUM at RRIUM, Srinagar 4th July 2007.
- **Wasim Ahmad**, “A Critical Discussion on *Waja-ul-Mafasil* with reference to Humours”, Workshop on Rheumatoid Arthritis, Organized By CCRUM, New Delhi, 27-28 August 2007.
- **Wasim Ahmad**, K.Z. Khan, F.S. Sheerani, Aftab Alam “*Development of Pharmacy during Arabic Era*”, organized by CCRUM, Department of AYUSH, Govt. of India, New Delhi, 8-11 Feb 2005.
- **Wasim Ahmad**, “*Baqa-e-Sehat Mein Dalak ki Ahmiyat-Wa-Ifadiyat, Tibb-e-Unani ki Roshni Mein*” organized by Dept. Of Kulliyat, A.K.T.C., AMU, Aligarh 2005
- **Wasim Ahmad**, “Role of Sleeping in Maintenance of Health”, International Seminar on of Hifzan-e-Sehat avr Maholiyat, organized by Dept. of Hifzan-e-Sehat wa Samaji Tib, A.K.T.C., AMU, Aligarh, 29-30 march, 2005
- Sumra Qadri, **Wasim Ahmad**, “*Al Razi* and its illustrated work in medicine”, Organised by CCRUM, Dept. of AYUSH, Govt. of India, 8-11 Feb 2005.
- Rana parveen, Wasim Ahmad, “*Avicenna and importance of Al-Qanoon*”, Organised by CCRUM, Dept. of AYUSH, Govt. of India, 8-11 Feb 2005.

Participation in Workshops/CMEs/ Seminar.

- **Participated** as delegate in this webinar entitled, International Webinar on Understanding COVID-19 Pandemic An Integrated Approach, Dept of Moalajat, NIUM, Bangalore, India 7th- 8th October 2020
- **Participated** as delegate and Liaison officer **in Medical Astrology workshop organized by** Institute of Indian Knowledge Apex Professional University Arunachal Pradesh **in collaboration with** NIUM, Bangalore, **8th January 2020**
- **Participated** in International Conference on Unani Medicine, Organized by CCRUM, Ministry of AYUSH on 10-11 February, 2018
- **Participated** in one day Workshop, Hermas Greek Health Concept, at NIUM, on 3rd November, 2018

- **Workshop on research methodology in Unani Medicine**, Organized by NIUM, Bangalore, 8-9 December 2012.
- **22nd Community Development Workshop** Organized by Islamic Development Bank, Measi college of Education, Chennai. 11-13 Feb 2011.
- **National Workshop on Post Graduate Education, Research Methodology and Manuscript Studies in Unani Medicine:** Organized by Ibne Sina Academy of Medieval Medicine and Sciences, Aligarh 22-23 Nov 2010
- **“National conference of Unani Practitioners”** New Delhi. 29-30 April 2010
- **National Workshop on Ilaj Bit Tadbeer**, organized by A&U Tibia College and Hospital Karol Bagh New Delhi, 10-11 July 2010
- **“One Day Workshop on Skin Diseases”**. 20th Feb 2010. Deptt. of ISM, Ministry of Health and Family Welfare, Govt. of NCT, New Delhi
- **“One Day Workshop on arthritis”**. 28th Jan 2010. Deptt. of ISM, Ministry of Health and Family Welfare, Govt. of NCT, New Delhi.
- **“One Day Workshop on Mental Health with Special Reference to Schizophrenia / Depression”**. 10th March, 2010. Deptt. of ISM, Ministry of Health and Family Welfare, Govt. of NCT, New Delhi.
- **“One Day Workshop on Menstrual disorder”**. 27th March, 2010. Deptt. Of ISM, Ministry of Health and Family Welfare, Govt. of NCT, New Delhi.
- **“One Day workshop on GMP quality Assurance”** Deptt. of ISM, Ministry of Health and Family Welfare, Govt. of NCT, New Delhi. 03. 03.09
- **“One Day Workshop on Obesity”** Dept. Of ISM, Ministry of Health and Family Welfare, Govt. of N.C.T., New Delhi. 10. 12.09.
- **“Workshop on Scientific Project/Report Writing and Publication Ethics”**, CCRUM, New Delhi, 18th March 2009.
- **National Conference on Traditional Knowledge Systems, Intellectual Property Rights & their Relevance for Sustainable Development** 24-26 Nov. 2008, organized by National Institute of Science Communication and Information Resources, CSIR, New Delhi.
- **“Workshop on Biomedical Ethics”**, organized by ICMR, CCRUM, New Delhi at Administrative Block Auditorium, AMU, Aligarh, 2nd August, 2008.
- **Workshop On Managing Stress and Effective Interpersonal Relations** by CCRUM, ICMR, National Institute of Health & Family Welfare, New Delhi, 8th August 2008.
- **Continuing Medical Education (C.M.E.)** organized by Department of *Qabalat wa Niswan* AKTC, AMU, 9-10 August, 2008.

