

NATIONAL INSTITUTE OF UNANI MEDICINE

**(An Autonomous Organization under administrative control of Dept. of AYUSH,
Ministry of Health & Family Welfare, Govt. of India)**

ANNUAL REPORT

2013-14

CONTENTS

1. Introduction	1-2
2. Administrative Set-up	3-5
3. Infrastructure Development	5-11
4. Academic Activities	11-13
5. Extra Curricular Activities	13-38
6. Important Events	39-40
7. Future Planning	41
8. Conclusion	41
9. Hospital Statistics	42-62

INTRODUCTION

National Institute of Unani Medicine was established in 1984 as an autonomous organization under the dept. of AYUSH, Ministry of Health & Family Welfare, Govt. of India and registered under the Karnataka Society Act 1960. The academic activities were started in 2004-05. The Institute is affiliated to Rajiv Gandhi University of Health Science (RGUHS), Karnataka, Bangalore and follows the curriculum prescribed by Central Council of Indian Medicine (CCIM) as approved by the RGUHS.

National Institute of Unani Medicine is being developed as a model institute for Post Graduate teaching, training research and patient care in Unani System of Medicine. The institute is spread over 50 acres of land and consists of 180 bed hospital, academic block, administrative block, library, guest house, indoor games hall, separate hostel buildings for boys and girls, canteen, pharmacy unit, animal house, drug museum cum herbarium, herbal garden, central instrumentation facility laboratory, drug standardization laboratory and certain other laboratories attached to hospital and academic block. The spacious library is having classical and latest books, rare manuscripts and journals etc. with the facility of reading room. The library is equipped with internet facility for both staff and the students.

An auditorium has also been constructed in the campus for organization of various academic activities like conferences, workshops, seminars etc.

The institute offers Post Graduate courses in 06 disciplines of Unani Medicine, viz Moalajat (Medicine), Ilmul Advia (Pharmacology), Tahaffuzi wa Samaji Tib (PSM), Qabalat wa Amraze Niswan (OBG), Ilmul Saidla (Unani Pharmacy), Kulliyat Umoor Tabiya (Basic Principles of Unani Medicine). Permission has also been granted for Post Graduate course in two more disciplines viz. Ilaj Bit Tadbeer (Regimenal Therapy) and Jar hat (Surgery), beside this Ph.D in Moalajat are also likely to be started from this session.

The institute is trying its best to set the highest standard of teaching and research in Unani System of Medicine and serving the goal of popularizing the system. The academic departments of the institute are engaged in conducting the research to validate the Unani concepts and to generate the data for safety and efficacy of Unani drugs. The main areas of research are pre-clinical and clinical studies, basic principles of Unani medicine, and survey studies. The quality of research is maintained by the Institutional Ethics Committee for

Biomedical Research, Animal Ethics Committee, and Scientific Advisory Groups for clinical research, drug development & quality control and fundamental research. Faculty members and P.G. Scholars are regularly publishing their research paper in standard National and International Journals. The Institute is also in touch with premier scientific Institutions such as Aligarh Muslim University, Aligarh, Jamia Hamdard, New Delhi, and NIMHANS, Bangalore to enhance teaching and research standards.

The Institute publishes Bi-annual Journal of Research in Unani Medicine and a Newsletter. A research Journal in Unani medicine in Urdu is also to be launched very soon.

The institute regularly organized academic activities like CMEs, workshops, seminars and guest lectures etc. Faculty members are also deputed to various training programmes to enhance their profession skills. The institute actively participated in AROGYA Melas held across the country to popularize Unani System of Medicine. The Institute has also been designated as regional center for Pharmacovigilance of Unani drugs.

The hospital of the institute provides clinical services to the patients from general and specialty OPDs for skin diseases, GIT and Hepato-biliary disorders, Neurological disorders, Psychiatric and Geriatric care. It also provides the facilities of family planning, nutritional advice for obese, hypertensive and diabetic patients, vaccination and DOTS. The hospital is equipped with recent tools for diagnosis and clinical research.

Regimenal Therapy Unit attracts the patients suffering from various types of Neurological disorders and is continuously increasing the number of patients.

Well-equipped general OT is also working. There is a well established maternity Unit with spacious labour room and operation theatre for gynecological and obstetric cases. The institute has a separate pharmacy to cater the need of OPD and IPD patients.

Director along with faculty members and all other supporting staff are working hard for generating academic excellence in the Institute.

Administrative Set –Up:

The management of the Institute is entrusted to the Governing Body, constituted under the rules and regulations of the Institute. The Governing Body consists of 15 official and non-official members. Honøble Union Minister of Health & Family Welfare is the President and Minister of Medical Education Govt. of Karnataka is the Vice President. There is also a Standing Finance Committee which meets regularly to take decisions regarding the financial affairs of the Institute.

A) Director:

Prof. M.A Siddiqui is the regular Director of the Institute since 06.05.2013.

B) Governing Body:

The Governing Body keeps a close watch on the functioning of the Institute. The composition of the Governing Body is as follows:

1. Union Minister for Health & Family welfare Govt. of India ó **President**
2. Minister In charge of Medical Education (AYUSH) Govt. of Karnataka - **Vice President**
3. Secretary, Dept. of AYUSH, Ministry of Health & Family Welfare, Govt. of India - **Member**
4. Joint Secretary Dept. of AYUSH, Ministry of Health & Family Welfare, Govt. of India ó **Member**
5. Financial Advisor Ministry of Health & Family Welfare, Govt. of India ó **Member**
6. Secretary, Medical Education Govt. of Karnataka ó **Member**
7. Secretary, Finance Department Govt. of Karnataka- **Member**
8. Vice Chancellor Rajiv Gandhi University of Health Sciences, Karnataka, Bangaloreó **Member**
9. Advisor (Unani) Dept. of AYUSH, Ministry of Health & Family Welfare Govt. of India- **Member**
10. Principal of P.G. College of Unani Medicine to be nominated by the President. ó **Member**
11. Chairman Unani Committee Central Council of Indian Medicine ó **Member**
12. Director General, Central Council for Research in Unani Medicine ó **Member**

13. & 14. Two teachers/ researchers to be nominated by the President ó **Members**
15. Director National Institute of Unani Medicine, Bangalore- **Member Secretary**

11th Governing Body Meeting:

11th Governing Body Meeting of the Institute is yet to be held.

Standing Finance Committee:

The functioning of Standing Finance Committee is as follows:

1. To conduct and recommend annual Budget Estimates of the Institute for approval of the Governing Body.
2. To consider and recommend annual audited account of the Institution for approval of the Governing Body.
3. To consider and recommend for approval of new financial proposals which may arise during the course of the year and to approve re-appropriations between different heads of expenditure.
4. To consider quarterly reports submitted by the Director and to examine from time to time, the functioning of the Institute and to make appropriate recommendations to the Governing Body.
5. All proposals for creation of new posts and all matters relating to the invitation and acceptance of tenders for various works.

Composition of the Standing Finance Committee:

1. Joint Secretary, Dept. of AYUSH, Ministry of Health and Family Welfare, Govt. of India ó **Chairman**
2. Additional Secretary & Financial Advisor, Ministry of Health & Family Welfare Government of India ó **Member**
3. Secretary, Medical Education, Government of Karnataka ó **Member**
4. Secretary, Finance Department, Govt. of Karnataka ó **Member**
5. One Member of Governing Body of the Institute ó **Member**

6. One Professor of the Institute ó **Member**
7. Director, NIUM ó **Member Secretary**

SFC meetings held during the reporting year:

1. Shri. Bala Prasad, Joint Secretary to the Govt. of India, Department of AYUSH, Ministry of Health and Family Welfare chaired, 37th Standing Finance Committee Meeting held on 07.06.2013 at the Department of AYUSH, Ministry of Health and Family Welfare, Govt. of India, New Delhi.
2. Shri. Bala Prasad, Joint Secretary to the Govt. of India, Department of AYUSH, Ministry of Health & Family Welfare chaired, 38th Standing Finance Committee Meeting held on 27.08.2013 at Department of AYUSH, Ministry of Health and Family Welfare, Govt. of India, New Delhi.
3. Shri. Bala Prasad, Joint Secretary to the Govt. of India, Department of AYUSH, Ministry of Health & Family Welfare chaired, 39th Standing Finance Committee Meeting held on 07.11.2013 at Department of AYUSH, Ministry of Health and Family Welfare, Govt. of India, New Delhi.

Infrastructure Development

The 3rd Phase of construction which consists of an auditorium with 300 sitting capacity, Regimenal Therapy Building, Pharmacy building has been completed. The proposal for 4th Phase of construction is under consideration.

Hospital:

The hospital has an OPD wing and 180 bed IPD constructed in a wide, well ventilated and in a serene atmosphere having separate wards for male and female patients. It possesses good infrastructure and skillful staff extending their services round the clock to the patients. The treatment of poor patients in the OPD is free of cost. Diet is also provided to

the patients free of cost and is based on recommendation of respective physicians. No registration fee is collected from SC/ST patients and Senior citizens and is also offered 50% rebate on all medical investigations. Almost all the investigations done are free of cost for the IPD patients. Patients of below poverty line category are also similarly treated.

