

DR. ABDUL MOBEEN

Assistant Professor-Dept. of Moalajat
National Institute of Unani Medicine,
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dr.mobeend@rediffmail.com

Personal Details

Name: Abdul Mobeen
Father's Name: Late Mr. Abdul Lateef
Marital Status: Married
Nationality: Indian
Registration No: 11508 (Bhartiya Chikitsa Parishad, Lucknow, UP),
CR No. 002816, CR/UN/UP/10258 (CCIM) New Delhi.
Designation: Assistant Professor, Department of Moalajat, National Institute of
Unani Medicine, Bangalore, 560091, Karnataka. India

Professional Qualification:

Exam	Name of College	Name of University/Board	Division	Year of passing
B.U.M.S	A.K.T.C. Aligarh	A M U Aligarh	1st	2004
M.D. Moalajat	NIUM Bangalore	RGUHS Bangalore	1st	2010

The topic of M.D. Thesis: “Clinical Study of *Qooba* and Therapeutic Evaluation of Unani Formulation in its Management”

Thirst Areas: Gastroenterology Hepatopancreatobiliary, Urogenita and Dermatology

Professional Details (Teaching):

Position	Name of Institution	DD/MM/YY	DD/MM/YY	Experience
Lecturer	Jamia Tibbia Deoband UP.	25.12.2010	09.09.2011	8 Months 15 days
	Dr. AATC&H, Katauli UP	14.09.2011	29.02.2012	5 Months 15 days
	HAHUMC&H, Dewas MP	05.04.2012	04.12.2012	8 Months 0 days
	DUMCH&RC,Doeband	14.05.2013	05.08.2014	1 year 2 months 22 days
	NIUM, Bangalore	08/08/ 2014	08/08/2019	5 years
Assistant Professor	NIUM, Bangalore	08/08/2019	16/03/2024	4 years 7 months 8 days
Total Experience: 13 years. UG Teaching-03 years. PG Teaching-12 Years				

Publications: Papers Published in International and national Indexed/ Peer-reviewed Journals:

1. Tanzeel Ahmad, **Abdul Mobeen**, Abdul Nasir Ansari. *Therapeutic Evaluation of Joshanda Mundi and Marham Qooba in Dermatophytosis; a Randomised Controlled Trial*. Journal of Research in Unani Medicine. **2012**;1(1): 36-40.
2. MHM Hafeel, **Abdul Mobeen**, Abdul Azeez Rizwana and Mohammad Ali. *Management of dyspepsia through unani medicine*. Unani medical journal. **2016**; 15 (2):17.
3. **Abdul Mobeen**, Shabir Ahmad Parray, Abdul Nasir Ansari, *et al*. *Mundi: An important Medicinal Plant of Unani system of Medicine*. Journal of AYUSH: Ayurveda, Yoga, Unani, Siddha and Homeopathy. **2017**; 6(1): 42–50.
4. **Abdul Mobeen**, Tanzeel Ahmad, Abdul Nasir Ansari. *Qooba Muzmin (Chronic Dermatophytosis: An account of its physiopathology and management in Unani Medicine*. Unani Medicus; **2017**; 4(1): 77-83.
5. **Abdul Mobeen**, MA Siddiqui, MA Quamri, Malik Itrat, Md Imran Khan. *Therapeutic potential of Ushaq (Dorema ammoniacum D. Don): A unique drug of Unani medicine*. Int J Unani Integ Med 2018;2(1):11-16. DOI: [10.33545/2616454X.2018.v2.i1a.17](https://doi.org/10.33545/2616454X.2018.v2.i1a.17)
6. M. H. M. Hafeel1, **A. Mobeen**, Abdul Azeez Rizwana and Mohammad Ali. *Concept of Peptic Ulcer in Unani Medicine: A Comprehensive Appraisal*. European Journal of Pharmaceutical and Medical Research, **2018**,5(5), 184-188.
7. Ahmed AK, **Mobeen A**, Alam MA, Quamri MA. *Clinical efficacy and safety of Unani formulation for the management of Sharaa (Urticaria) - A case series study*. The Pharma Innovation Journal **2019**; 8(2): 454-455.
8. Ahmed AK, **Mobeen A**, Quamri MA. *An approach of Urticaria: A review*. International Journal of Physiology, Nutrition and Physical Education **2019**; 4(1): 988-992.
9. Ahmed AK, **Mobeen A**, Quamri MA. *Cholecystitis (Warm-e-Marara) and its management: A Review*. Int. J. Med. Health Res. **2019**; 5 (9): 21-24;
10. Musab Ahmad, Mohammad Tarik, Nazreen Fatma, **Abdul Mobeen** and Mohd Aleemuddin Quamri. *Non-communicable diseases (NCDs) and their burden-A review*. **2019**; 5(10): 313-319.
11. **Mobeen A**, Haseeb AA and Ahmad W. *Alqanun Fit Tib; Anaween wa Mazameen ka Ta'arufi Jayeza*. Tarjuman-e-Tib. **2019**; 6 (2): 32-40.
12. MHM Hafeel, **A Mobeen**, Abdul Azeez Rizwana and Mohammad Yasir. *Therapeutic Evaluation of Unani Formulation in Peptic Ulcer Single Blind, Before and After Comparison Clinical Trial*. International Journal of Current Advanced Research. **2020**; 09(08): 23019-23027. DOI: <http://dx.doi.org/10.24327/ijcar.2020.23027.4552>
13. **A. Mobeen** and A.K. Ahmad, *The efficacy and safety of herbal combination of Unani Medicine in chronic urticaria: A randomized, controlled study*, Journal of Traditional and Complementary