- **Recent Advances in Endocrinology and Diabetes**, 26 April - 2006 at J. N. Medical College, AMU, Aligarh, U.P.
- **“Workshop on Research Methodology”**, CCRUM, New Delhi, 4-5 Dec. 2006.
- **ECG workshop, 2005** at J.N. Medical College, AMU, Aligarh, U. P.
- **National Seminar on Eco-friendly herbs of Ayurveda**, organized by CCRAS, Dept. of AYUSH and International Society for Herbal Medicine, Lucknow, U.P, March 15-16, 2004.
- **Regional Scientific Seminar of Indian Systems of Medicines and Homeopathy** held at Secunderabad, A.P. 31 July – 1 August, 2004.
- **WHO sponsored workshop**, Govt. Unani Medical College, Chennai, T.N. 4th -5th Sept 2004
- **National Seminar on Nutrition in Health & Diseases** organized by Global Welfare Society A.K.T.C., AMU, Aligarh, 15 March, 2004.
- **“Workshop on Prevention and Child Health Problems”** by Department of *Qabalat wa Niswan* AKTC, AMU, Aligarh, 30 – 31 October 2004.

Community Mobilization and Interaction Activities:

- **Participated** in Marathon Run for Ayurveda conducted by RAIFR on 28th October, 2018
- **Participated** in Programme on “Treatment of Diabetes Mellitus Through Unani System of Medicine,” organized for general awareness in **Exhibition in Aligarh**, U.P. 20th Feb. 2007
- **Participated** in the Symposium, exhibition & AIDS Awareness Camp organized by the AIDS cell, : Organized by Ibne Sina Academy of Medieval Medicine and Sciences, Aligarh (IAMMS) World AIDS Day, 1-2 Dec- 2007
- **Volunteer**, International Candle Light Memorial, Global Health Council (USA) & AIDS Cell, Ibn Sina Academy, Aligarh India, 21st may 2007 in collaboration with IMA, Lions club, Rotary International etc.
- **Volunteer, National Polio Eradication Program**, (UNICEF & AMU) Aligarh, U.P. 2006-2007
- **Volunteer, under NSS in National Polio Eradication Program**, (UNICEF & AMU) Aligarh, U.P. 2005-06.
- **Participated** in symposium on creating awareness on Hazards of Nuclear Weapons organized by International Physicians for Prevention of Nuclear War (IPPNW-Central India) and Ibn Sina Academy of Medieval Medicine and Sciences of (IAMMS) 8 Aug 2006 Aligarh.
- **Participated** in Programme, “Annual Status of Education Report (ASER) 2006, which was facilitated by *“PRATHAM”* 2006.
- **Volunteer, symposium** on “Medico social implications of HIV/AIDS in India” at AIDS DAY 2006, IAMMS, Aligarh, 1-2 Dec. 2006.
- **Volunteer, symposium** on mobilization activities for free HIV screening at AIDS DAY 2005,

IAMMS, Aligarh, 1-2 Dec. 2005.

- **Participated** as delegate in **Aligarh Diabetes Mela**, 13th November 2005, at Sukhdevi Diabetes Heart Care and Diagnostics Center. Aligarh, U.P.
- **Volunteer**, Intensified Pulse Polio Immunization Campaign, held under the aegis of District Magistrate, Aligarh 1999-2000.