The following OPDs are functional in the hospital. Though the line of treatment in National Institute of Unani Medicine is totally based on Unani Medicine, however the hospital is also facilitated with all the latest diagnostic tools which help in diagnosis and research purpose and to provide the best treatment to sufferings from alternate system of medicine:

1. OPD

- a. Moalajat (Medicine)
- b. Qabalat wa Amraze Niswan (Obstetrics & Gynaecology)
- c. Jarahat including Ain, Uzn, Anaf, Halaq wa Asnan (Surgery including ENT and Dental)
- d. Amraze Atfal (Pediatrics)
- e. Amraze Jild wa Tazeeniyat (Skin Diseases and Cosmetology)
- f. Tahaffuzi wa Samaji Tib (Community Medicine)
- g. Musculoskeletal Disorders
- h. Neurological Disorders.
- i. Gastroenterology and Liver Diseases.
- j. Geriatric
- k. Cardiology
- l. Psychiatric Diseases
- m. Family Planning
- n. Diabetes, Obesity and Sexual Diseases
- o. Regimenal Therapy

2. Regimenal Therapy Unit:

Regimenal Therapy unit comprises of diverse treatment modalities based on the principles of modification in Asbab-e-Sitta Zarooriya (Six essential factors). This unit

was started in a few rooms annexed to IPD section with limited facilities few years back, but now it has taken the shape of a department with almost all Regimenal treatment facilities functioning in full swing. Separate sections for Physiotherapy and secluded rooms for the female patients have appropriated for the establishment of Regimenal treatment facilities:

Following regimens are operational for the treatment of a wide variety of diseases:

- a. Dalk (Massage)
- b. Hijamat (Cupping)
- c. Irsale Alaq (Leeching)
- d. Ishal (Purgation)
- e. Takmeed bukhari (Steam bath)
- f. Aabzan (Immersion bath)
- g. Ghusl Zuhri (Spinal bath)
- h. Nutool (Irrigation)
- i. Pashoya (Foot bath)
- j. Nafookh (Insufflations)
- k. Nashooq (Insufflations)
- l. Zimad (Liniment) etc

The section of physiotherapy comprises of following treatment facilities:

- a. Short wave diathermy
- b. Ultrasound therapy unit
- c. Transcutaneous electrical nerve stimulator
- d. Unit Interferential Therapy Unit
- e. Nerve muscle electrical stimulator unit
- f. Long wave diathermy Intermittent traction unit ó Cervical/ Pelvic
- g. Hydro Collator moist heat therapy
- h. Cryotherapy (Hot/Cold gel pack)
- i. Therapeutic paraffin wax therapy
- j. Specific instruments for the exercise of upper and lower limbs

The above mentioned Regimenal and Physiological treatment facilities are very useful in the treatment of the diseases like Hypertension, Diabetes, Obesity, various

Neurological disorders like Stroke, Cerebral Palsy, Neuropathies, Spinal Injury, Neuromuscular Disorders, Muscular Dystrophy, various types of Headaches, Motor Neuron Diseases, Degenerative Joint Disorders, Low Backache, Sciatica, Skin Diseases, Varicose Veins, Non-healing Ulcers, Chronic painful conditions, Sports injuries, Post Traumatic Rehabilitation, Post Operative Rehabilitation, Deformity Management etc.

In future, Hammam (Bathing) is going to be started very soon in a newly constructed building.

3. Neurology and rehabilitation Unit:

Neurology Unit of NIUM has gathered a considerable momentum since its inception. A variety of neurologic patients, come for the treatment to neurology OPD. Among the patients visiting the Neurology unit, most of them suffer from stroke. These patients are admitted for the purpose of treatment and rehabilitation employing various Regimenal procedures. The response of the treatment is remarkable, especially in patients of stroke.

4. Private wards:

Considering the demand of upgraded facility by well-off patients, private ward consisting of five semi special rooms has been started to provide better accommodation facility. It consists five semi-private wards.

5. Health Huts:

The Health Huts are also operational for patients who demanded full privacy with all upgraded facilities. The health huts comprises of patient room, visitor cum attendant room with furniture, attached store room, kitchen and a bathroom.

Laboratories and other Units:

Following Laboratories are operational in the Institute.

1. Central Instrumentation Facility Laboratory (CIFL):

The Central Instrumentation Facility Laboratory (CIFL) of NIUM houses necessary equipments and basic infrastructure required to carry out quality research in the field of Unani Medicine. Presently, it is used for research activities of the institute and help in the identification, standardization and quality control of Unani drugs and also in clinical and experimental studies. This Laboratory has HPLC, Atomic Absorption Spectrophotometer, Microwave digestion system, UV/VIS Spectrometer and other basic equipments required for the routine works.

2. Pharmacology Laboratory:

The purpose of establishment of Pharmacology laboratory is to carry out experimental work on laboratory animals and to promote evidence based research on herbal drugs including efficacy and toxicity which would later on pave the way for safer trials of these experimentally tested drugs in human beings. The laboratory has polarizing microscope with cameras, Rota red apparatus, Activity meter apparatus, Raidal Maiz, Plus Maiz etc.

3. Quality Control Laboratory:

This laboratory is established to bring out research in Unani Pharmaceutical products. The main motive of this Laboratory is to check and direct degree and grade of excellence of processes and products, production of medicines of superior quality to assure physicians, and consumers. This Laboratory also helps in the quality control of compound formulations prepared in the pharmacy of the institute and the drugs for experimental studies and to provide best facilities to the students and researchers to improve the standard of various Unani dosage forms.

All the above laboratories are attached with academic departments.

4. Diagnostic Facilities (Laboratories):

Pathology and Bio-chemistry laboratories are attached with the hospital to carry out almost all routine pathological, biochemical and microscopical tests under the expert guidance of a Bio-chemist, Pathologist and well trained and experienced technicians. It is equipped with latest instruments. The laboratory is operational on all the working days, where most of the Bio-chemical, Hematological tests, Hormonal assays and many other tests are done free of cost for the admitted patients and at 50% rebate to the SC, ST, BPL and senior Citizens of OPD. Pap smears and FNAC are done at a very reasonable cost.

5. E.C.G. Laboratory:

E.C.G laboratory is equipped with latest electrocardiograph operated by a well qualified and experienced ECG Technician. Other Instruments like PFT, Atherowin, Canwin and Periscope are also available in the laboratory for the diagnosis of various respiratory and cardiac disorders. TMT, ECHOCARDIOGRAPHY, and HOLTER have been inducted in the laboratory. The number of cardiac patients attending OPDs has increased tremendously due to availability of these investigative tools. These investigations are carried out under the expert guidance of cardiologist.

6. Radiology Unit:

A 200 MA high frequency X-Ray machine and a 60 MA mobile X-Ray machine are operational under the expert guidance of Radiologist and Radio-technician. An Ultrasound Unit is also functioning and doing routine scans.

7. Pharmacy Unit:

A well equipped independent pharmacy unit is engaged in processing and preparing several formulations in different dosage forms to cater the needs of IPD and OPD patients like Safoof, Majoon, Sharbat, Arq, Roghan, Marham, Khamira etc. The pharmacy unit is well equipped for this purpose. Presently 58 compound formulations are prepared in this unit. To cope with the increasing demand of various formulations and also to establish the NIUM Pharmacy as a GMP certified, the Pharmacy building has been extended.

Other facilities:

i. Green House / Poly House

Green House has been established in NIUM to house medicinal plants to remain green for the whole year. It has been developed in one hundred square meters with adequate irrigation facility. A Poly house was also developed in the existing for the germination of medicinal plants.

ii. Drug Museum / Herbarium

A Drug Museum along with Herbarium to house drug and plant specimens has been established. The main motive for the development of Drug Museum and Herbarium is to display various Unani drug samples for teaching and authentication of drug samples. The herbarium also helps to store authenticated specimens of Unani drugs and store all the samples over which research has been conducted at NIUM. In future, it is hoped to serve as referral centre for drug authentication. The facility has been constructed on 1000 sq feet.

iii. Games Hall:

Facility of Games Hall is also available for indoor games such as Table Tennis, Badminton, Chess, and Carom etc. for P.G. Scholars / Doctors and other staff members for the purposes of to stay cool and to rejuvenate them. Besides, a Gymnasium has also been constructed and equipped with necessary equipments.

Academic Activities

The Institute offers Post Graduate Courses in the following Unani disciplines.

1. Moalajat (Medicine)
2. Ilmul Advia (Pharmacology)
3. Tahaffuzi wa Samaji Tib (PSM)
4. Amraze Niswan wa Qabalat (OBG)
5. Ilmul Saidla (Unani Pharmacy)
6. Kulliyat Umoor Tabiya (Basic Principles of Unani Medicine)
7. Ilaj Bittadbeer(Regimenal Therapy)
8. Ilmul Jarahat(Surgery)

The Institute offers PhD Courses in Moalajat

The Institute is able to attract the students from almost all parts of the country and abroad. It follows the curriculum prescribed by the Central Council of Indian Medicine (CCIM). For admission to M.D. Unani Courses, admission test is conducted which is based on B.U.M.S syllabus. The selection is made purely on merit of the entrance test and on the basis of reservation policies of the Government of India.

Post Graduate entrance test for admission to M.D. (Unani) course for the session 2014-15 (11th Batch) was conducted on 22.09.2013 in which 37 students were given admission in various department as per their merit in the entrance test and reservation policy of Govt. of India.

Permission has also been granted for Post Graduation in Jarahiyat (Surgery) and Ilaj Bit Tadbeer (Regimenal Therapy) from the session 2014-15, beside this Ph.D in Moalajat are also likely to be started from this session.

Library:

The institute has a big library having the internet facility, e-resources, e-Journals and e-Books facility under the Helenet Consortium for accessing the e-Journals on the payment to RGUHS. At present (till 31st March 2014) the NIUM library has 6618 Unani Books, 732 Ayurvedic Books and Encyclopedias, 5226 Modern Medicine Books. The library staff is working hard to get the library fully digitalized and in this regard most of the books are bar coded and basic software's are also installed, since this is the ongoing process throughout the year due to continuous purchase of new books, the process of digitization is under process.

Library Holdings:

- | | |
|--|---|
| a. Total number of Books (up to 31 st March 2015) | - 12576 |
| b. Photocopies of rare classical books | - 37 |
| c. Total number of bind volumes of Journals | - 141 |
| d. Total number of Journals subscribed | - 15 (248 online, through HELINET) |
| e. Total number of Newspapers subscribed | - 07 (include both Regional and National) |
| f. Total periodicals | - 03 |
| d. CDs on Unani Medicine | - 59 |

Contact with other reputed Institutions:

National Institute of Unani Medicine is also in regular touch with other reputed Institutions and Organizations such as Aligarh Muslim University Aligarh, Jamia Hamdard New Delhi, NIMHANS, Al-Ameen College of Pharmacy, Bangalore and various Medical Colleges of Bangalore for good quality of research.