Medicine. **2021**; 11(4), 303-310. <https://doi.org/10.1016/j.jtcme.2020.12.003>

14. **Abdul Mobeen** Ashfaque Ahmad Mohd Aleemuddin Quamri and Abdul Nasir Ansari. Clinical Efficacy of Medicinal Leech Therapy in Treating Third- and Fourth-Degree Hemorrhoids. *Journal of Coloproctology*. **2021**; 41 (2); 124-130. DOI: [10.1055/s-0041-1730012](https://doi.org/10.1055/s-0041-1730012)
15. Siddiqui MA, Itrat M, **Mobeen A**, Khan MI. Efficacy of Khār-i-khasak (*Tribulus terrestris* Linn.) in prehypertension: a randomized, double-blind, placebo-controlled trial. *J Complement Integr Med* **2021**. doi: [10.1515/jcim-2020-0322](https://doi.org/10.1515/jcim-2020-0322)
16. Ahmad M, Fatma N, Ahmad MZ et.al. Concepts, preventive measures and prophylaxis of COVID-19 with special reference of Unani medicine. *International Journal of Research and Review*. **2021**; 8(3): 130-136.
17. Ansari MS, Khan TN and **Mobeen A**. *Bawaseer Miqad: Qadeem Wa Jaded Tahqeeqat Ki Roshni Men*. *Jahan-e-Tib*.**2021**; 23 (1-4): 96-101.
18. Mohd Shahid, S Javed Ali, **Abdul Mobeen**, Mohd Waseem. Efficacy of Unani Polyherbal Formulation (Sharbat Unnab) in Grade I Primary Hypertension-An Open Labelled Randomised Standard Controlled Study. *Journal of Emerging Technologies and Innovative Research*. **2021**;8 (7):329-39.
19. Moazzam SW, **Mobeen A**, Siddiqui MA. Efficacy of Jawarish Shahi a herbal formulation in irritable bowel syndrome: An open-labeled single-arm clinical trial. *Journal of Traditional and Complementary Medicine*. **2022** Apr 22. <https://doi.org/10.1016/j.jtcme.2022.04.004>
20. **Mobeen A**, Moazzam SW. Jawarish Shahi: A special dosage form of herbal formulations for functional gastrointestinal disorders in Unani medicine-A comprehensive review. *Journal of Ethnopharmacology*. **2022** Jul 15; 293:115319. <https://doi.org/10.1016/j.jep.2022.115319>
21. Ahmad, M., & Mobeen, A. (2023). Efficacy and safety of Majoon Ushba oral and Marham Raal topical in tinea corporis - A randomized open-labeled active-controlled clinical trial. *Explore (New York, N.Y.)*, 19(5), 681–688. <https://doi.org/10.1016/j.explore.2023.01.005>
22. Mobeen A, Hakeem A. Efficacy of herbal formulations Sufoof-i-Tabkheer and Arq-i-Badiyan in dyspepsia: An open-labelled single-arm clinical study. *Journal of Herbal Medicine*. 2023 Sep 1;41:100700. (<https://doi.org/10.1016/j.hermed.2023.100700>.) (<https://www.sciencedirect.com/science/article/pii/S2210803323000787>)
23. Saifi, Amjad, Mohd Naved, Abdul Mobeen, and Mohd Afsahul Kalam. "Habb-ul-Ās (Unani Medicinal Plant): A Review on its Pharmacognostical profile, Therapeutic uses and Phytoconstituents." (**2023**). *International Journal of Research and Analytical Reviews (IJRAR)*. 2023; 10 (3): 753-761.