Books published: (04)

- 1) **Kitāb al Murshid (The Guide)** (written by Hkm. Abu Bakr Mohammad b. Zakariyya Rāzi -865-932 AD) translated by Hakim Wasim Ahmad, published by Markazi Publications, Jamia Nagar Okhla, New Delhi, ISBN:978-93-911054-3-3, 2021.
- 2) **Kitāb Al Quwā at Ṭabī'iyah(Natural Faculty)** (authored by Galen 129- 201A.D) Edited and Translated by Hakim Wasim Ahmad, Azra Book Traders, Darya Ganj, New Delhi, ISBN:819402659-8, 2020.
- 3) **Unani Medicine (At a Glance)** Prof Mohd Zulkifle, Dr Wasim Ahmad, National Institute of Unani Medicine-Bangalore, ISBN: 9960-899-60-6, 2014.
- 4) **Tibb-e-Amali Bara-e-Afa'l-ul-Aza wa Mahiyat-ul-Amraz**, Prof. Yusuf Jamal, Shoeb Ahmad, Wasim Ahmad, New India Press, Churi Walan Delhi, 2014

Chapter in different Books: (24)

- 1) Mohammad Kaleem, Ritesh Fule, Mamoud Alhosin, Kishor Danao, Sachin M. Menhdi, Ujawala NandKumar Mhajan, **Wasim Ahmad**, Niti G Dumore, Waseem Mohammed Abdul,Magnesh D Gobole, MiRNA Dysregulation in Schizophrenia @ The author(s), Under Exclusive Licence Springer Nature Singapore Pte Ltd. 2024, A.Khan et al. (eds.), Mechanism and Geriatric Susceptibility of Neurological Disorders, https://doi.org/10.1007978-981-99-9404-5_6
- 2) *Quwwat Bāsira*, Kulliyāt Umūr Ṭabī'iyā, ISBN: 978-93-91511-22-7 published by NCPUL, Ministry of HRD, Govt. of India, New Delhi- 2021, pp179-188.
- 3) *Quwwat Sāmi'a*, Kulliyāt Umūr Ṭabī'iyā, ISBN: 978-93-91511-22-7 published by NCPUL, Ministry of HRD, Govt. of India, New Delhi- 2021, pp189-193.
- 4) *Quwwat Shāmma*, Kulliyāt Umūr Ṭabī'iyā ISBN: 978-93-91511-22-7 published by NCPUL, Ministry of HRD, Govt. of India, New Delhi- 2021, pp195-198.
- 5) *Quwwat Zāiqa*, Kulliyāt Umūr Ṭabī'iyā, ISBN: 978-93-91511-22-7 published by NCPUL, Ministry of HRD, Govt. of India, New Delhi- 2021, pp199-203.
- 6) *Quwwat Lāmisa*, Kulliyāt Umūr Ṭabī'iyā, ISBN: 978-93-91511-22-7 published by NCPUL, Ministry of HRD, Govt. of India, New Delhi- 2021, pp205-208.
- 7) *Hawās Khamisa Bātina*, Kulliyāt Umūr Ṭabī'iyā, ISBN: 978-93-91511-22-7 published by

NCPUL, Ministry of HRD, Govt. of India, New Delhi- 2021, pp209-218.