Extra Curricular Activities

National Institute of Unani Medicine promotes various extra-curricular activities for personality development of students, teachers and other staff. Major highlights of such activities during the reporting period are given below:

1. Free Health Camps :

Institute organizes Medical Health Camps like ANC and General Camps regularly and also on specific occasions in the adjoining areas of NIUM and also in the far flung/remote areas having limited accessibility to medical facilities. Details of the camps organized during the reporting period are given below:

- i. NIUM arranged a free eye check-up camp in the hospital in collaboration with Vasani Eye Care Hospital, Bangalore both for NIUM staff and general public on 18.06.2013.
- ii. Dr. Syed Shah Alam, Dr. Wajeeha Begum, Dr. Mohd. Aazam, Dr. Muzafar D. A Bhat along with some P.G. Scholars and Paramedical Staff were deputed to conduct a free Unani medical Camp at Tavarekare, Bangalore on 22.06.2013 in which 203 patients were examined and counseled by the institute doctors.
- iii. Dr. Arshiya Sultana, Dr. Arshad Jamal, Dr. Mazherunnisa Begum along with some P.G. Scholars and Paramedical Staff were deputed to conduct a free Unani medical Camp at K.G. Halli, Bangalore on 18.08.2013 in which 171 patients were examined and counseled by the institute doctors.
- iv. Dr. Mohd Aazam, Dr. Shakeel Ansari, Dr. Firdous Ahmad Najar along with some P.G. Scholars and Paramedical Staff were deputed to conduct a free Unani medical Camp at Doddbasti, Bangalore on 28.09.2013 in which 347 patients were examined and counseled by the institute doctors.

- v. Dr Wajeeha Begum and Dr. Mazharunnisa Begum, along with some P.G. Scholars and Paramedical Staff were deputed to conduct ANC free Unani medical at Rajgopal Nagar, Bangalore on 05.10.2013 in which 139 women were examined and counseled by the institute doctors.
- vi. Dr. Mohd Aazam, Dr. Saiyad Shah Alam, Dr. Firdous Ahmad Najar along with some P.G. Scholars and Paramedical Staff were deputed to conduct a free Unani medical Camp at Peenya IInd Stage, Bangalore on 26.10.2013 in which 73 patients were examined and counseled by the institute doctors.
- vii. Dr. Mohammad Shakeel Ansari, Dr. Firdous Ahmad Najar, Dr. Mohammad Nayab along with some P.G. Scholars and Paramedical Staff were deputed to conduct a Free Unani Medical Camp on 29.11.2013 at Tollgate, Magadi Main Road, Bangalore in which 342 patients were examined.
- viii. Dr. Wajeeha Begum, Dr. Mohd Aazam, Firdous Ahmad Najar along with P.G. Scholars and Paramedical Staff were deputed to conduct a free Unani medical Camp at SRC Puram, Bangalore on 22.02.2014 in which 356 patients were counseled by the institute doctors.

2. Health Appraisal Programmes:

National Institute of Unani Medicine conducted School Health appraisal Programme for School going children from 1st to 12 Standards of various schools of Bangalore. In one such programme Department of Tahaffuzi wa Samaji Tib conducted 02 days School childrens Health Appraisal Programme on 17-18th September 2013 and 6-7th March, 2014 at Okkaligarasanga Primary and High School, Bangalore. Around 350 Childrens of 1st to 5th Standard were examined by the institute doctors. Majority of the childrens were suffering from Upper Respiratory Tract infection, worm infestation, abdominal discomfort and minor skin problems like acne and pustules. Second most prevalent problem was Anemia among the girls that were assessed on examination by the doctors. Few childrens were having the symptoms of Psycho-social problems, Jaundice and Dengue like diseases. Free Unani Medicine were distributed among the childrens and for further management of disease they were given written instruction

for their parents mentioned in their diaries to take their wards in NIUM OPDs for further investigations and proper treatment of diseases and advise.

3. Mobile Clinics:

National Institute of Unani Medicine, Bangalore has been envisaged with an aim to make it premier institution of Unani Medicine in India with State-of-art infrastructure, and quality research facilities and distinguished faculty members. The institute is striving hard to set a standard for itself and is channelizing all its resources to transform a newly established seat of learning into center of excellence. Keeping in view its aims and objectives and to promote Unani System of Medicine and the institute, National Institute of Unani Medicine organizes Free Mobile Clinics from time to time in the surrounding as well as in the far flung areas of Bangalore which have limited accessibility to Unani treatment. The locality for arranging such mobile clinics were selected after a brief survey of the areas by Hospital Incharge and other senior consultants of the institute. Among them Mobile Clinic service were rendered by the Department of Tahaffuzi wa Samaji Tib (Preventive and Social Medicine) on 03.012.2013. Dr. Abdul Haseeb Ansari, Lecturer, Dept. of Tahaffuzi wa Samaji Tib along with P.G. Scholars and Paramedical staff were deputed to conduct this mobile clinic. Around 350 patients of diverse illness especially of Arthritis, Diabetes, and Upper Respiratory tract infections etc as clinically examined by the doctors and on behalf of their previous history and clinical examination they were provided free medicines accordingly. The raison d'être of conducting the Clinics is to give the medical service to the remote patients and it was found that after conducting the clinics most of patients appeared in various OPDs of NIUM for further treatment and got the knowledge of treatment with alternate system of medicines.

4. Pulse Polio Programmes:

Pulse polio programmes were organized by the NIUM. In these programmes NIUM deputed their doctors and paramedical staffs for door to door campaign as well as booths were erected to immunize the children. In one such programme Dr. Zarnigar and Dr. Malik Itrat along with Paramedical Staff were deputed at Pulse Polio Booth

erected inside the NIUM on 23.02.2014. Around 222 children were immunized in this programme.

5. Participation in AROGYA MELA:

NIUM ensured its active participation in AROGYA Mela organized by the Department of AYUSH, Ministry of Health and Family Welfare Govt. of India with a view to popularize the Traditional Systems of Medicine and thereby to extend the benefits of these indigenous systems in the health care management to the people. Following are the detail of AROGYA Mela held during the reporting period:

- i. Prof. Mohammad Zulkifle and Dr. Shariq Shamsi along with some P.G. Scholars were deputed to represent NIUM at AROGYA Mela held at Chandigarh from 9-12th May 2013. Prof. M.A. Siddiqui Director NIUM also visited the AROGYA Mela.
- ii. Dr. Shariq Shamsi and Dr. Arshad Jamal along with some P.G. Scholars were deputed to represent NIUM in AROGYA Mela at Lucknow from 25-28th October, 2013.
- iii. Prof. Mohammad Zulkifle and Dr. Abdul Nasir Ansari along with some P.G. Scholars were deputed to represent NIUM at AROGYA Meal held from 21.12.2013 to 24.12.2013 at Jammu, Jammu and Kashmir.
- iv. Prof. Mohammad Zulkifle and Dr. Javed Ahmad along with some P.G. Scholars were deputed to represent NIUM at AROGYA Mela held at Kolkata from 8-9th February 2014. Prof. M.A. Siddiqui Director NIUM also visited the venue and represented the NIUM in AROGYA Mela.
- v. Prof. Mohammad Zulkifle and Dr. Malik Itrat along with some P.G. Scholars were deputed to represent NIUM at AROGYA Mela at Jaipur from 28th February- 3rd March 2014.

6. Guest and extension lectures:

National Institute of Unani Medicine organizes good quality Guest and Extension lectures to elevate the standard of education and research in Unani system Medicine. Following are few important lectures that were arranged by NIUM during the reporting period:

- i. Dr. M.R. Kulkarni Consultant Surgeon & Hospital Management Consultant was invited to deliver a Guest Lecture on "Hospital Management" in the institute on 29.05.2013.
- ii. Dr. Gurubasavaraja was invited to deliver a Guest lecture on "Common Dental Emergencies in General Medical Practice" on 25.07.2013.
- iii. Prof. Salma Khanum of Dept. of Pharmacognosy, Al-Ameen College of Pharmacy, Bangalore was invited to deliver a Guest lecture on "Evaluation of organized and unorganized drugs" on 27.07.2013
- iv. Department of Moalajat organized a Guest lecture in the Institute on 08.10.2013 in which Dr. Harshad M. Shah, Sr. Professor and HoD Orthopedic, M.S. Ramaiah Medical College delivered a lecture on the topic "Illizarov external fixation in correction of congenital condition, Deformities corrections, and limb lengthening etc"
- v. Dr. Saifullah Khalid Adamji, Co-ordinator, Private Medical licensing Department, Ministry of Health, United Arab Emirates was invited to deliver a guest talk on various overseas job opportunities mainly in UAE and Saudi Arabia on 16.11.2013.
- vi. Dr. Srilata, Gynecologist ESI hospital Bangalore was invited to deliver a guest lecture on "Critical care in Obstetrics" on 02.12.2013

7. Public Awareness Programmes at NIUM:

NIUM hospital conducts medical awareness programme for IPD, OPD patients and common people fortnightly to spread awareness about the common diseases prevailing in the Bangalore and surrounding areas. The faculty members from the Institute deliver the lecture in simple and explicable languages on the selected topics and emphasis is laid upon the prophylactic aspect of the diseases. In these seminars/programmes, all are invited. The following awareness programmes were held during the reporting year.

- a. Varicose Vein, causes & prevention - Dr. Abdul Azeez
- b. Diabetes Mellitus causes and management - Dr. Mohd. Nayab
- c. Management of Sialan-ur-Raham and Unani Drugs - Dr. Wajeeda Begum
- d. Haemorrhoids - Dr. Mohd. Shakeel Ansari

- e. Diabetes Mellitus and its Management - Dr. Hamid Ali
- f. Hypertension - Dr. Tanzeel Ahmad
- g. Diabetes Mellitus - Dr. Javed A Khan
- h. Normal Bowel Habit - Dr. Mohammad Shakeel Ansari
- i. Head Injury - Dr. Firdous Ahmad Najar
- j. Preventive measures of Hypertension - Dr. Mohd. Nayab
- k. Prevention and Management of Obesity - Dr. Hamid Ali
- l. Obesity Awareness - Dr. Malik Itrat
- m. DOTS Awareness - Dr. A.M.K. Sherwani
- n. Menstrual Disorders and its Management with Unani drugs - Dr. Wajeeha Begum
- o. Anemia in Pregnancy and its treatment with Unani Medicine - Dr. Ismath Shameem
- p. Hypertension - Dr. Arshad Jamal
- q. AIDS Awareness - Dr. Javed Ahmad Khan
- r. Gall Stone Management - Dr. Mohammad Shakeel Ansari
- s. Gastric Ulcer Management - Dr. Firdous Ahmad Najar
- t. Pul. Koch ϕ - Dr. A.M.K. Sherwani

8. Observation of Global Breast Feeding Week:

World Breast Feeding week was observed by the initiatives of Department of Amraze Niswan wa Qabalat from 1-7th August, 2013 at the Institute's Hospital and in response around 1400 peoples visited the hospital to get hands on experience about the Breast Feeding. Antenatal cases and lactating mothers were especially counseled and importance of breast feeding for six months and continuation for two more years was emphasized. Moreover, the role of diet and Unani drugs that enhances milk production was also highlighted.