Papers Included in Conferences and Seminars (Published Abstracts-29):

1. *“Preventive Application of Hammam in Dermatology”* **Abdul Mobeen**, Tanzeel Ahmad, Abdul Nasir Ansari, Mohd Arshad Jamal. National Seminar on Hifzane Sehat & Unani Medicine, Organized by Department of Tahaffuzi wa Samaji Tib, Ahmad Ghareeb Unani Medical College, Akkalkuwa, Nandurbar, on 11th-12th April **2009**, p-01.
2. *“Prevention of Ischaemic Heart Diseases through of Unani System of Medicine”* **Abdul Mobeen**. National Conference on Unani Medicine. Organised by All India Unani Tibbi Congress, at Bhiwandi, Maharashtra on 8th February **2009**.
3. *“Hammam; A Regime for Preservation of Health and Prevention of Diseases”* **Abdul Mobeen**. Global Ayurveda Conference and Health Exp. Bharati Vidya Peeth University, Pune, Maharashtra 9th January **2009**.
4. *“Abu Al-Qasim Zahravi: Father of Modern Surgery”* **Abdul Mobeen**, M N Khan, Tanzeel Ahmad, Abdul Nasir Ansari. JCON 2009; First National Seminar on futuristic shape of teaching and training of Jarahat (surgery), organized by Dept. of Jarahat (Surgery), A.K. Tibbiya College, A.M.U., Aligarh, on 21st to 22nd Feb **2009**.
5. *“Qooba (Ringworm) a Superficial Fungal Infection”* **Abdul Mobeen**. International Conference of Integrative Medicine and Ist SAARC Conference of Unani Medicine”, Department of Ilmu advia, F/O Unani Medicine, AMU, Aligarh, UP, 2nd February 2011.
6. *“Therapeutic Evaluation of Unani Formulation in the Management of Qooba (Ringworm) a Randomised Controlled Trial: Abdul Mobeen*. International Conclave on Unani Medicine; Strength and Strategies of Globalisation. Department of Kulliyat F/O Unani Medicine, AMU, Aligarh, UP. 25 March **2011**.
7. *“Sphaeranthus indicus (Linn) Mundi; in Traditional Medicine to Modern Pharmacology”* **Abdul Mobeen**. National Seminar on “Scope of Emerging Technologies in Unani Medicine. DRS-I, Department of Ilmu advia, F/O Unani Medicine, AMU, Aligarh, UP on 23 March **2013**.
8. *“A Critical Review on Concept of Deedan E Ama’a in Unani Medicine”* MHM Hafeel, **Abdul Mobeen**, Abdul Azeez Rizwana. (ICAUST 2015), Institute of Indigenous Medicine University of Colombo, Sri Lanka, 10-12 **December 2015**.
9. *“Prevention of Modifiable Risk Factors of Stroke Through Dietotherapy”* MHM Hafeel, **Abdul Mobeen**, Abdul Azeez Rizwana. (NEUROSEM-2015) International Seminar on Neuro Rehabilitation at CRIUM Hyderabad, 20-22 August **2015**.
10. *“Management of Pain Through Leech Therapy”* MHM Hafeel, **Abdul Mobeen**, Abdul Azeez Rizwana. National Conference Cum Workshop On Intervention Of Ilaj Bit Tadbeer in Management of Pain, Dept of Ilaj Bit Tadbeer, F/O Unani Medicine, AMU, Aligarh, UP. 7th 8th March **2016**.
11. *“Unani Medicine in the Era of Evidence Based Medicine”* **Abdul Mobeen**, Professor MA Siddiqui, Tanzeel Ahmad. International Conference on Unani Medicine “From Tradition to Evidence Based Medicine” Organized by National Institute of Unani Medicine (Ministry of AYUSH, Govt. of India) Bengaluru, India October 25 - 27, **2016**
12. *“GERD: A Critical Review with Unani Medical Perspective”* MHM Hafeel, **Abdul Mobeen**, Abdul Azeez Rizwana. International Conference on Unani Medicine “From Tradition to Evidence Based Medicine” Organized by National Institute of Unani Medicine (Ministry of AYUSH, Govt. of India) Bengaluru, India, October 25 - 27, **2016**
13. *“Inflammatory Bowel Disease and Its Management in Unani Medicine: A Systematic Review”* Sabiha Fatima, Tanzeel Ahmad. **Abdul Mobeen**. International Conference on Unani Medicine “From