- 8) *Quwwat Muharrika*, Kulliyāt Umūr Ṭabī‘iyya, ISBN: 978-93-91511-22-7 published by NCPUL, Ministry of HRD, Govt. of India, New Delhi- 2021, pp219-223.
- 9) *Quwwat Haiwāniyya*, Kulliyāt Umūr Ṭabī‘iyya, ISBN: 978-93-91511-22-7 published by NCPUL, Ministry of HRD, Govt. of India, New Delhi- 2021, pp225-230.
- 10) *Quwwat Tanasuliyya*, Kulliyāt Umūr Ṭabī‘iyya, ISBN: 978-93-91511-22-7 published by NCPUL, Ministry of HRD, Govt. of India, New Delhi- 2021, pp231-237.
- 11) *Quwwat mein bahmi Ishtirāk avr Tabiyyat ka Kirdār*, Kulliyāt Umūr Ṭabī‘iyya, ISBN: 978-93-91511-22-7 published by NCPUL, Ministry of HRD, Govt. of India, New Delhi- 2021, pp239-242.
- 12) *Fi‘al Mufrad avr Fi‘al Murakkab* Kulliyāt Umūr Ṭabī‘iyya, ISBN: 978-93-91511-22-7 published by NCPUL, Ministry of HRD, Govt. of India, New Delhi- 2021, pp249-254.
- 13) *Af‘al avr Quwwah mein bahmi Ta‘alluq*, Kulliyāt Umūr Ṭabī‘iyya, ISBN: 978-93-91511-22-7 published by NCPUL, Ministry of HRD, Govt. of India, New Delhi- 2021, pp255-261.
- 14) *Hararat Gharīzā*, Kulliyāt Umūr Ṭabī‘iyya, ISBN: 978-93-91511-22-7 published by NCPUL, Ministry of HRD, Govt. of India, New Delhi- 2021, pp277-288.
- 15) *Mizāj Aghziya*, Kulliyāt Umūr Ṭabī‘iyya, ISBN: 978-93-91511-22-7 published by NCPUL, Ministry of HRD, Govt. of India, New Delhi- 2021, pp271-276.
- 16) *Mizāj Adviyah*, Kulliyāt Umūr Ṭabī‘iyya, ISBN: 978-93-91511-22-7 published by NCPUL, Ministry of HRD, Govt. of India, New Delhi- 2021, pp263-270.
- 17) Membrane bioreactor as an advanced wastewater treatment technology, Development in Wastewater Treatment Research and Processes- Removal of Emerging Contaminants from Wastewater through Bio-nanotechnology, ISBN: 978-0-323-85583-9 edited by Susana Rodriguez-CoutoMaulin P. Shah, Jayanta Kumar Biswas: Elsevier @2022, pp 401-434
- 18) Epigenetic Basis of Polyphenols in Cancer Prevention and Therapy, Polyphenols- based Nanotherapeutics for Cancer Management Edited by Shams Tabrez, Mohammad Imran Khan, Springer, ISBN:978-981-16-4934-9, 2021pp189- 238
- 19) Concept of diet in the perspective of Unani System of medicine, Diet Therapy (Ilaj bil Ghiza): edited by Dr Subodh Kumar & Dr Bachhchu Singh, published by Prashant Press, Camp well Road, Lucknow, 2019, pp ii- xvii
- 20) *Masāil Khamsa ek Tahqeeq aur Tajziyah*, Nuqoosh Ajmal, ISBN: 0974-1372 Hakim Ajmal Khan Institute for Literary and Historical Research in Unani Medicine Under aegis of CCRUM New Delhi 2016, pp 141-156.
- 21) *Hkm. Mazhar Subhan Usmani, Fun aur Shakhsiyat*, Urdu Adab ke Farogh mein Atibba ka Hissa edited by Hkm. Nazish EhteshamAzmi- Islahi Health Care Foundation, New Delhi:2016, ISBN:

978-81-929739-3-7, pp 231-241.

- 22) *Kitabul Ashr Maqalat fil Ain*, Rhazi-e-Hind- Prof Hkm Mohammad Tayyib, Edited by Dr Fakhre Alam, Al Hikma Foundation, New Delhi, 2014, pp195-198.
- 23) *Anasir ek Muṭāli‘a* in a book entitled “Tibb Unani mein, Aala Taaleem, Usool-e-Tahqeeq Aur Mutalae Makhtootat” edited by Hkm. Syed Zillur Rehman, Ibn-e Sina Academy Aligarh, Nov. 2010, ISBN:978-93-80610-04-4, pp 48-59.
- 24) *Hakeem Abdul Hameed ke Sawanehi Ma’akhi* in a book entitled “Paikar-e-Fikro Amal: Hkm Abdul Hameed” edited by Hkm. Md. Khalid Siddiqui. Published by Great-o Enterprises, G-30 Sarita Vihaar, New Delhi 2010, pp 303-326.