9. Observation of Ovarian Cancer Awareness Month:

The Department of Amraze Niswan wa Qabalat observed September, 2013 as Ovarian Cancer Awareness Month in the NIUM hospital. The objective was to make public responsive and more aware about the ovarian cancer, its early detection and treatment. Various prophylactic aspects were also highlighted during the month. Approximately

700 peoples attended the programme. Pamphlets covering various aspects of Ovarian Cancer were distributed to the participants. Free Ultrasonography facility for screening was provided by the institute. The general public was also educated by door óto- door campaign.

10. Observation of Breast Cancer Awareness month:

Breast cancer is by far the most common cancer amongst women worldwide. In most countries, the month of October is recognized as National Breast cancer Awareness Month. It is an annual international health campaign organized to increase awareness of the disease and to raise funds for research into its cause, prevention, diagnosis, treatment and cure. Therefore, the department of Amraze Niswan wa Qabalat of NIUM observed October, 2013 as Breast cancer Awareness Month. During the campaign free pamphlets were distributed among the general public. Public awareness programmes were also conducted in the NIUM hospital for OPD and IPD patients and common peoples to spreads awareness about the breast cancer. The faculty members of the department of Amraze Niswan wa Qabalat gave valuable lectures during the whole month in an easy local language. Help of audio visual gadgets were also taken to make the programme more effective and emphasis was laid upon the prophylactic aspects of the disease. The primary purpose for the campaign is to promote screening mammography as the most effective was to save live by detecting breast cancer at early stage.

11. Observation of HIV/AIDS Awareness Week:

The Department of Tahaffuzi wa Samaji Tib observed a HIV/AIDS awareness week by organizing a rally on 5th December 2013 on the occasion of World AIDS Day in and around the NIUM campus that covered Kottigepalya, Nagarbhavi, BDA Complex and Sunkadakatte to create awareness among the peoples about the HIV/AIDS. Faculty members of Dept. of TST and all the P.G. Scholars participated in the rally.

12. Observation of Cervical Cancer Awareness Month:

The department of Amraze Niswan wa Qabalat observed January 2014 as Cervical Cancer Awareness Month. During the campaign free pamphlets were distributed among the general public. Public awareness programmes were also conducted in the NIUM

hospital for OPD and IPD patients and common peoples to spreads awareness about the Cervical Cancer. The faculty members of Amraze Niswan wa Qabalat gave valuable lectures during the whole month in an explicable language. Help of audio visual gadgets were also taken to make the programme more effective, and attractive. Emphasis was laid upon the prophylactic aspects of the disease. Door- to- door campaign was also conducted in an around the adjoining areas of NIUM. Pap smear was done at a free of cost (three days/week) to screen Cervical Cancer.

13. Educational Tour:

Normally one educational tour is being conducted for Post Graduate Scholars during second year. They are sent to similar institutions to exchange views on other aspects of Unani Medicine and to know about allied institutions .This year the P.G. Scholars visited Calicut.

Glimpse of other activities during the reporting period

Organization of Workshop on Matab wa Nuskha Navesi:

A one-day workshop on Matab wa Nuskha Navesi was organized by the Dept. of Moalajat on 18.12.2013. The objectives of the workshop were to revive the practice of Nuskha Navesi which is an integral part of the treatment. This workshop was conducted to bring about awareness and positive mindset in practitioners of Unani System of Medicine. A total of 115 delegates from Kerala, Tamil Nadu, Andhra Pradesh and Karnataka participated in this workshop. The objectives of the workshop were highlighted by the Director NIUM in his inaugural speech. Prof. M.A. Siddiqui, Director NIUM, Prof. M.M.H Siddiqui, Chairman Dept of Ilaj Bit Tadbeer AKTC AMU Aligarh. Prof. Abdul Mannan, Chairman Dept. of Moalajat, AKTC, AMU Aligarh shared their vast experiences with the attendees. Prof. Abdul Wadud, HoD Ilmu Advia, Dr. Tanzeel Ahmad also talked on Matab wa Nuskha Navesi. Different aspects of Matab wa Nuskha Navesi and their importance in Tibbe Unani and their applications in present scenario were highlighted.

Organization of Workshop on Research Methodology:

A two days workshop on 'Research Methodology in Unani Medicine' was organized in the Institute by the Dept. of Moalajat from 15-16th February 2014. One hundred and Twenty Five delegates from various Institutes and research organizations participated in the workshop. The workshop was inaugurated by the Director of the institute with his welcome address and summarized the objectives of the workshop and also the introduction of speakers.

The workshop consisted of the lectures of Prof. N.S. Rao, Head and Professor of the Dept. of Research Methodology and Bio-Statistics, Padmashree group of Institute of Management, Bangalore; Dr. Dattu Sridharan, Chairman ChanRE Ethical Committee and former Head of Dept. of Microbiology, M.S. Ramaiah Medical College and Research Center, Bangalore; Dr. Arvind, Scientist G and Dean of Dept. of Aero Medicine, Indian Air Force Medical College, Bangalore; Dr. Jyothi, Associate Professor, Dept. of Community Medicine, Bangalore; Dr. Suresh K.P., Scientist Grade 2, Bio-statistician, Project Directorate of Animal Diseases Monitoring and Surveillance, Bangalore; Dr. Sathya Prabha, Additional Professor, Dept. of Neurophysiology, NIMHANS, Bangalore; were the connoisseurs from their respective fields who shared their vast experience with the attendees. Beside the presence of these dignitaries, NIUM faculty Viz. Dr. Ghulamuddin Sofi, Dr. Mohd. Aleemuddin Quamri refines the workshop by delivering important lectures.

Training Programme on Ilaj bit Tadbeer:

A two days training programme, on òllaj bit Tadbeerö, was organized by Dept. of Ilaj bit Tadbeer, from 30th-1st December 2013. The objective of the training programme was to revive and rejuvenate presently anachronistic Regimenal procedures employed in the treatment of various chronic intractable disorders by all ancient physicians since centuries. Sixteen trainees mainly from southern states participated in this training programme. Director NIUM, Prof. M.A. Siddiqui, graced the function as guest of honour. In his address to the audience, he emphasized the importance of Ilaj bit Tadbeer in the management of non-communicable and life style disorders. He also encouraged to explore the classical Unani

literature and exploit the richness of Unani medicine for the furtherance of treatment avenues in today's scenario of intractable and challenging diseases.

The first lecture of day 1st was delivered by Dr. Abdul Nasir Ansari, Reader, Dept. of Ilaj bit Tadbeer on "Introduction of Ilaj bit Tadbeer". He elaborated on Asbab, Asbabe Sitta Zarooriya, inclusion and exclusion of various modalities of Ilaj bit Tadbeer on the basis of involvement of Asbabe Sitta Zarooriya and role of regimenal procedures in the treatment of Falij Nisfi. The second lecture was delivered by Dr. Aleemuddin Quamri, Lecturer, Dept of Moalajat, on Leech therapy. He spoke extensively on history of leech application, methods and precautions of Leeching before, during and after the procedure. His presentation was supported by a few video clippings demonstrating Leech application. Dr. Hamid Ali, Lecturer, Dept. of Ilaj bit Tadbeer demonstrated the technique of Leech application. Dr. Muhib Jahan, Lecturer, HMS Unani Medical College, Tumkur, demonstrated the niceties of methods of Nutool therapy and explained the indications, mechanism of action of various oils and Joshandas used in Nutool therapy. Dr. Abdul Nasir Ansari demonstrated the methods of use of Shamoom, Nafookh and Zimad etc. application on neurologic patients in neurology ward.

Maternal and Child Health (MCH) Care Awareness Programme :

Department of Amraze Niswan wa Qabalat is conducting MCH programmes on regular basis from July 2012 onwards. Awareness programmes on different aspects of mother and child health care were organized on different dates by the faculty members. The participants were educated about the general measures, improvement of nutritional status, immunization of mother and child etc. Maternal and child health care programme conducted during the reporting periods are listed below:

April: 2013

- Genital prolapse and its unani treatment by Dr. Ismath Shameem. 17/4/2013
- Managing leucorrhoea with unani medicine in reproductive women by Dr. Wajeeha Begum. 23/4/2013
- Managing Infertility by unani drugs by Dr. Arshiya Sultana.30 /4/2013

May: 2013

- Managing Abortions with unani medicine by Dr. Wajeeha Begum. on 8/5/13.
- Managing Anemia in children by unani drugs by Dr. Arshiya Sultana. on 16/5/13
- Irregular Menses and its Unani treatment by Dr. Ismath Shameem. on 30/5/13.

June: 2013

- Vaccination in children by Dr. Wajeeha Begum on 12 /6/2013
- PCOD and its Unani treatment by Dr. Ismath Shameem 20/6/2013
- Recurrence Pregnancy loss and Unani drugs by Dr. Arshiya Sultana. 26/6/2013

July: 2013

- ANC in High risk pregnancy and Unani medicine by Dr. Wajeeha Begum 11/7/2013
- Infertility and its Unani treatment by Dr. Ismath Shameem 18/7/2013
- Diabetes in pregnancy and Unani drugs by Dr. Arshiya Sultana. 24/7/2013
- Common pregnancy ailments and Unani drugs by Mazharunnisa Begum. 31/7/2013

August: 2013

- Prenatal and post natal care by Dr. Tabassum K on 16/8/13.
- PCOD and Unani medicine by Dr. Wajeeha Begum on 22/8/13.
- ANC and Unani drugs by Dr. Arshiya Sultana on 28/8/13.

September: 2013

- Nutrition during pregnancy by Dr. Ismath Shameem on 11/9/13.
- Leucorrhoea and Unani medicine by Dr. Mazharunnisa Begum on 18/9/13.
- IUGR and its management by Dr. Tabassum K on 26/9/13.

- Daily program on ovarian cancer awareness for whole month.

October: 2013

- Prevention of neonatal infection by Dr. Wajeeha Begum on 2/10/13.
- Small for gestational age and Unani drugs by Dr. Arshiya Sultana on 23/10/13.
- Indications of cesarean section by Dr. Tabassum K on 30/10/13.
- Daily program on breast cancer awareness for whole month.