Tradition to Evidence Based Medicine” Organized by National Institute of Unani Medicine, Bengaluru, India, October 25 - 27, **2016**.

14. “*Unani Medicine Perspective of Alcoholic Liver Disease*” MHM Hafeel, **Abdul Mobeen**, Abdul Azeez Rizwana. (ICAUST 2016), Institute of Indigenous Medicine University of Colombo, Sri Lanka, 08, 10 **December 2016**.
15. “*Unani Concept of Sara (Epilepsy): A Review*” MHM Hafeel, **Abdul Mobeen**, Abdul Azeez Rizwana. (ICAUST 2016), Institute of Indigenous Medicine University of Colombo, Sri Lanka, 08, 10 **December 2016**.
16. “*Unani Concept of Nephrolithiasis (Hisat-E- Kulyah): A Review*” MHM Hafeel, **Abdul Mobeen**, Abdul Azeez Rizwana. (NSUM-2017) National Seminar on Unani Medicine, Dept of Kulliyat and Dept. of Ayush (TS) Hyderabad, 30, 31 **January 2017**.
17. “*Psoriasis; A Non communicable Skin Diseases in Unani Medicine*” **Abdul Mobeen**, Malik Itrat, Tanzeel Ahmad. National conference on moalejat “Relevance of Unani Medicine in Non Communicable Diseases. Depat. of Moalejat, AKTC AMU Aligarh. 21-22 March **2017**.
18. “*Threat of Non-communicable diseases in India: Potential of Unani Medicine in its mitigation*” Malik Itrat, **Abdul Mobeen**. “Relevance of Unani Medicine in Non Communicable Diseases. Depat. of Moalejat, AKTC AMU Aligarh. 21-22 March **2017**.
19. “*Application of Irsal-e-Alaq (Leech Therapy) in Dermatopathology*” Iffat Naz, **Abdul Mobeen**, Farah Nafees. National Conference on Moalejat “Relevance of Unani Medicine in Non Communicable Diseases. Depat. of Moalejat, AKTC AMU Aligarh. 21-22 March **2017**.
20. “*Acne Vulgaris (Busoor-e-Labaniya): A perspective of Unani Medicine*” Shah Agaz Malik, **Abdul Mobeen**, Mohammad Waseem. “Relevance of Unani Medicine in Non Communicable Diseases. Depat. of Moalejat, AKTC AMU Aligarh. 21-22 March **2017**.
21. “*Chronic Spontaneous Urticaria: Challenges and Treatment Strategies in Unani Medicine*” **Abdul Mobeen** Tanzeel Ahmad, Mohd. Mohsin. National Seminar on Amraze Jild wa Tazeeniyat organisewd by Dept. of Amraze Jild wa Tazeeniyat F/O Unani Medicine AMU Aligarh. 16th March **2019**.
22. “*Management of Quba in Unani System of Medicine*” Mohammad Zki Ahmad, Musab Ahmad, Mohammad Tarik, Abdul Nasir Ansari, **Abdul Mobeen**. National Seminar on Amraze Jild wa Tazeeniyat organisewd by Dept. of Amraze Jild wa Tazeeniyat F/O Unani Medicine AMU Aligarh. 16th March **2019**.
23. “*Gastroesophageal Reflux Disease (GERD): A Review of Conventional and Unani Medicine*” **Abdul Mobeen**, MA Siddiqui MA Quamri. National Seminar on gastroenterology hepato-biliary & life style disorders “GAtrolife-2019” Organized by unani medicine doctor’s associationnoon at Dr Abdul Haque Unani medical college & hospital Kurnool, AP. 23-24 March **2019**.
24. “*Unani Therapeutics in Hepatobiliary and Pancreatic Disorders: An Overview*” Faisal Manzoor, **Abdul Mobeen**, MA Quamari, MA Siddiqui. National Seminar on gastroenterology hepato-biliary & life style disorders “GAtrolife-2019” Organized by unani medicine doctor’s associationnoon at Dr Abdul Haque Unani medical college & hospital Kurnool, AP. 23-24 March **2019**.
25. “*Management of Obesity in Unani Medicine*” Musab Ahmad, **Abdul Mobeen**, MA Quamari. National Seminar on gastroenterology hepato-biliary & life style disorders “Gastrolife-2019” Organized by unani medicine doctor’s associationnoon at Dr Abdul Haque Unani medical college & hospital Kurnool, AP. 23-24 March **2019**.
26. “Essential Hypertension: Quality Improvement Strategies for Prevention and Management in Unani Medicine” Abdul Mobeen, MA Quamari, Zarnigar. National seminar on “Prevention and control of Non