Supervision to MD Thesis - (Guide and Co-Guide) Submitted till Date:

S. No.	Name of Scholar	Title of Dissertation	Degree status	Guide/Co-Guide
1.	Azizur Rahman	A Review on the Philosophy of <i>Arkan</i> in the Contemporary Era	Awarded 2015	Guide
2.	Peer Abdul Wahid	An Interpretive Work on <i>Hararat-e- Ghariziya</i> in Present Literature	Awarded 2016	Guide
3.	Nehal Ahmad	Classification of Dietary Substances on the Basis of Constituent Components - <i>Arkan</i>	Awarded 2017	Guide
4.	Momin Shahzad Amir	Understanding the concept of <i>Akhlat</i> in Present Perspective	Awarded 2018	Guide
5.	Sadaf Afreen	Understanding of <i>Quwwat-e-Haiwaniyyah</i> in Contemporary Perspective	Awarded 2019	Guide
6.	Naseebullah	Evaluation of the concept of physiopathology and Description of <i>Amraz-e- Balghamia</i> in Present Perspective	Awarded 2020	Guide
7.	Tehseen Nesargi	Study of <i>Khilt-e-Dam</i> and its related disorders in present perspective	Awarded 2021	Guide
8.	Neha Bharti	<i>Hararate-e-Ghariziyya and Hararat-e-Ghariba</i>	Awarded 2021	Guide
9.	Abdul Malik	Preparation of tool for determination of <i>Mizāj Insāni</i>	Awarded 2022	Guide
10.	Sanila Adil Zafar	Understanding the diagnosis of disease on the basis of <i>Alamāt</i>	Awarded 2022	Co-Guide
11.	Saba Imran	Concept of Ageing in Perspective of Unani medicine	Awarded 2023	Guide
12.	Kubra Anam Farooqui	Study of Pathophysiological Basis of <i>Amrāz-e-Balghami</i> in <i>Sinn-e- Shaykhūkhat</i>	Awarded 2023	Co-Guide
13.	MD Aijaz	A Discourse on <i>Amraz-e- Niswan</i> in reference to Greek	Awarded 2023	Co-Guide

		o Arabic Literature		
14.	Atiya Anjum	Comprehensive evaluation of <i>Amraz-e- Rahim</i> based on <i>Ghair Tab'ye Khilt</i>	Awarded 2023	Co-Guide

Thesis under Supervision on Going

1.	Sabba Saltanat	Validity And Reliability of Mizāj Insāni Questionnaire Developed from Unani Literature	Under work	Guide
2.	Nilophar	A Descriptive study on <i>Amrād-i-Majārī</i> and their pathogenesis in reference to Unani Medicine	Under work	Co-Guide
3.	Mohammad Murshid	An Exploratory Study on Ghilzat Akhlat and its Consequences in context of Unani System of medicine	Under work	Guide
4.	Shahevar Anjum	Philosophy Diets in Unani System of Medicine – A Review	Under work	Guide
5.	Mohammad Munawwar	Etiopathogenesis of Amraz Qalb on the basis of Unani System of Medicine	Under work	Co-Guide
6.	Ansar Ahmad	Methodical Approach in the Evaluation of Amliyat-e-Jarahiyat(Surgical procedures) as mentioned in the Unani Classical Literature- A Literary Study	Under work	Co-Guide
7.	Sana Khan	Relationship between body weight and Mizaj in volunteers of NIUM campus, Bengaluru: A cross sectional Study	Under work	Co-Guide
8.	Aljeelani Habib Aref	Exploration of determinants of sue mizaj (alamat e sue mizaj) in the light of unani literaute and possible methods of their objective assessment.	Under work	Guide
9.	<i>Naziya Siddiqan</i>	Exploring Cardiac diseases and their Principles of Treatment (Usul-i-Ilaj) through the Lens of Unani Literature	Under work	Guide
10.	<i>Ansari Sabahat</i>	A Conceptual Exploration of Awram-i Harra : A Literary Research	Under work	Co-Guide
11.	<i>Momin Arshad</i>	Prevelance of Stress Among Daght al Dam Qawi Patients Attending NIUM Hospital: A Cross Sectional Study	Under work	Co-Guide
12.	Hifzur Rahman	Hazm-i- Uzwi (Digestion at Organ Level) and its Holism Based Discussion	Under work	Co-Guide