



**DR. MOHD RIYAZUDDIN**

Assistant professor

Department of Moalajat (Medicine)  
National Institute of Unani Medicine,  
Kottigepalya, Magadi Main Road Bengaluru-91

**Personal Details**

**Present Designation:** Assistant Professor

**Qualification:** BUMS, MD (Unani Medicine)

**Thrust Area:** Musculoskeletal Disorders, Hepatobiliary Disorders, Urogenital Disorders

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**Date of Birth:** 03/11/1987

**Nationality:** Indian

**Religion:** Islam

**Registration certificate number:** 17168

**Academic Qualification**

Examination Passes	Year of passing	Board/ University	Division/Percentage
MD Moalajat (Unani Medicine)	2019	National Institute of Unani Medicine, RGUHS, Bengaluru	First Division
BUMS	2015	School of Unani Medicine, Hamdard University, New Delhi	First Division

**Professional Details (Teaching Experience UG & PG):** Around 5 years of teaching experience to BUMS and MD students. UG teaching experience from December 2019 to January 2021 and PG teaching experience from January 2021 till date, in capacity of Assistant Professor. Besides teaching and patient care also supervised MD thesis (01 completed and 03 undergoing).

**Publication Details:**

1. Shahid Arisha, **Riyazuddin M**, Siddiqui MA. Effect of Zanjabīl (Zingiber Officinale) in Non-Alcoholic Fatty Liver Disease- A Randomized Controlled Trial. International Journal of Ayurveda and Pharma Research. 2020;8(Suppl 2):43-53.
2. Shahid A, **Riyazuddin M**, Bhat MD. Irritable Bowel Syndrome-Reviewed Through the Lens of Unani System of Medicine. Research & Reviews: A Journal of Unani, Siddha and Homeopathy. 2020; 9(1): 1–6.
3. Shahid A, **Riyazuddin M**, Ahmad K, Naz I. Directives Regarding Diet in Avicenna;s Cannon of Medicine. Journal of Research in Unani Medicine. 2020; 9 (1) :9-11.
4. **Riyazuddin M**, Shahid A, Fatma N, Ahmad M, Ahmad MZ. Cocept and management of Shaqeeqa (Migraine) in Unani system of medicine: A review. International journal of AYUSH. 2020; 9 (3): 06-16.
5. Ahmad K, Naz I, Shahid A, **Riyazuddin M**. Concept of Qillat-i- Darqiya (Hypothyroidism) in Unani system of Medicine- a systemic review. Journal of AYUSH: Ayurveda, Yoga, Unani, siddha and Homeopathy. 2020; 9 (2).
6. Fatma N, Ahmad M, Ahmad MZ, Tarik M, **Riyazuddin M**. Effect of Unani formulation in Tinea Corporis (Quba) In Unani medicine- A case study. European journal pharmaceutical and medical research. 2020; 7 (7): 766-769.
7. Ahmad M Z, Ahmad M, Fatma N, Muzammil M, **Riyazuddin M**. Therapeutic Emesis (Qay’) in Unani System of Medicine: A Review. IJRAR. 2020 September; 7 (3): 737-747.
8. **Riyazuddin M**, Shahid A, Nagaraj RB, Alam MA. Migraine (Shaqeeqa) and its management in Unani medicine. Drug metabolism and personalized therapy. 2022 Apr 5;37(1):1-5.

9. **Riyazuddin M**, Shahid A. Non-alcoholic fatty liver disease–discussed under the light of Unani medicine. *Journal of Complementary and Integrative Medicine*. 2023 Mar 14;20(1):17-23.
10. **Riyazuddin M**, Shahid A, Siddiqui MA. Effect of Habb-e-Quqaya in Shaqeeqa (Migraine without Aura)–An Open Label Clinical Trial. *Journal of Ayurveda*. 2021 Apr 1;15(2):147-52.
11. **Riyazuddin M**, Shahid A, Ahmad M, Fatima N, Ahmad MZ. Hab-e-Qooqaya: A Potent Herbo Medicinal Formulation for Shaqeeqa (Migraine)–A Review. *Research & Reviews: Journal of Herbal Science*. 2021; 10(2): 24–30.
12. Ahmad M, Fatma N, Ahmad MZ, Tarik M, Mobeen A, **Riyazuddin M**, Ahmad I. Concepts, Preventive Measures and Prophylaxis of COVID-19 with Special Reference of Unani Medicine. *International journal of research and review*. 2021 March; 8 (3): 130-36.
13. **Riyazuddin M**, Shahid A, Bhat MDA, Ahmad M. Unani Concept of Humma-i-Wabai- A Review. *Tajuma-e-Tib (Urdu Journal of NIUM)*. 2022; 9 (1-2): 171-75.
14. Fatima N, Siddiqui MA, **Riyazuddin M**, Shahid A. Efficacy of Sharbat-e-Afsanteen (*Artemisia absinthium L.*) on altered liver enzymes among alcoholics–A randomized single-blind controlled clinical trial. *Journal of Herbal Medicine*. 2023 Feb 1; 37:100623.
15. Shahid A, Quamri MA, **Riyazuddin M**. A Comprehensive Review of Quba and Its Correlation with Dermatophytosis. *Current Traditional Medicine*. 2023 Oct 1;9(5):71-6.
16. Shahid A, Quamri MA, **Riyazuddin M**. Management of Tinea incognito with Unani medicine: A case report. *Journal of Ayurveda Case Reports*. 2024 Apr 1;7(2):109-13.