Communicable Diseases” Organized by National Institute of Unani Medicine (Ministry of AYUSH, Govt. of India) Bengaluru, India December 16-17, **2019**.

27. *Concept of insomnia and its prevention*” Abdul Haskeem, Seemab Alam, Mohd Mikaeel, Abdul Mobeen, MA Quamri, National seminar on “Prevention and control of NCD”.
28. *“Burden of Non Communicable Diseases (NCD)-A review”* Fathima Raziya, MA Quamri Abdul Mobeen, National seminar on “Prevention and control of NCD”.
29. *“Non Communicable Diseases (NCD): Burden, Prevention and Control”* Musab Ahmad, Mohammad Tarik, Abdul Mobeen, MA Quamri, National seminar on “Prevention and control of NCD”. December 16-17 - 27, **2019**.

Conferences;

International (04)

1. Presented a poster entitled *“Hammam, a Regime for Preservation of Health and Prevention of Diseases”* in the Global Ayurveda Conference and Health Expo held at Bharati Vidyapeeth University, Pune on 9th January **2009**.
2. Presented Paper *“Therapeutic Evaluation of Unani Formulation in the Management of Qooba (Ringworm)”* presented in “International Conclave on Unani Medicine; Strength and Strategies of Globalisation” 25 March **2011**, Department of Kulliyat F/O Unani Medicine, AMU, Aligarh, UP.
3. Presented Poster *“Qooba (Ringworm) a Superficial Fungal Infection”* presented in International Conference of Integrative Medicine and 1st SAARC Conference of Unani Medicine” 2nd February **2011**, Department of Ilmu advia, F/O Unani Medicine, AMU, Aligarh, UP.
4. Presented Paper *“Unani Medicine in the Era of Evidence-Based Medicine”* presented in International Conference on Unani Medicine (ICUM-16), October 25-27, **2016**, National Institute of Unani Medicine, Bengaluru, Karnataka.

National (03)

1. Presented Paper *“Prevention of Ischemic Heart Diseases through Unani System of Medicine”* Presented in III National Conference on Unani Medicine at All India Unani Tibbi Congress Mumbai held on 8th February **2009**.
2. Presented Paper *“Gastroesophageal Reflux Disease (GERD): A Review of Conventional and Unani Medicine”* Presented in the National Seminar on Gastroenterology hepato-biliary & lifestyle disorders “Gastrolife-2019” on 23-24 March **2019** at Dr. Abdul Haque Unani medical college & hospital Kurnool, AP.
3. Presented Paper *“Essential Hypertension: Quality improvement strategies for prevention and management in Unani Medicine”* presented in **the** national seminar on Prevention and control

of Non-Communicable diseases, on 16th and 17th December **2019**, National Institute of Unani Medicine, Bengaluru, Karnataka