November: 2013

- Anemia in Pregnancy by Dr. Mazharunnisa Begum on 13/11/13.
- Diagnosis of pregnancy and Unani drugs by Dr. Ismath Shameem on 20/11/13.
- Extra uterine pregnancy by Dr. Arshiya Sultana on 27/11/13.

December: 2013

- Fetal assessment in pregnancy by Dr. K. Tabassum on 4/12/13.
- Candid vaginal infection and Unani treatment by Dr. Wajeeha Begum on 26/12/13.
- Dr. Wajeeha Begum given a Public awareness program on Menstrual Disorder on 6th Dec2013.
- Dr. Ismath Shameem given a Public awareness program on anemia in pregnancy on 16th Dec2013.

January: 2014

- Ante-partum Hemorrhage and Unani medicine by Dr. Mazharunnisa on 8/1/14.
- Painful pregnancy by Dr. Arshiya on 15/1/14
- Abortion and Unani medicine by Dr. Tabassum on 22/1/14

- Female infertility and its Unani treatment by Dr. Ismath Shameem on 29/1/14.

February: 2014

- Pregnancy induced Hypertension and Unani medicine by Dr. Wajeeha Begum on 5/2/14.
- Painful menses and Unani medicine by Dr. Mazharunnisa on 12/2 /14
- Post dated pregnancy by Dr. Arshiya on 20/2/14
- Importance of Breast feeding and Unani drugs by Dr. Ismath Shameem on 26/2/14.

March: 2014

- Dr. Wajeeha Begum conducted a MCH program on managing Diarrhea with unani medicine in children on 13/3/2014.
- Dr. Ismath Shameem conducted a MCH program on newborn care on 20/3/2014.
- Dr. Arshiya Sultana conducted a MCH program on post natal care on 27/3/2014

Training Programme on Personality Development:

Smt. Punita from Indian Institute of Training and Development was invited to deliver a lecture on "Power of attitude, problem solving and decision making" on 10.09.2013 at NIUM. She practically demonstrated a gamut of invigorating activities to de-stress and rejuvenate people in stressful working conditions in various organizations.

Visit of Shri Nilanjan Sanyal, Secretary, Dept. of AYUSH:

Shri Nilanjan Sanyal, Secretary, Dept. of AYUSH, Ministry of Health and Family Welfare, Government of India visited National Institute of Unani Medicine, Bangalore on 19.09.2013. He inspected the newly constructed Auditorium, OPD block, Regimenal Therapy Unit and

Pharmacy building. He also visited the hospital, academic block, various research laboratories of the institute and interacted with the patients, faculty members and P.G. Scholars and took note of ongoing academic activities.

Officials from Department of AYUSH visited the Institute:

Officials from Dept. of AYUSH Viz. Dr. Mukhtar A. Qasmi, Deputy Advisor (Unani) and Dr. Kumar Vivekanand, R.O (Homeopathy) visited the Institute on 4-5th June 2013 to discuss, guide and assess the status of the Institute on compliance of MSR and other regulations required for obtaining permission of GOI for P.G. Admissions.

CCIM Visits during the reporting period:

Central Council of Indian Medicine visited and inspected the institute to look the MSR of various departments in the institute: on 4-5th July 2013 and on 24-25th January 2014 CCIM team visited the institute.

Visit of Local Inspection Committee:

Rajiv Gandhi University of Health Sciences, Bangalore arranged a visit of LIC to inspect NIUM on MSR of various departments of the institute affiliated to the University. Prof. Mohd Aqil Quadri, Principal Luqman Unani Medical College Bijapur and Dr. Ravi Raj, Associate Prof. KVG Dental College, Sullia inspected the institute on 16.07.2013.

Institutional Ethics Committee for Bio-Medical Research and institutional Animal Ethics Committee Meetings held at NIUM

National Institute of Unani Medicine conducted meeting of Institutional Ethics committee (IEC) for Bio-medical research on 18.04.2013 and 19.12.2013, while Institutional Animal Ethics Committee was held on 22.07.2013 & 20.12.2013 to ponder over the ethical issues concerning the involvement of human and animals as subject of interventional studies before

letting the ethical clearance. Prof. M.M.H. Siddiqui, AKTC, AMU Aligarh; Prof. Abdul Mannan, AKTC, AMU Aligarh; Prof. Samiullah, HoD Shifa Hospital, Bangalore; Dr. Suresh Chandra, Veterinary Officer, NIMHANS, Bangalore, Prof. Ramachandra Shetty, HoD, Govt. College of Pharmacy, Mr. D. R. Prahlad, Dr. Satya Prabha were the experts present along with NIUM members from time to time to discuss the ethical issues.

Communal Harmony Week Observed:

National Institute of Unani medicine observed Communal harmony campaign and fund raising week from 19-25th November 2013 for the rehabilitation of child victims of Communal Violence and for promotion of communal harmony, National Integrity and Fraternity. Prof. M.A. Siddiqui Director NIUM administered the pledge to the gathering.

Training programme on Care, Breeding and Management of Laboratory animals:

Life of animals is also precious, therefore Government made it mandatory to handle animals used in experiment in humane way. For this purpose, a regulatory body known as Committee for the purpose of control & supervision of experiments on Animals (CPCSEA) has been constituted.

To facilitate researchers to handle animals in humane way, Central Animal Research Facility (CARF) of National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore organizes training programme on Care, Breeding and Management of Laboratory Animals biannually for researchers of various institutes who are engaged after completion of the training programme passing of which is compulsory for getting certification for handling of animals. Dr. Syeda Anjum Farah and Dr. Ansari Mohammad Abdullah, P.G. Scholars of Dept. of Ilmu Saida, NIUM secures 1st and 2nd rank respectively in the examination held in March 2014. NIUM congratulates these scholars and wish them all the success in their life and future endeavors.

Induction Programme organized by Rajiv Gandhi University of Health Science Bangalore:

To become a good teacher, two things are essential; one is knowledge of the subject and second is the awareness of basic concepts of teaching methods. Therefore, the affiliating University Rajiv Gandhi University of Health Sciences, Bangalore conducts Induction programme and short term courses on Educational Methodology for AYUSH teachers and for the department of Health professionals from time to time throughout the year. The purpose of the course was to improve the professional skills of the teachers and examiners. The following faculty members were deputed from the institute during the reporting period:

- a. Dr. Shariq Shamsi, Dept. of Ilmul Saidla
- b. Dr. Hamid Ali, Dept. of Ilaj Bit Tadbeer
- c. Dr. Hamiduddin, Dept. of Ilmul Saidla
- d. Dr. Waseem Ahmad, Dept. of Kulliyat

All the NIUM teachers actively participated and attended the programme as per schedule. They were assessed on their tutor marked assignments, micro teaching presentations, and peer review during contact programmes.

Continuing Medical Education Programme:

Many issues of the professional education cannot be covered through stereotyped course curricula and, therefore needs augmentation & clarification through direct interaction with the resource persons and domain experts. AYUSH teachers and practitioners, many of them, do not have access to professional journals and web-based CME like their allopathic counterparts. There is an urgent need for re-orienting and upgrading their professional competence & skills. Emerging trends of health care and scientific outcomes necessitate time to time enhancement of professional knowledge of teachers, practitioners and researchers. Good Clinical Practices and Good Teaching Practices are the two areas where AYUSH practitioners and teachers need to be regularly updated to keep up the standards of health

delivery and adequate training of students respectively in accordance with the emerging demands. Hence, Department of AYUSH, Govt. of India has made it mandatory to conduct/participate in various Reorientation Training Programmes and Continuing Medical Education Programmes to elevate the standard of teaching and research in alternate system of medicine.

The following faculty members attended and delivered lectures in the ROTPs, CMEs & Workshops etc outside the NIUM during the reporting period:

Participation of faculty members and P.G. Scholars of NIUM in Seminars / Conferences / Workshops / Training Programmes:

1. Dr. Roohi Zaman, Reader & HoD Ilmul Saidla was invited as a Guest of Honour at Community Institute of Management Studies, Bangalore and Delivered a talk on "Awareness of common Medicinal plants in primary health care on 24.04.2013.
2. Dr. Abdul Haseeb Ansari attended Training Programme on "Research Methodology, Data Management and Bio-statistical using web based statistical software" organized by ChanRe Healthcare & Research Pvt. Ltd., Bangalore on 24th & 25th August 2013 at ChanRe Diagnostic Laboratory, Malleshwaram, Bangalore.
3. Dr. Roohi Zaman, Reader & HoD Ilmul Saidla was invited by Shri Devrajurs Medical College, Bangalore in a workshop and to deliver a lecture as a Resource Person on the topic "The Science and Practice of Unani Medicine and its Challenges in integrating with conventional Medicine on 21.09.2013.
4. Dr. Roohi Zaman, HoD, Dept. of Ilmul Saidla delivered a lecture entitled "Unani System: A holistic approach towards health care" on 29.10.2012 at SDM College of Ayurveda, organized by Society for Indian Medicinal Anthropologist, Karnataka.
5. Dr. Tanzeel Ahmad, Dr. Wajeeha Begum and Dr. Mohammad Aleemuddin Quamri attended an International conference on "Integration of Medicine, Global Health Future" from 13-15th November 2013 at Hotel Merriton, Bangalore organized by college of Medicine, U.K., in collaboration with Soukya foundation, Bangalore. Prof. M.A. Siddiqui, Director NIUM attended the session on 15.11.2013. Dr. M.A. Quamri also

presented his paper on "Integration of Unani Medicine" and its importance in treating long term diseases with Unani Medicines.