#### **Published Abstracts and papers presented at conferences:**

“Irritable Bowel Syndrome in Unani System of Medicine” National Seminar on Gastroenterology Hepato-Biliary & Life style Disorders, Kurnool AP 2019.

“Shaqeeqa (Migraine) Unani Concept and Management” International Conference on Role of Unani Herbal Drugs in Present day Scenario & Life style Disorders, Jamia Hamdard, New Delhi 2022.

**Attendance in conference/ workshops/ seminars/oral presentations/webinar:**

Walk and Workshop for Awareness, preparedness and management for Reduction of Disaster on occasion of UN International Disaster Reduction Day on 12<sup>th</sup> October 2011.

National Seminar on Gastroenterology Hepato-Biliary & Life style Disorders, 23-24 February, 2019.

CME program on pharmacovigilance of Unani Drugs, organized by National Institute of Unani Medicine, Bengaluru, 15-16<sup>th</sup> January 2019.

Jamia Hamdard COVID-19 webinar series, on “Amraz -e- Niswan wa-Qabalat (Gynae & obstetrics): How to manage in CORONA & COVID-19” held on 25<sup>th</sup> June, 2020, organized by School of Unani Medical Education & Research, Jamia Hamdard, New Delhi.

International webinar of Jamia Hamdard COVID-19 webinar series, on “Possibilities Explored in Management of COVID-19” held on June 08, 2020 organized by School of Unani Medical Education & Research, Jamia Hamdard, New Delhi.

Speaker in the awareness programs during ‘Azadi ka Amrit Mahotsav’ event at National Institute of Unani medicine, Bangalore 2021.

Guest lecture on Mental Health & Immunity at Knowledge Festival, Vienna, Austria, 17<sup>th</sup> August 2021.

National Webinar on Pharmacovigilance of ASU & H Drugs on 23<sup>rd</sup> June 2021.

International Conference on Role of Unani Herbal Drugs in Present day Scenario & Life style Disorders, New Delhi, 29-30 March, 2022.

National Webinar on Bio-Ethics with Emphasis on GCP Guidelines, 5<sup>th</sup> Feb 2022.

CME Program for Teachers of IBT, organized by department of IBT, National Institute of Unani Medicine, Bengaluru, September 11- 16, 2023.

National Conference on Scientific Writing for Unani Teachers, organized by Department of Tahaffuzi wa Samaji Tib, National Institute of Unani Medicine Bengaluru, on 20-21<sup>st</sup> September 2023.

Capacity building program "Scientific Writing, Research Integrity & Publication Ethics" organized exclusively for Post Graduate Guides conducted by National Commission for Indian System of Medicine at All India Institute of Ayurveda from 24/06/2024 to 26/06/2024.

National Conference on Interdisciplinary Approach for Cardiovascular Health organized by Dept. of Ilmul Qabalat wa Amraze Niswan, National Institute of Unani Medicine, Bengaluru in collaboration with Govt. Unani Medical College and Hospital, Bengaluru on 6 July 2024.

**Attendance in Arogya Melas:**

Arogya Mela 2024, Ram Ganesh, Gatkari Rangayatan, Ghantali, Thane West, Mumbai, Maharashtra, organized by Ministry of AYUSH Govt. of India.

State Arogya fair 2024, Mahakavi Kalidas Kala Mandir, Nashik Maharashtra, organized by Ministry of AYUSH Govt. of India.

**Supervision to MD thesis Submitted:**

**Efficacy of *Bozidan* in hypertension: A Randomized single blind active controlled clinical study** Dr Nida Zakir

**Thesis under supervision- ongoing:**

**Effect of *LauqShamoon* in Allergic Rhinitis- A Comparative Randomized Controlled Trial**  
Dr Hina Fatima

**Comparative clinical study on the efficacy of *Habb-e-Mafasil* with *Roghan-e-Banafsha* and *Habb-e-Gul-e-Aakh* with *Roghan-e-Haft Barg* in *Waja'ur Rukbah* (Knee Osteoarthritis)- A Randomized Clinical Trial** Dr Mohd Razaullah

**Efficacy of *Kabab Chini* in Lower Urinary Tract Symptoms associated with Benign Prostatic Hyperplasia- A randomized double-blind placebo controlled clinical trial** Dr Ruchir Kumar