Workshop/Symposium/Seminar Attended (12)

1. *“Mental Well Being-An Imperative Dimension of Health”* organized by Department of PSM F/O Unani Medicine, AMU, Aligarh, on 10th October **2012**.
2. *“Scope Of Emerging Technologies in Unani Medicine”* organized by DSR-I, Dept. of Ilmul Advia, F/O Unani Medicine, AMU, Aligarh, on 23rd March **2013**
3. *“Areas of Research in Tashreehul-Badan”*, organized by Department of Tashreehul-Badan, F/O Unani Medicine, AMU, Aligarh, on 18th March **2013**.
4. *“Research Methodology for Fundamental Principles in Unani Medicine”* organized by the National Institute of Unani Medicine, Bengaluru, Karnataka, on 11th, 12th June **2015**.
5. *“Training Program on Research Methodology, Data Management, and Biostatistics”*, conducted by Chanre Health Care Pvt. Ltd. Bengaluru, Karnataka. 20th 21st August **2016**.
6. *“Research Methodology”* conducted by Rajiv Gandhi University of Health Sciences, Bengaluru, Karnataka, on 13 March **2017**.
7. *“Workshop on Stroke: Awareness and Prevention”* organized by the Department of Mental Health Education, NIMHANS, Bengaluru, Karnataka, on 16 September **2017**.
8. *“Unani Treatment in present scenario”* organized by Karnataka Unani Welfare Foundation Bangalore on **08th October 2017**
9. *“Workshop on Special Therapies in Unani Medicine”* conducted by Dept of AYUSH Govt. of Karnataka, on 11th February **2018**.
10. Two days *“Training Cum Workshop on Social Media Content Development-Level-I”* organized by National Institute of Indian Medical Heritage Hyderabad, 9th & 10th April **2018**.
11. Two Days *“Training Cum Workshop on Social Media Content Development- Level-II”* organized by National Institute of Indian Medical Heritage at Hyderabad, 7th & 8th May **2018**.
12. One-day seminar on *“Unani Medicine for Public Health”* organized by National Institute of Unani Medicine, Bengaluru, Karnataka, on 14th Feb **2019**.
13. One-day workshop on *“Medical Astrology- An integrative part of prevention, diagnosis, and therapeutics of diseases”* organized by Apex professional university in collaboration with National Institute of Unani Medicine, Bengaluru, Karnataka, on 08th January 2020.
14. **E-Workshop on Dermoscopy**, organized by Department of Amraz-e-Jild wa Zohrawiya, Faculty of Unani Medicine, AMU, Aligarh, on **06th December 2020**.

CME/Training Programme (11)

1. “One-day Training and Continuing Education Program on HELINET Updates” at Digital Library and Information Centre, conducted by RGUHS, Karnataka. on 30th September -**2009**.
2. Three days “Training To Teachers (TTT) Program” conducted by CCIM (Central Council of Indian Medicine), at Regional Center-Sri Kalabyraveshwara Swamy Ayurvedic College, Hospital and Research Center, Bengaluru, Karnataka. on 03-05, March **2016**.
3. One-day “Medical CME” conducted by Columbia Asia Referral Hospital, Bengaluru, Karnataka. on 08th October **2017**
4. Six days “CME Programme for Teachers” Organized by *the* Dept. of Moalajat, State Takmeel –Ut – Tib College, Lucknow Government of U.P. India on 12th to 17th November **2018**.
5. Two-day CME Programme on “Pharmacovigilance of Unani Drugs” Organized by Intermediary Pharmacovigilance Centre (IPvCC) for Unani Drugs, NIUM, Bangalore. On 15th & 16th January **2019**.
6. Capacity Building Program on Public Health Research organized by CCRUM in collaboration with Public Health Institute of India (PHFI) New Delhi, from 22nd **July 2020 to January 2021**.
7. Online Training for “Assessment Methods for Unani Yoga & Naturopathy Faculty” conducted on **17.02.2022** by RGUHS Academic and Administrative Training Institute (RAATI), Bangalore
8. “Foundation course in Educational Methodology” on RAATI LMS, conducted on **May-June-2022** by RGUHS Academic and Administrative Training Institute (RAATI), Bangalore
9. Interdisciplinary CME on Awareness on Sehat-e-Atfal held on **04.04.2022** organized by National Institute of Unani Medicine, Bengaluru, Karnataka.
10. Interdisciplinary CME in collaboration with NU hospital on Unani and contemporary view on diabetic complications and their management held on **03.09.2022** organized by National Institute of Unani Medicine, Bengaluru, Karnataka.
11. One-day interdisciplinary CME in collaboration with Milan Fertility and Birthing Hospital on Advances in Infertility Management and IVF Speciality Care on **08.02.2023**
- 12.
13. CME program on data analysis using SPSS on **24-25 June 2023**, organized by National Institute of Unani Medicine, Bengaluru, Karnataka.
14. National conference on “Scientific Writing for Unani Teachers” on **20th & 21st September 2024** sponsored by Ministry of Ayush, Govt, of India, organized by department of Tahaffuzi wa Samaji Tib, National Institute of Unani Medicine, Bengaluru, Karnataka.