6. Dr. Najeeb Jahan and Dr. Hamiduddin were deputed to attend an international conference on "Translational Pharmacology" at 46th Annual Conference of India Pharmacological Society from 16-18th Dec., 2013 at NIMHANS, Bangalore. Dr. Hamiduddin also presented a paper (poster presentation) entitled "Conceptual exploration of bitter drugs of plant origin in Unani Medicine". They also attended Pre-conference workshop on "Advances in preclinical research on the eve of 46th Annual Conference of Indian Pharmacological Society on 15th Dec., 2013 at Vydehi Institute of Medical Science, Bangalore.
7. Dr. Abdul Nasir Ansari and Dr. Ghulamuddin Sofi were deputed to attend an International Conference on "Multidisciplinary Healthcare" at AIIMS, New Delhi from 9-14th January 2014. They also presented their papers entitled "Management of *Falij* (Hemiplegia) in Unani Medicine" respectively.
8. Dr. Roohi Zaman along with two P.G. Scholars viz. Dr. Seema Rani and Dr. Md. Irfhan were deputed to attend a Conference on "Collaborative research in Ayurveda and Modern Biology" at Coimbatore organized by AVP Research foundation from 3-4th February 2014. They also presented their papers in the conference.
9. Dr. Nasreen Jahan and Dr. Khaleequr Rehman were deputed by the Institute to attend an International Seminar on "Sandalwood: Current Trends and Future prospects" at IWST, Bangalore from 26-28th February 2014. Dr. Nasreen Jahan also presented her paper entitled "Medicinal value of Sandal Wood and its oil in Unani System of Medicine".
10. Dr. Ghulamuddin Sofi was deputed to deliver lecture as a resource person on "Unani Medicine - Basic principles and treatment strategies" on 06.03.2014 at JSS College of Pharmacy, Ooty in 21 days training for Indo-African exchange programme on "Traditional System of India".
11. Dr. Wajeeha Begum was invited by Government Unani Medical College, Bangalore as a resource person on 11.03.2014 and delivered a lecture on "Applications of Ilaj Bit Tadbeer in OBG practice" in NRHM programme organized by Govt. Unani Medical College, Bangalore.

12. Dr. Abdul Nasir Ansari and Dr. Roohi Zaman were deputed by the institute to conduct practical demonstrations of various passé regimens of Ilaj Bit Tadbeer prevailing and practicing in NIUM in a training programme on Regimenal Therapies conducted by Govt. Unani Medical College, Bangalore on 13.03.2014.

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Important Events

1. Prof. M.A. Siddiqui, Director NIUM attended the meeting on 14.04.2013 at CCRUM Head Quarter, New Delhi, chaired by Shri Bala Prasad, Joint Secretary, Dept. of AYUSH, Govt. of India for the finalization of Dossier of Unani Medicine on 15.04.2013 in the Dept. of AYUSH, New Delhi Chaired by Shri Bala Prasad, Joint Secretary Dept. of AYUSH to discuss the matters related to research priorities, coordination and related issues.
2. Prof. M.A. Siddiqui, Director NIUM attended the meeting on 06.05.2013 at New Delhi for finalization of Dossier of Unani Medicine, chaired by Shri Bala Prasad, Joint Secretary, Dept. of AYUSH, Govt. of India.
3. Prof. M.A. Siddiqui, Director NIUM attended the meeting on 21.05.2013 in the Dept. of AYUSH, New Delhi to discuss the matters related to research promotion, coordination and related issues chaired by Shri Bala Prasad, Joint Secretary, Dept. of AYUSH, Govt. of India.
4. Prof. Mohd. Anwar, Prof. Abdul Wadud, Dr. Wajeeha Begum, Dr. Tanzeel Ahmad and Dr. Mohd Aleemuddin Quamri attended the Board of Studies meeting (Unani) at RGUHS, Bangalore on 28.05.2013.
5. Prof. M.A. Siddiqui, Director NIUM attended the meeting on Representation on Draft Evaluation report at Dept. of AYUSH, New Delhi on 14.06.2013.
6. Prof. M.A. Siddiqui, Director NIUM attended the Academic Council meeting on 26.06.2013 at Rajiv Gandhi University of Health Sciences, Bangalore.
7. Walk-in interviews were conducted for various teaching posts on contractual basis, in different departments of NIUM on 17.06.2013.
8. Prof. M.A. Siddiqui, Director NIUM was deputed by CCIM to inspect Deoband Unani Medical College on 1-2nd July, 2013.
9. Dr. Abdul Nasir Ansari was deputed by CCIM to inspect Tipu Sultan Unani Medical College, Gulbarga on 3-4th July 2013.
10. Prof. M.A. Siddiqui, Director NIUM and Shri B.N. Vidyashankara, Deputy Director (Admin.) attended a workshop on RFD, organized by Cabinet Secretariat at New Delhi on 26.08.2013.

11. Prof. Abdul Wadud, Dr. Tanzeel Ahmad, Dr. M.A. Quamri and Dr. Wajeeha Begum attended the Board of Studies (Unani) meeting at the affiliating University, Rajiv Gandhi University of Health Sciences, Bangalore on 12.09.2013
12. Prof. M.A. Siddiqui, Director NIUM attended the meeting at Morarji Desai National Institute of Yoga on 4-5th Oct., 2013 at New Delhi to determine and recommend standard rates for the most common treatment procedures practiced in different systems of medicines in AYUSH to be offered to the private standalone hospitals for empanelment under CGHS.
13. Prof. M.A. Siddiqui, Director NIUM attended the meeting of Nodal officers of various examinations on 24.10.2013 at Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore.
14. Prof. M.A. Siddiqui, Director NIUM attended the meeting to discuss the outcome Budget and Annual plan proposals for the year 2014-15 on 28.10.2013 at Dept. of AYUSH, New Delhi
15. Prof. M. A. Siddiqui, Director visited the National Institute of Ayurveda, Jaipur on 11.11.2013 to discuss various matters relating to Ph.D Programme with the Director NIA, Jaipur.
16. Prof. M.A. Siddiqui, Director attended meeting on "Standards of Clinical Establishments and STGs" on 13.11.2014 at the Dept. of AYUSH, New Delhi.
17. Dr. Abdul Nasir Ansari was deputed by CCIM to visit and inspect Nizamia Tibbiya College, Hyderabad from 20th -22nd January 2014.
18. Prof. M.A. Siddiqui, Director NIUM and Prof. Abdul Wadud attended Tenth one day programme on "Right to Information Act 2005 for the first appellate authority and transparency officers" on 22.02.2014 at Hotel The Capitol, Raj Bhavan Road, Bangalore.
19. Prof. M.A. Siddiqui, Director NIUM and Shri B.N. Vidyashankara, Deputy Director (Admin.) NIUM attended 02 days training programme on Sexual Harassment of women on working place (Prevention, Prohibition and Redressal) Act 2013 on 24-25th February 2014 at Bangalore.

Future Planning

1. To start P.G. Courses in Munafeul Aaza, Ilmu Amraz, Amraze Jild, and Tashreeh, under IIIrd Phase (Submission of Proposal to the Dept. of AYUSH is under process).
2. To Start Ph.D in other disciplines of Unani Medicine
3. To expand the existing facilities in hospital of NIUM.
4. Training Programme for M.D. students on Professional Excellence Development.
5. Proposal has already been submitted for Deemed University status for NIUM and status of all India level institute with its braches all over India, especially in North East, Jammu & Kashmir and Kerala where Post graduate facilities in Unani Medicine are not available

Diploma Courses

- a. P.G. Diploma Course in Saidla (Unani Pharmacy)
- b. P.G. Diploma Course in Amraze Jild wa Tazyeniyat (Skin & Cosmetology)
- c. P.G. Diploma Course in Regimenal Therapy
- d. P.G. Diploma Course for Unani Pharmacist

Conclusion:

Under the guidance of the Department of AYUSH, Ministry of Health and Family Welfare, Govt. of India, the Institute aims at becoming a model for the Post Graduate Institute of Unani System of Medicine in the country in near future.

HOSPITAL STATISTICS FROM 01.04.2013 TO 31.03.2014

OUT – PATIENT DEPARTMENT:

Sl.No.	Months	Male	Female	Children	Total	Free Unani Camp
1.	April 2013	3032	2878	382	6292	-
2.	May 2013	2764	2987	324	6075	-
3.	June 2013	2513	2609	227	5349	203
4.	July 2013	2799	3005	220	6024	-
5.	August 2013	2511	2445	226	5182	171
6.	September 2013	2997	3099	243	6339	347
7.	October 2013	2899	3051	323	6273	73+139
8.	November 2013	2835	3213	287	6335	342
9.	December 2013	3481	3778	430	7689	-
10.	January 2014	3333	3427	325	7085	-
11.	February 2014	3227	3315	340	6882	356
12.	March 2014	3427	3868	342	7637	-
Total		35818	37675	3669	77162	1631

SC/ST/Sr. CITIZEN OUT – PATIENTS:

Sl.No.	Months	Below Poverty Line	SC/ST	Sr. citizen	Total
1.	April 2013	282	18	583	883
2.	May 2013	266	19	537	822
3.	June 2013	275	16	491	782
4.	July 2013	308	18	560	886
5.	August 2013	273	21	465	759
6.	September 2013	518	14	305	837
7.	October 2013	306	16	508	830
8.	November 2013	352	18	436	807
9.	December 2013	431	24	516	971
10.	January 2014	458	16	525	999
11.	February 2014	491	19	539	1049
12.	March 2014	571	13	566	1150
Total		4531	212	6031	10775

IPD – PATIENT DEPARTMENT:

Sl.No.	Month	Bed Occupied Main IPD	No. of New Admissions
1.	April 2013	3333	207
2.	May 2013	3088	195
3.	June 2013	2766	202
4.	July 2013	2738	139
5.	August 2013	2257	167
6.	September 2013	3625	206
7.	October 2013	2434	213
8.	November 2013	3028	172
9.	December 2013	3427	172
10.	January 2014	2981	164
11.	February 2014	3200	190
12.	March 2014	3284	194
	Total	36161	2221
	% of Bed Occupancy @ 180 beds)	55%	

PATHOLOGY LAB:

Months	Total No. of Bio-Chemical Tests	Total No. of (Blood & Urine) Routine Test	Total No. Of Patients	Total No. of Tests
April 2013	1973	1898	549	3871
May 2013	2136	2150	588	4286
June 2013	1343	1470	445	2813
July 2013	1758	1810	511	3568
August 2013	1263	1335	407	2598
September 2013	1535	1713	497	3248
October 2013	1276	1690	477	2966
November 2013	1082	1230	459	2312
December 2013	1262	1506	500	2768
January 2014	1331	1366	476	2697
February 2014	1928	1593	589	3521
March 2014	2724	2139	742	4863
Total	19611	19900	6240	39511

PAP SMEAR and FNAC:

Months	PAP SMEAR	FNAC	Total Patients	Total No. of tests in Cytopathology
April 2013	57	05	62	62
May 2013	63	03	66	66
June 2013	18	02	20	20
July 2013	77	-	77	77
August 2013	34	03	37	37
September 2013	56	02	58	58
October 2013	12	02	14	14
November 2013	29	-	29	29
December 2013	54	02	56	56
January 2014	142	06	148	148
February 2014	17	-	17	17
March 2014	96	01	97	97
Total	655	26	681	681