Web-based Conferences and Seminars/Webinars etc.

1. Attended 1st National Webinar “**Strengthening research capabilities remotely: Empowering Indian Research on COVID-19**”. Organized by Elsevier with support from the Department of Biotechnology, Ministry of Science and Technology, Govt of India, on 22nd May **2020**.
2. Attended International online conference on **Integrative Medicine and Clinical Practice- Integrative Medicine & COVID-19**. on May 30, **2020** Organised by
3. Attended a National Webinar on “**Optimising Tabi’at (Physis) & Boosting Immunity as a cure-all in epidemics and pandemics**”, organized by the Department of Munafeul Aza, AKTC, Faculty of Unani Medicine, AMU, Aligarh on 12th June **2020**.

4. Attended National Webinar/ **Capacity Building Lecture Series under CCRUM PHFI Agreement July-November -2020.**
5. Attended **Virtual Clinics in Hepato-Biliary Diseases 2020 Conference** on 5th - 6th & 12th-13th September **2020**. Organized by the Institute of Liver Gastroenterology and Pancreatobiliary Science, Sir Ganga Ram Hospital, New Delhi.
6. Attended **State-of-the-Art: Impact of COVID-19 on Infectious Disease & Microbiology Clinical Practices in the UAE**". By NEMJ Online Academy by the Emirates Medical Association & New Emirates Medical Journal in Association with the Emirates Society of Clinical Microbiology.
7. Attended National Webinar on **"Pharmacovigilance of ASU & H Drugs, AYUSHSURAKSHA-2020"**, Sponsored by Ministry of AYUSH, Govt. of India, New Delhi, organized by Intermediary Pharmacovigilance Centre for Unani Drugs, National Institute of Unani Medicine, Bangalore on 15th – 16th September **2020**.
8. Attended a National Webinar on **"AYUSH for Immunity"**, organized by the North Eastern Institute of Folk Medicine (NEIFM), Pasighat, Arunachal Pradesh on 30th September **2020**.
9. Attended Web seminar **Biology and Medicine: Recent Advances**. Organized by Dept. of Zoology AMU- Aligarh on Oct 9, **2020**.
10. Attended an International Webinar on **"Understanding of COVID-19 Pandemic – An Integrated Approach"**, organized by Dept. of Moalajat, National Institute of Unani Medicine, Bangalore on 7th – 8th October **2020**.
11. Attended a CME Cum Awareness Programme on **"Concept of Pharmacovigilance in Unani Medicine"**, organized by Peripheral Pharmacovigilance Centre (PPvC), Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh on 8th December **2020**.
12. Attended an Awareness Programme on **"Pharmacovigilance of ASU & H Drugs"**, organized by Peripheral Pharmacovigilance Centre (PPvC), Dr. Abdul Haq Unani Medical College, Kurnool, A.P. on 16th December **2020**.
13. Attended an **"E-workshop on Dermoscopy"**, organized by Dept. of Amraz-e-Jild wa Zohrawiya, Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh & Unani Dermatologists & Cosmetologists Association of India (UDCAI), on 6th December **2020**.
14. International webinar on **"Health Promotion and Disease Prevention in The New Normal Through Unani Medicine"** on **11th February 2021** organized by study unit of Moalejat, institute of indigenous medicine university of Columbo, Srilanka
15. **"A Capacity Building Lecture Series"** under service agreement signed by CCRUM on behalf of Research Councils and National Institutes under the Ministry of AYUSH with PHFI, from 22nd July 2020 to January **2021**.
16. **"Data and its use for Health System Strengthening"** organized by CCRUM (Ministry of AYUSH, Govt. of India) in collaboration with PHFI dated 18th January **2021**.
17. **"Scope of integrated research in Unani Medicine"** jointly organized by All India Institute of Medical Science Raipur and National Institute of Unani Medicine, Bengaluru, Karnataka on 12th **February 2021**.

30. Participated in National/International Level AROGYA Fair and Expo: 05

S.No	Title	Place	Sponsor/Curator	National/ International
1	National Arogya Fair	Guwahati, Assam	Ministry of AYUSH	National

			Govt of India	
2	National Arogya Fair	Ranchi, Jharkhand	do	National
3	National Arogya Fair	Kolkata, West Bengal	do	National
4	National Arogya Fair	Indore, Madhya Pardesh	do	National
5	National Arogya Fair	New Delhi	do	International

Supervision of MD Thesis

PG scholar under supervision (Thesis, Trial, Synopsis ongoing) **04 PGs**

MD Thesis Supervised and Submitted **09 Thesis**

S.N .	Name of the Scholar	Topics	Remark
1	Ashfaque Ahmad	Evaluation of the effect of Irsal-e Alaq (Leech Therapy) in Bawaseer (Haemorrhoids) – An open labelled observational study	Supervisor Thesis submitted
2	M. H. M. Hafeel	Therapeutic Evaluation of Unani Formulation in Peptic Ulcer	Supervisor. Thesis submitted
3	Mohd Shahid	Evaluation of the Efficacy of Sharbat-e-Unnab in Primary Hypertension-An open labeled randomized standard controlled study	Supervisor Thesis submitted
4	A. Khaleel Ahmed	“Efficacy of Poly Herbal Formulation in Chronic Urticaria - A Randomized Controlled trial”	Supervisor Thesis submitted
5	Musab Ahmad	Efficacy of Majoon Ushba and topical application of Marham Raal in Quba (Tinea Corporis) – A Randomized Standard Controlled Study	Supervisor Thesis submitted
6	Abdul Hakeem	Efficacy of Sufoof Tabkheer & Arq Ajwain in Uninvestigated Dyspepsia- A randomized control trial	Supervisor Thesis submitted
7	Faisel Manzoor	Efficacy of Tila Bars-e-Aswad and Majoon in plaque Plaque Psoriasis : An open labeled single armed interventional study	Supervisor Thesis submitted
8	Amjad Saifi	Effect of Qurs-e-Ziabetus as adjuvant in the management of Type-2 Diabetes Mellitus: A randomized controlled study	Supervisor Thesis submitted
9	Hayder Ali Shah	Clinical efficacy and safety of herbal formulation of Unani medicine in symptomatic gastroesophageal reflux disease (GERD): A Randomized Controlled study	Supervisor Thesis submitted
10	Ansari Mohd Shaheryar	Effect of Marzanjosh (<i>Origanum Vulgare L.</i>) on Metabolic syndrome: A randomized placebo-controlled study	Supervisor ongoing
11	Sabiha Khan	Efficacy and safety of <i>Qurse Rewand</i> in	Supervisor

		metabolic associated fatty liver disease: A randomized controlled trial	ongoing
12	Mubashra Khan	A study on Dalā'il al- Bawl in Hasāh al-Kulya based on the classical and present diagnostic methods.	Co-Supervisor ongoing
13	Zafar Iqbal Abdurrehman	Efficacy and safety of Tiryāq-e- Meda a herbal formulation in upper gastrointestinal symptoms: A randomized controlled trial	Supervisor ongoing