Semen Analysis:

Months	Total No. of Semen Analysis	Total No. of Patients
April 2013	01	01
May 2013	02	02
June 2013	02	02
July 2013	05	05
August 2013	01	01
September 2013	03	03
October 2013	04	04
November 2013	04	04
December 2013	08	08
January 2014	08	08
February 2014	-	-
March 2014	07	07
Total	45	45

E.C.G.LAB:

Months	Total No. of patients of OPD	Total No. of patients of IPD	Total
April 2013	69	36	105
May 2013	83	45	128
June 2013	44	40	84
July 2013	64	25	89
August 2013	55	25	80
September 2013	62	48	110
October 2013	53	43	96
November 2013	28	41	69
December 2013	45	28	73
January 2014	52	39	91
February 2014	100	51	151
March 2014	167	49	216
Total	822	470	1292

TMT:

Months	Total No. of patients of OPD	Total No. of patients of IPD	Total
April 2013	-	-	-
May 2013	-	01	01
June 2013	01	-	01
July 2013	01	01	02
August 2013	-	-	-
September 2013	01	-	01
October 2013	02	-	02
November 2013	01	-	01
December 2013	-	-	-
January 2014	03	-	03
February 2014	04	-	04
March 2014	02	-	02
Total	15	02	17

2D ECHO:

Months	Total No. of patients of OPD	Total No. of patients of IPD	Total
April 2013	04	05	09
May 2013	03	03	06
June 2013	05	03	08
July 2013	07	03	10
August 2013	02	01	03
September 2013	04	02	06
October 2013	03	03	06
November 2013	-	02	02
December 2013	05	02	07
January 2014	05	02	07
February 2014	05	02	07
March 2014	06	-	06
Total	49	28	77

HOLTER:

Months	Total No. of patients of OPD	Total No. of patients of IPD	Total
April 2013	-	-	-
May 2013	-	-	-
June 2013	-	-	-
July 2013	-	-	-
August 2013	-	-	-
September 2013	01	-	01
October 2013	-	-	-
November 2013	-	01	01
December 2013	-	-	-
January 2014	-	-	-
February 2014	01	-	01
March 2014	-	-	-
Total	02	01	03

ATHEROWIN:

Months	Total No. of patients of OPD	Total No. of patients of IPD	Total
April 2013	13	-	13
May 2013	17	-	17
June 2013	08	-	08
July 2013	01	-	01
August 2013	28	-	28
September 2013	02	-	02
October 2013	05	-	05
November 2013	-	-	-
December 2013	-	-	-
January 2014	-	-	-
February 2014	-	-	-
March 2014	07	-	07
Total	81	-	81

PERISCOPE:

Months	Total No. of patients of OPD	Total No. of patients of IPD	Total
April 2013	13	01	14
May 2013	17	-	17
June 2013	08	-	08
July 2013	01	-	01
August 2013	27	-	27
September 2013	02	-	02
October 2013	05	-	05
November 2013	-	-	-
December 2013	-	-	-
January 2014	-	-	-
February 2014	-	-	-
March 2014	-	-	-
Total	73	01	74

PFT:

Months	Total No. of patients of OPD	Total No. of patients of IPD	Total
April 2013	-	-	-
May 2013	05	-	05
June 2013	05	01	06
July 2013	17	-	17
August 2013	13	-	13
September 2013	10	-	10
October 2013	09	-	09
November 2013	-	-	-
December 2013	02	-	02
January 2014	02	-	02
February 2014	01	-	01
March 2014	-	-	-
Total	64	01	65

VPT:

Months	Total No. of patients of OPD	Total No. of patients of IPD	Total
April 2013	26	-	26
May 2013	27	01	28
June 2013	13	-	13
July 2013	16	-	16
August 2013	11	-	11
September 2013	03	03	06
October 2013	04	02	06
November 2013	05	-	05
December 2013	02	-	02
January 2014	09	-	09
February 2014	64	-	64
March 2014	90	01	91
Total	270	07	277

Regimenal Therapy Unit Day Care Census:

Sl.No.	Month	No. of Patients
1.	April 2013	557
2.	May 2013	393
3.	June 2013	553
4.	July 2013	877
5.	August 2013	570
6.	September 2013	812
7.	October 2013	794
8.	November 2013	1175
9.	December 2013	1430
10.	January 2014	1424
11.	February 2014	992
12.	March 2014	1073
	Total	10650

X-RAY

Months	No. of OPD patients	No. of IPD Patients	No. of Research Patients	No. of Free Patients	Total No. of X-ray done
April 2013	122	37	03	03	165
May 2013	82	44	41	08	175
June 2013	68	29	40	08	145
July 2013	70	14	63	03	150
August 2013	68	19	49	07	143
September 2013	89	28	54	02	173
October 2013	87	29	25	02	143
November 2013	79	33	-	05	117
December 2013	76	19	07	02	104
January 2014	115	14	03	03	135
February 2014	88	24	02	07	121
March 2014	97	33	-	03	03
Total	1041	323	287	53	1574

REGIMENAL THERAPY (VARIOUS PROCEDURES):

Months	Total No. of Procedures
April 2013	3676
May 2013	2759
June 2013	2870
July 2013	3666
August 2013	3147
September 2013	4229
October 2013	3094
November 2013	3893
December 2013	4430
January 2014	3342
February 2014	3639
March 2014	4326
Grand Total	43071

REGIMENAL THERAPY (VARIOUS PROCEDURES):

Sl. No.	Procedure	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Total
1.	Dalok	1550	1334	1310	1692	1400	2013	1450	1807	2346	1997	1836	2019	20754
2.	Takmeede Yabis	623	436	552	816	914	1074	927	1094	807	378	871	1106	10109
3.	Irsalé Alaq	56	29	11	39	36	33	49	62	43	56	38	67	519
4.	Dressing	96	93	89	84	47	25	43	23	16	07	38	0	561
5.	Hijama Bila Shart	689	457	500	620	427	585	348	505	611	362	355	525	5982
6.	Hijama Bil Shart	23	18	09	10	08	20	15	18	25	44	28	10	228
7.	Inkebab	472	220	134	143	24	44	03	08	13	25	0	01	1087
8.	Infra Red Light	63	48	77	63	61	35	0	04	02	0	38	27	418
9.	Takmeede Ratab	88	110	185	194	224	380	246	371	549	416	371	497	3625
10.	Nutool	03	06	0	02	06	13	03	0	10	02	03	01	49
11.	Fasd	11	02	03	03	0	07	10	0	08	02	11	10	67
12.	Hijamae nariya	02	06	0	0	0	0	0	01	0	29	50	65	153
13.	Pashoyah	0	0	0	0	0	0	0	0	0	24	0	0	24
	Grand Total	3676	2759	2870	3666	3147	4229	3094	3893	4430	3342	3639	4326	43071

USG:

Months	Units	OPD	IPD	Total
April - 13	USG Thyroid	01	01	02
	USG Both Breast	01	01	02
	USG Abdomen and Pelvis	70	31	101
	USG Pelvis	33	22	55
	USG Pelvis (TVS)	10	04	14
	USG Obstetrics , Antenatal	05	02	07
	USG-Venous Doppler Study Lower Limb	22	06	28
	USG óScrotal Doppler	03	01	04
	Total	145	68	213
	May ó 13	USG Thyroid	-	01
USG Both Breast		-	01	01
USG Abdomen and Pelvis		89	38	127
USG Pelvis		60	19	79
USG Pelvis (TVS)		22	02	24
USG Obstetrics , Antenatal		09	06	15
USG-Venous Doppler Study Lower Limb		15	02	17
USG-Arterial Doppler Study Lower Limb		01	04	05
USG- Scrotal Doppler		01	01	02
Total		197	74	271
June ó 13	USG Thyroid	-	01	01
	USG Both Breast	01	-	01
	USG Abdomen and Pelvis	63	18	81
	USG Pelvis	47	23	70
	USG Pelvis (TVS)	05	11	16
	USG Obstetrics , Antenatal	06	02	08
	USG-Venous Doppler Study Lower Limb	05	07	12
	USG-Arterial Doppler Study Lower Limb	-	01	01
	USG -Scrotal Doppler	02	02	04
	Total	129	65	194
July ó 13	USG Thyroid	01	01	02
	USG Abdomen and Pelvis	67	23	90
	USG Pelvis	65	18	83
	USG Pelvis (TVS)	14	05	19
	USG Obstetrics, Antenatal	13	03	16
USG-Venous Doppler Study	16	05	21	

	Lower Limb			
	USG- Scrotal Doppler	-	01	01
	Total	176	56	232
August ó 13	USG Carotid Doppler	01	-	01
	USG Both Breast	01	02	03
	USG Abdomen and Pelvis	43	15	58
	USG Pelvis	32	12	44
	USG Pelvis (TVS)	12	10	22
	USG Obstetrics, Antenatal	10	01	11
	USG-Venous Doppler Study Lower Limb	16	03	19
	USG-Arterial Doppler Study Lower Limb	-	01	01
	USG- Scrotal Doppler	01	01	02
	Total	116	45	161
Months	Units			
September-13	USG Both Breast	03	01	04
	USG Abdomen and Pelvis	86	33	119
	USG Pelvis	40	12	52
	USG Pelvis (TVS)	33	12	45
	USG Obstetrics , Antenatal	08	05	13
	USG-Venous Doppler Study Lower Limb	13	-	13
	USG Scrotal Doppler	01	02	03
	Total	184	65	249
October ó 13	USG Thyroid	-	01	01
	USG Both Breast	22	02	24
	USG Abdomen and Pelvis	61	35	96
	USG Pelvis	26	21	47
	USG Pelvis (TVS)	23	07	30
	USG Obstetrics , Antenatal	11	11	22
	USG-Venous Doppler Study Lower Limb	05	02	07
	USG Scrotal Doppler	01	-	01
	Total	149	79	228
November ó 13	USG Both Breast	03	01	04
	USG Abdomen and Pelvis	75	26	101
	USG Pelvis	22	07	29
	USG Pelvis (TVS)	17	13	30
	USG Obstetrics, Antenatal	11	06	17
	USG Obstetric Doppler	01	01	02
	USG-Venous Doppler Study Lower Limb	-	03	03

	USG-Arterial Doppler Study Lower Limb	-	01	01
	USG Scrotal Doppler	02	-	02
	Total	131	58	189
December - 13	USG Thyroid	01	01	02
	USG Both Breast	03	02	05
	USG Abdomen and Pelvis	99	23	122
	USG Pelvis	41	16	57
	USG Pelvis (TVS)	18	10	28
	USG Obstetrics, Antenatal	20	09	29
	USG-Venous Doppler Study Lower Limb	-	01	01
	USG Scrotal Doppler	06	01	07
	Total	188	63	251
January - 14	USG Thyroid	03	-	03
	USG Both Breast	01	02	03
	USG Abdomen & Pelvis	57	21	78
	USG Pelvis	34	08	42
	USG Pelvis (TVS)	41	10	51
	USG Obstetrics Antenatal	17	05	22
	USG-Venous Doppler Study Lower Limb	05	-	05
	USG Scrotal Doppler	01	01	02
	Total	159	47	206
February -14	USG Thyroid	01	-	01
	USG Both Breast	02	01	03
	USG Abdomen & Pelvis	74	31	105
	USG Pelvis	47	22	69
	USG Pelvis (TVS)	39	17	56
	USG Obstetrics, Antenatal	24	04	28
	USG Obstetric Doppler	-	02	02
	USG-Venous Doppler Study Lower Limb	01	04	05
	USG-Arterial Doppler Study Lower Limb	-	02	02
	USG Scrotal Doppler	02	-	02
	Total	190	83	273
March-14	USG Thyroid	01	01	02
	USG Both Breast	06	02	08
	USG Abdomen and Pelvis	109	35	144
	USG Pelvis	39	12	51
	USG Pelvis (TVS)	69	14	83
	USG Obstetrics, Antenatal	26	07	33

	USG Obstetric Doppler	01	-	01
	USG- Venous Doppler Study Lower Limb	01	04	05
	USG-Arterial Doppler Study Lower Limb	-	01	01
	Total	252	76	328
	Grand Total	2016	779	2795

CENSUS REPORT OF PHC, HEGGANAHALLI

Dates	Male		Female		Children		Total		Grand Total
	Old	New	Old	New	Old	New	Old	New	
April 2013	-	-	-	-	-	-	-	-	-
May 2013	-	02	-	11	-	02	-	15	15
June 2013	-	02	-	07	-	01	-	10	10
July 2013	-	06	-	11	-	02	-	19	19
August 2013	-	02	-	08	-	-	-	10	10
September 2013	-	02	-	04	-	01	-	07	07
October 2013	-	02	-	04	-	-	-	06	06
November 2013	-	02	-	08	-	-	-	10	10
December 2013	-	02	-	-	-	-	-	02	02
January 2014	-	01	-	03	-	-	-	04	04
February 2014	-	01	-	05	-	01	-	07	07
March 2014	-	04	-	12	-	02	-	18	18
Total	-	26	-	73	-	09	-	108	108

PHYSIOTHERAPY:

Months	Total
April 2013	990
May 2013	1233
June 2013	926
July 2013	1061
August 2013	1159
September 2013	1273
October 2013	897
November 2013	1165
December 2013	1510
January 2014	1325
February 2014	1448
March 2014	1701
Grand Total	14688

No. Of Deliveries conducted from April 2013 –March 2014

Sl.No.	Months	No. of Deliveries
1.	April 2013	01
2.	May 2013	-
3.	June 2013	-
4.	July 2013	01
5.	August 2013	02
6.	September 2013	02
7.	October 2013	03
8.	November 2013	01
9.	December 2013	02
10.	January 2014	03
11.	February 2014	02
12.	March 2014	08
	Total	25

No. of Minor Procedures conducted in Maternity Unit from April 2013 –March 2014

Sl.No.	Months	No. of Minor Procedures
1.	April 2013	03
2.	May 2013	04
3.	June 2013	04
4.	July 2013	06
5.	August 2013	04
6.	September 2013	05
7.	October 2013	11
8.	November 2013	13
9.	December 2013	07
10.	January 2014	20
11.	February 2014	22
12.	March 2014	25
	Total	124

Public Awareness Programmes conducted from April 2013 –March 2014

Sl.No.	Date	Topic	Speaker
1.	09.04.13	Varicose Vein, causes & prevention	Dr. Abdul Azeez
2.	30.04.13	Diabetes Mellitus causes and management	Dr. Nayab
3.	21.05.13	Management o Sailan-ur-Raham and Unani Drugs	Dr. Wajeeha Begum
4.	18.06.13	Haemorrhoids	Dr. Mohd. Shakeel Ansari
5.	27.07.13	Diabetes Mellitus and its Management	Dr. Hamid Ali
6.	13.08.13	Hypertension	Dr. Tanzeel Ahmad
7.	27.08.13	Diabetes Mellitus	Dr. Javed A Khan
8.	10.09.13	Normal Bowel Habit	Dr. Mohammad Shakeel Ansari
9.	24.09.13	Head Injury	Dr. Firdous Ahmad Najar
10.	01.10.13	Preventive measures of Hypertension	Dr. Mohd. Nayab
11.	08.10.13	Prevention and Management of Obesity	Dr. Hamid Ali
12.	12.11.13	Obesity Awareness	Dr. Mallik Itrat
13.	19.11.13	DOTS Awareness	Dr. A.M.K..Sherwani
14.	03.12.13	Menstrual Disorders and its Management with Unani drugs	Dr. Wajeeha Begum
15.	19.12.13	Anemia in Pregnancy and its treatment with Unani Medicine	Dr. Ismath Shameem
16.	15.01.14	Hypertension	Dr. Arshad Jamal
17.	28.01.14	AIDS Awareness	Dr. Javed Ahmad Khan
18.	11.02.14	Gall Stone Management	Dr. Mohammad Shakeel Ansari
19.	25.02.14	Gastric Ulcer Management	Dr. Firdous Ahmad Najar
20.	25.03.14	Pul. Kochøøø	Dr. Arish M.K. Sherwani
	Total		20

Free Unani Medical Camp from April 2013 to March 2014

Sl. No	Consultants	Venue	Date	No. of Patients
1.	Dr. Syed Shah Alam Dr. Wajeeha Begum Dr. Mohd. Aazam Dr. Muzafar D. A Bhat	Tavarekere Magadi Main Road, Bangalore-562130.	22.06.2013	203
2.	Dr. Mazaherunnisa Dr. Arshiya Sultana Dr. Arshad Jamal	K. G. Halli, Vinobha Nagar, Bangalore.	17.08.2013	171
3.	Dr. Mohd. Aazam Dr. Mohd. Shakeel Ansari Dr. Firdous Ahmad Najar	Dodda Basti, Bangalore.	28.09.2013	347
4.	Dr. Wajeeha Begum Dr. Mazherunnisa Begum	Rajgopal Nagar, Bangalore.	05.10.2013	139
5.	Dr. Mohd. Aazam Dr. Syed Shah Alam Dr. Firdous Ahmad Najar	Peenya 2 nd Stage, Mubarak Nagar, Bangalore.	26.10.2013	73
6.	Dr. Firdous Ahmad Najar Dr. Mohd. Shakeel Ansari Dr. Mohammad Nayab	Tolgate, Bangalore.	29.11.2013	342
7.	Dr. Wajeeha Begum Dr. Mohd. Aazam Dr. Firdous A. Najar Dr. Muzafar D. A. Bhat	Munawwara Mohallah, S. R. C. Puram, Bangalore.	22.02.2014	356
Grand Total				1631

Pulse Polio Immunization Camp conducted from April 2013 –March 2014

Sl.No.	Date	Month	Place	Total No. of Children's Vaccinated
1.	23.02.2014	February	At NIUM Hospital	222

Census of Surgical Procedure from April 2013 – March 2014

Sl.No.	Month	Name of the Department		Total
1.	April 2013	Surgical Procedure	Major	04
			Minor	06
2.		Dressing		75
3.		Post Operative Dressing		06
4.	May 2013	Surgical Procedure	Major	05
			Minor	12
5.		Dressing		40
6.		Post Operative Dressing		05
7.	June 2013	Surgical Procedure	Major	05
			Minor	11
8.		Dressing		79
9.		Post Operative Dressing		05
10.	July 2013	Surgical Procedure		17
11.		Dressing		72
12.		Post Operative Dressing		02
13.	August 2013	Surgical Procedure		18
14.		Dressing		78
15.		Post Operative Dressing		09

16.	September 2013	Surgical Procedure	28
17.		Dressing	67
18.		Post Operative Dressing	08
19.	October 2013	Surgical Procedure	20
20.		Dressing	101
21.		Post Operative Dressing	05
22.	November 2013	Surgical Procedure	23
23.		Dressing	94
24.		Post Operative Dressing	15
25.	December 2013	Surgical Procedure	17
26.		Dressing	103
27.		Post Operative Cases	07
28.	January 2014	Surgical Procedure	21
29.		Dressing	71
30.		Post Operative Dressing	21
31.	February 2014	Surgical Procedure	36
32.		Dressing	71
33.		Post Operative Dressing	14
34.	March 2014	Surgical Procedure	51
35.		Dressing	60
36.		Post Operative Dressing	104

OPD DEPARTMENTWISE CENSUS FROM
01.04.2013 TILL 31.03.2014

Sl.No	Months	Moalajat	Jarahat	Health Promotive Unit	Amraze – Niswan – Wo-Qabalat	Ilajbitadb eer	Amraze Atfal	Skin
1.	April 2013	4851	434	27	784	557	-	-
2.	May 2013	4219	463	114	1052	393	-	-
3.	June 2013	3629	380	64	958	553	-	-
4.	July 2013	4146	399	83	1009	877	-	-
5.	August 2013	3626	388	112	760	570	-	-
6.	September 2013	4451	433	97	963	812	-	-
7.	October 2013	4053	470	89	849	794	-	-
8.	November 2013	4410	396	148	1002	1170	-	-
9.	December 2013	5166	566	235	1081	1430	-	-
10.	January 2014	4270	534	415	1151	1424	30	532
11.	February 2014	3826	532	398	1080	992	25	663
12.	March 2014	4246	588	385	1352	1077	25	656
	Total	50893	5583	2167	12041	10649	80	1851
	Grand Total	83264						